ANNUAL REPORT OF OF THE CELEBRATIONS AND COMMEMORATIVE EVENTS 2021-22

Sl. No	***Department***	***Programme***	***Date Conducted***
1.	***Chemistry***	*Webinar on Career Prospects for Chemistry Graduates*	*05/08/21*
2.		*Doodle Competition*	*15/08/21*
3.		*Ozone Day Celebrations*	*16/09/21*
4.		*Onam Celebrations*	*20/08/21*
5.		*Intradepartmental Mole Day Celebrations, 2021-2022*	*22/10/21*
6.		*National Webinar on Chemistry- The Central Science*	*03/11/21*
7.		*National Webinar on "International Day of Women and Girls in Science"*	*11/02/22*
8.		*National Webinar on "International Webinar on Avenues in Chemical Research*	*02/03/22*
9.		*Merit Day and Manuscript Magazine Release*	*30/03/22*
10.		*Industrial Visit and Tour*	*14/04/2022*
11.	***Zoology***	*Ozone Day Celebrations*	*16/09/21*
12.		*Webinar: Concept of Waste to wealth with respect to Cassava leaf*	*16/08/21*
13.		*Webinar on "Aquarium fish keeping and Rearing" was conducted on*	*12th March, 2022*
14.		*Urjakiran -2021-22*	*11/01/22*

15.	***Biochemistry***	*National Webinar on' "Environmental Protection through proper waste Management*	*28/07/2021*
16.		***Onam Celebrations: "OONJAL 2K 21"***	***17/8/2021***
17.		*"Ozone Day Celebrations*	***16/09/2021***
18.		*Learning to Live with Covid-19*	***30/09/2021***
19.		*Cooking class*	*22/09/21*
20.		*PTS Meeting*	*16/03/22* *18/02/22* *11/02/22*
21.		*Self-care practices in the pandemic age*	*03/03/22*
22.		*International webinar on "Plasma Surface Modified Polymers and their potential applications*	*08/03/22*
23.		*Magazine "BIOMYSTERY" and third year students prepared a magazine "BIO-DAZZLES"*	
24.	***English***	*Online literary quiz competition as a part of reading week*	*04/07/21*
25.		*National webinar on 'The Contexts of Gender and Sexuality'*	*1/8/2021*
26.		*Career Guidance*	*30/03/22*
27.		*Enhancing Speaking through Guided Instructions'*	*10/04/22*
28.	***Commerce***	*National Webinar on "tourism in the millennial age"*	*23/07/2021 at 7:00 PM*
29.		*National Webinar on Budget Talk (Union Budget 2022)*	*11/02/22*

30.	***Economics***	*National Webinar 'Lockdown and Labour Resilience'*	*24/07/2021*
31.	***Physics***	*Webinar on " Nuclear Energy – The Need, The Perception and The Reality"*	*28/07/21*
32.		*Science day Celebration*	*28/02/22*
33.		*Industrial Visit*	*22/03/22*
34.		*International Webinar Understanding the Matter-Antimatter Asymmetry*	*24/03/22*
35.	***Botany***	*National Webinar on "Recent advances in plant science"*	*26/07/21*
36.		*Urjakiran 2022*	*12/01/22*
37.		*Webinar on Intellectual Property Rights*	*25th February 2022*
38.		*Skill Development Programme on Horticultural practices like Budding, Layering and Grafting*	*16/03/2022*
39.		*"The Amazing World of Green Plants"*	*30th March 2022*
40.	***Malayalam***	സർഗ്ഗ സംവാദവും മാഗസിൻ പ്രകാശനവും, വിഷയാവതരണം - ഇന്ദു മേനോൻ	*28/06/21*
41.		ദേശീയവെബിനാർ, മലയാള ഭാവനയും സാംസ്ക്കാരിക വിമർശനവും, വിഷയാവതരണം- ഡോ. ഒ.കെ. സന്തോഷ്	*27/07/21*

42.		*ദേശീയ വെബിനാർ, സ്ത്രീയും അധികാര വ്യവസ്ഥയും,വിഷയാവതരണം- മൈന ഉമൈബാൻ*	*9/11/2021*
43.		*ഏകദിന ശില്പശാല, ഗവേഷണ രീതി ശാസ്ത്രം, വിഷയാവതരണം-ഡോ.എൻ. അജയകുമാർ*	*14/08/21*
44.		*Kerala Piravi Day Celebrations*	01/11/21
45.	***Department of Mathematics***	*National Webinar, Topic: Analysis, Resource Person : T. Renjith, Research Scholar, IISc Bangalore.*	
46.	***Department of History***	*National Webinar on Trends and Approaches in Kerala Historiography : An Overview*	30/08/21
47.		*Swatantryathintae Amrita Mahotsavam'* celebrations on the occasion of the 75th Anniversary of Independence	13/09/21
48.		Inter-Collegiate Quiz Competition as part of the Independence Day Celebrations	
49.	***Career Guidance cell***	Webinar on “think beyond campus”	18/10/2021
50.		10 days national level STTP on digital marketing for job seekers and entrepreneurs	21/10/2021 to 08/11/2021
51.		Webinar on “Career of a Defence Service Officer & Way of Life in Services	06/11/2021
52.	***NSS***	National Unity Day	31/10/2021
53.		Blood Donor Day	14/06/21
54.		International Yoga Day	21/06/21
55.		World Environment Day	06/06/21
56.		Teachers Day	05/11/21

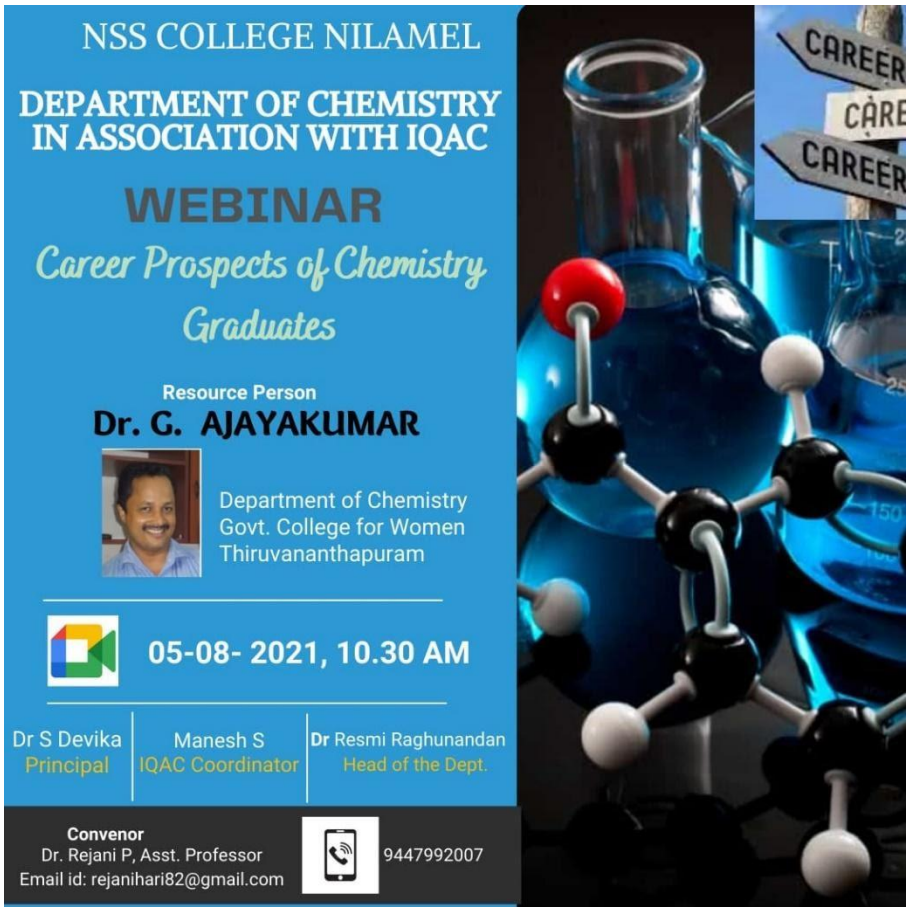
57.		Nagasaki Day	09/08/21
58.		World Hepatitis Day	27/07/21
59.		Children's Day	14/11/21
60.		World Kindness Day	13/11/21
61.		Kerala Piravi Day	1/11/21
62.	***Health Club***	Webinar topic- Menstrual Health & Hygiene: Myths & Facts	16-11-2021
63.	***Women's Cell***	Webinar topic- Gender Equality and Justice	10/11/2021
64.		*International Day for the elimination of violence against Women*	25/11/2021
65.		*Antidowry Day*	26/11/21
66.		*Pledge taken on "sthreekalkkethireyulla athikramakangal avasanippichukondu lokathu mattangal shrushttikkuka" as part of the VICTIM RIGHT CENTRE' Kerala high court legal service society*	09/12/2021
67.		*181 Mithra Women Helpline*	30/11/2021
68.		*Women Rights and the Law*	31/01/2022
69.		*Webinar on Ikigai: A Pedagogy for Happiness and Positive Mental Framework*	04/03/2022
70.		*Women's Day Celebrations*	08/03/22
71.		*Self Defence Training Programme*	04/03/22
72.		*The New Generation Gender Ethics: A major Attitude Shift-*	17/03/22
73.		*Nrutha kalayude saundary sasthram*	29/03/22

74.	***Financial Literacy Club***	Webinar on "Tips to Manage your Finance	11/11/21
75.		Webinar on "IPR - An Introduction."	17/11/21
76.		*Webinar on* ***ICT ENABLED TEACHING AND LEARNING IN THE NEW ENVIRONMENT***	22/11/22
77.	***ED Club***	***Skill care for life – learning through skills***	22/11/2021
78.		*Soft skill training programme: Abstract art work on garments*	16/12/2021
79.		*Webinar on " Start –Up To Scale –Up Entrepreneurship"*	*12/11/2021*
80.		*Industrial visit at Kinfra International Apparel Park Trivandrum*	*04/03/2022*
81.		*IPR awareness/training program under the special mission called "National Intellectual Property Awareness Mission (NIPAM)"*	*25/02/2022*
82.	**Community Health club activity**	*Learning to Live with Covid-19*	***30/09/2021***
83.		*Self-care practices in the pandemic age*	*03/03/22*

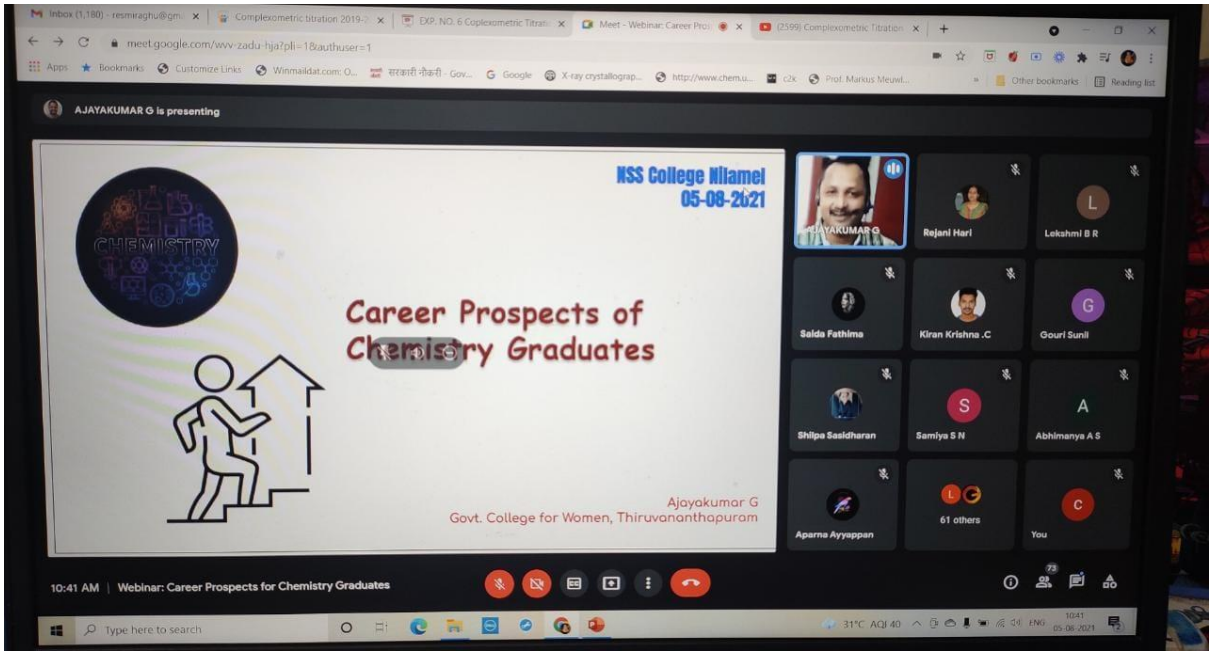
Dept. of Chemistry Activity Report, 2021-2022

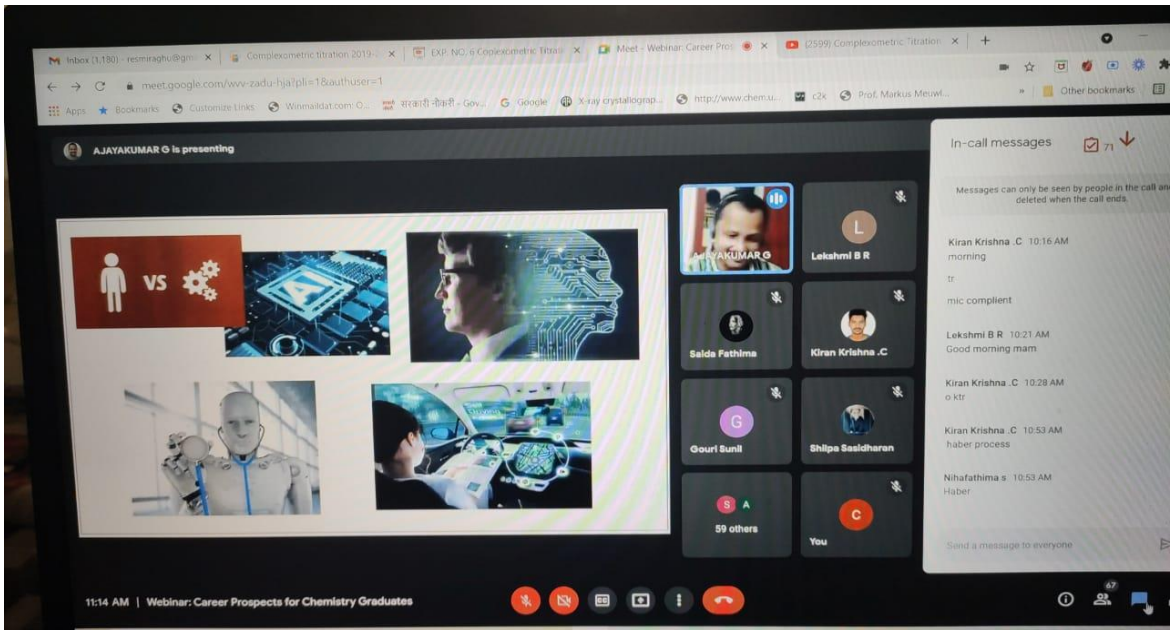
Report of Webinar on "Career Prospects of Chemistry Graduates" conducted by Department of Chemistry, NSS College Nilamel

Department of Chemistry in association with IQAC organized a webinar on "Career Prospects of Chemistry Graduates on 05/08/2021 at 10.30 am. The resource person for the talk was Dr G Ajayakumar, Assistant Professor, Dept of Chemistry, Govt College for Women, Thiruvananthapuram. The brochure for the aforementioned program is given below.



The program was completely coordinated by students of S2 Chemistry. It started with a silent prayer. Dr Rejani P, Convenor of the program gave Welcome address followed by Presidential address by Dr Resmi Raghunandan, Head of the Department. The whole program was anchored by Saida Fathima and Lekshmy BR. The resource person was introduced by Lekshmy BR.

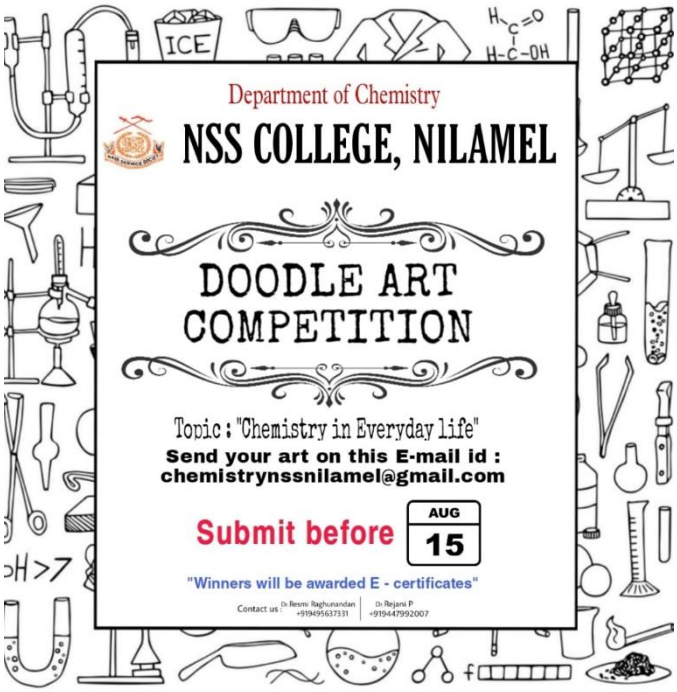




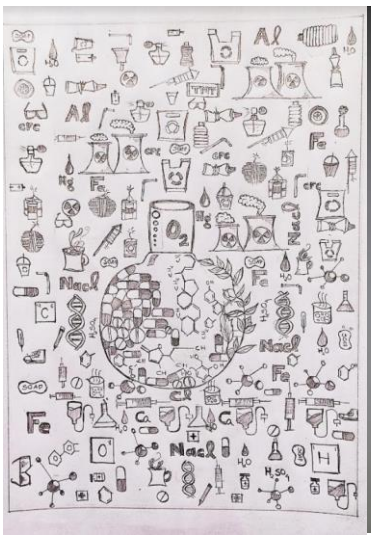
Total seventy-five students participated in the program. The talk was very informative for the students. During the interactive session, students raised lot of queries thus making the session effective. The program came to end by a Vote of Thanks by Archa P from S2 Chemistry at 12.30 pm.

Doodle Competition held in August 2021

A Doodle art competition on the topic “Chemistry in everyday life” was conducted by Department of Chemistry. Brochure of the competition is given below. Entries were accepted till August 15th 2021. The winners for the competition was declared the next working day.



Several students participated in the programme. The few doodle art is shown below

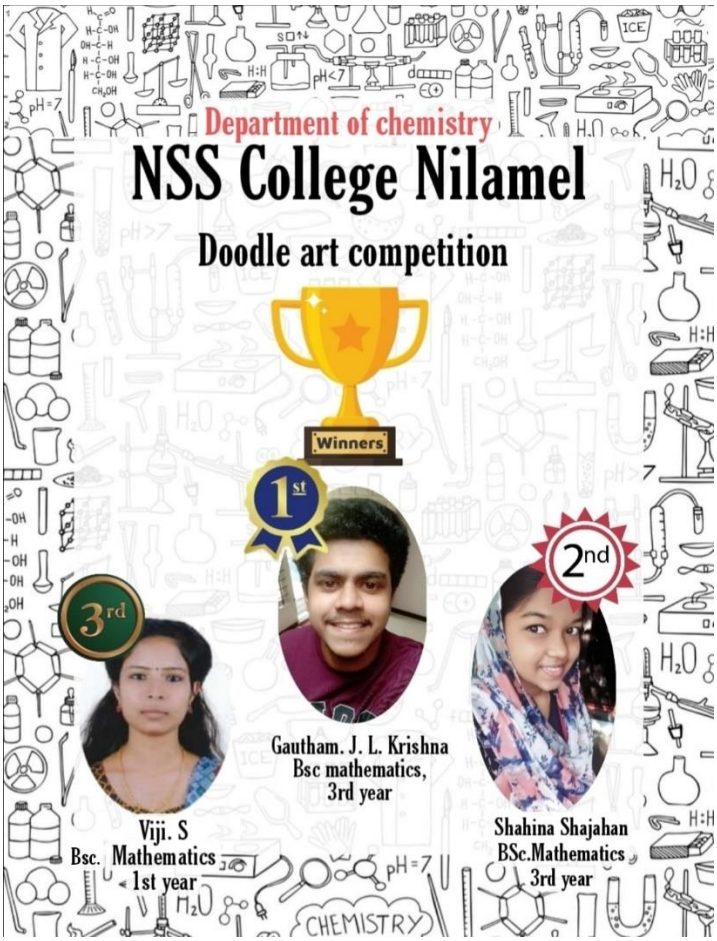








The winners of the competition are given below



Report of Webinar on "Ozone Day Celebrations" conducted by Department of Chemistry, NSS College Nilamel

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Department of Chemistry and Biochemistry jointly organized a webinar on "Ozone Depletion: Causes, Effects and solutions" on 16/09/2021 at 11.15 am. The resource person for the talk was Dr MR Sudarsanakumar, Adjunct Faculty, Kerala University of Fisheries and Ocean Studies, Former Principal Mahatma Gandhi College and VTMNSS Dhanuvachapuram, Thiruvananthapuram. The brochure for the aforementioned program is given below.

The program schedule was as follows



Department of Biochemistry & Chemistry, NSS College Nilamel

Ozone Day Celebrations 16/09/2021

WEBINAR PROGRAMME SCHEDULE

(Programme starts at 11.15 am Via Google meet)

Prayer

Welcome Speech

Dr Resmi Raghunandan, Assistant Professor & HoD, Dept of Chemistry

Presidential Address

Dr JA Sindhu Rani, Associate Professor & HoD, Dept of Biochemistry

Inaugural Address

Dr S Devika, Principal

Declaration of Winners

Keynote Address

DR MR Sudarsanakumar, Adjunct Faculty, KUFOS,
Former Principal , Mahatma Gandhi College
& VTMNSS College , Thiruvananthapuram

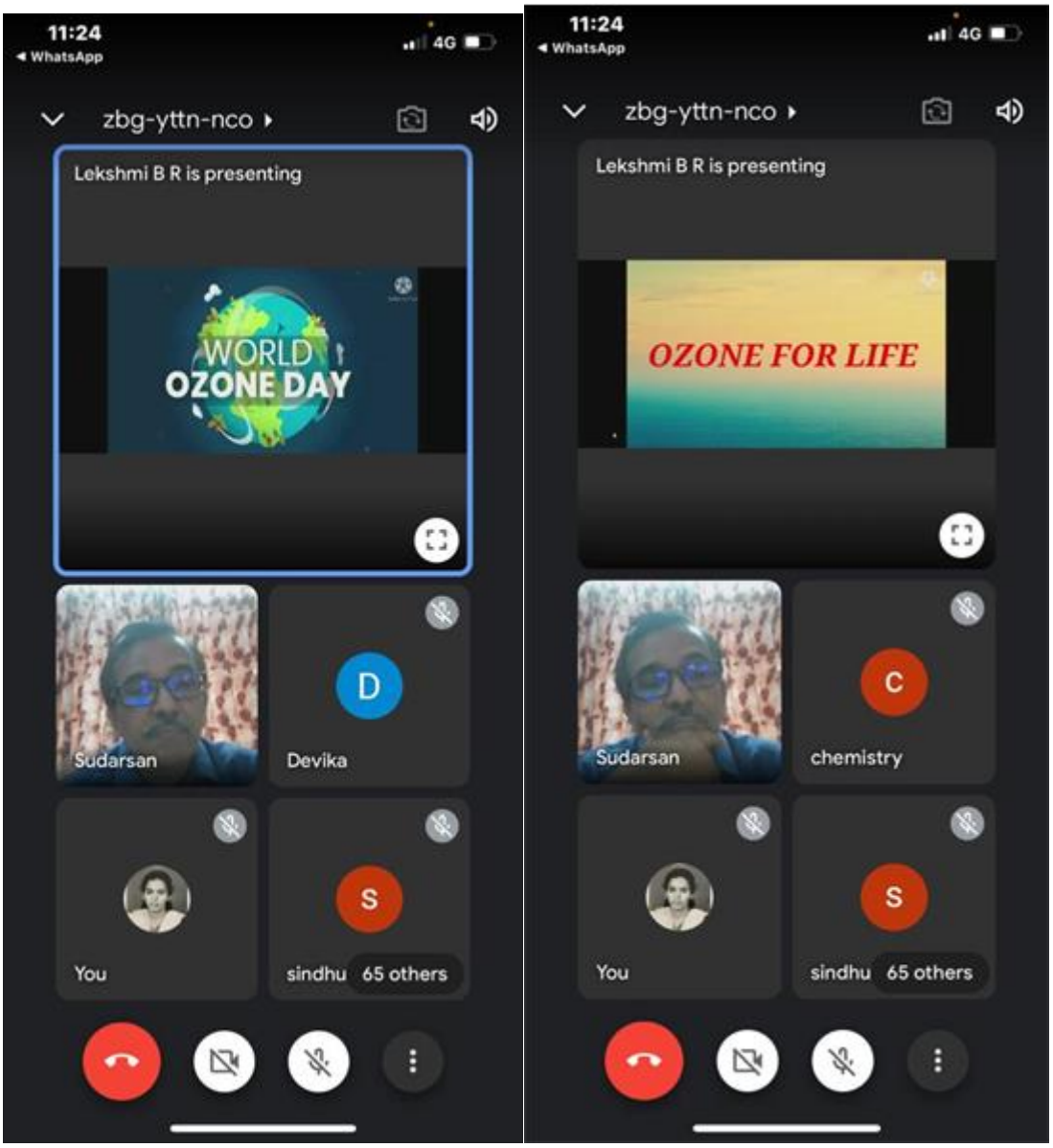
Vote of Thanks

Archa P , Dept of Chemistry

https://meet.google.com/zbg-yttn-nco

The program was completely coordinated by students of S2 Chemistry and Biochemistry. The program started with a silent prayer. Dr Resmi Raghunandan, HoD, Dept of Chemistry, gave Welcome address followed by Presidential address by Dr JA Sindhu Rani, Head, Department Biochemistry.

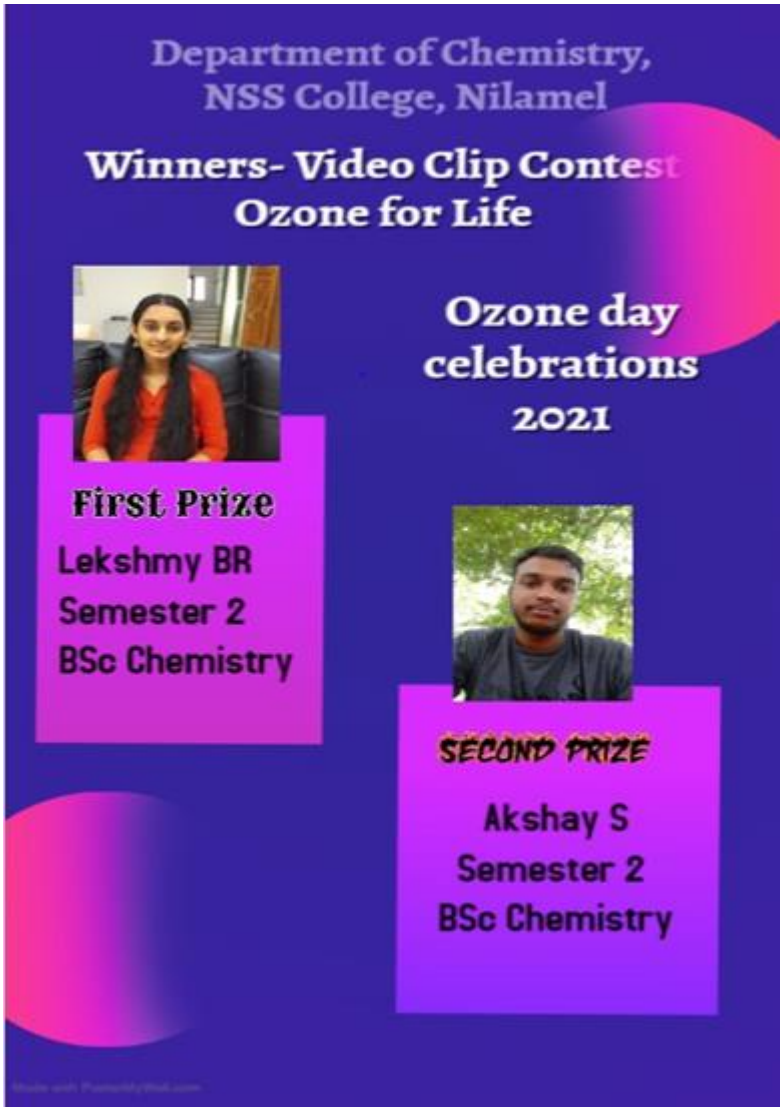
The program was inaugurated and the inaugural address was given by our beloved Principal Dr S Devika. Dr MR Sudarsanakumar gave the keynote address on the topic “Ozone Depletion: Causes, Effects and solutions”. The program was anchored by Lekshmi BR (S2 Chemistry) and Devika Balachandran (S2 Biochemistry). The resource person was introduced by Lekshmi BR.



As part of ozone day celebrations, Department of Chemistry also conducted a interdepartmental Three minute Video clip contest on “Ozone for life”. The brochure of the call is given below



Several students participated in the video clip contest and the winners for the program were declared during the webinar by the Head of the department Dr Resmi Raghunandan. The first prize was won by Lekshmi BR, S2 Chemistry and second prize by Akshay S



Total fifty-nine students participated in the program. The talk was very informative for the students. During the interactive session, students raised lot of queries thus making the session effective. The program came to end by a Vote of Thanks by Archa P from S2 Chemistry at 12.30 pm.

Onam Celebrations: Department of Chemistry, NSS College, Nilamel : "protonam ponnonam 2K 21" on 20/8/2021

On 20/8/2021 at 7pm Online onam celebration was started with a silent prayer and Dr. Resmi Raghunandan gave welcome speech. Dr. Rejani P gave the felicitation.

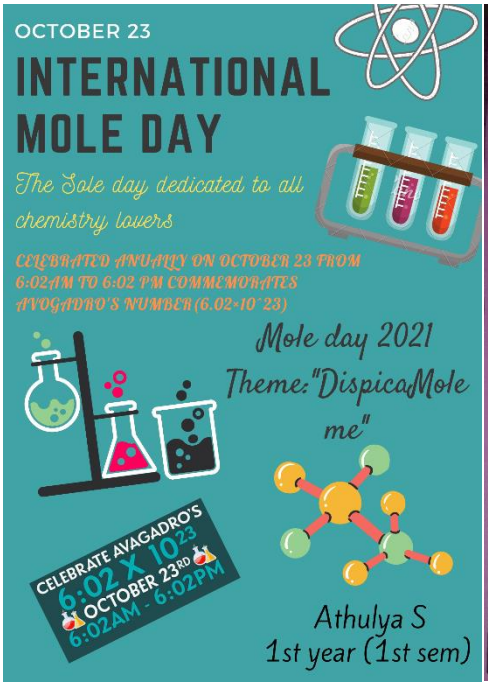
Students conducted programmes like onapattu, onaprsamgam, chithra Rachana, onam prasnothari, nrutham, onakaligal, Purusha kesari, Selfie with family, and Onam Quiz etc. Devika Balakrishnan (S2 student) and Aiswarya Krishnan (S4 student) graced the occasion with their dance performances.

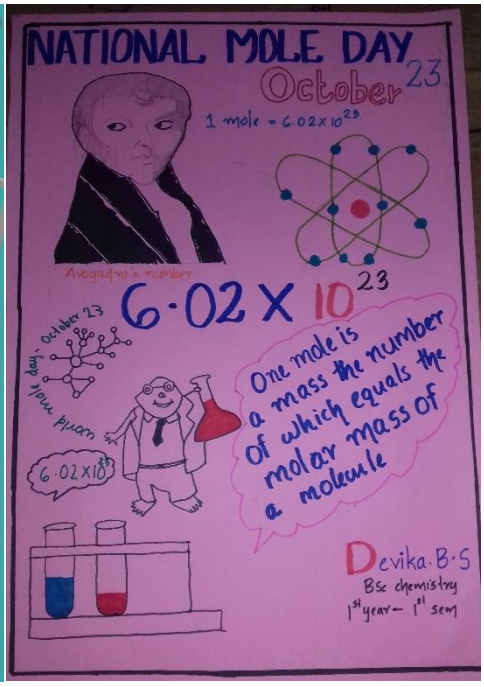


Intradepartmental Mole Day Celebrations, 2021-2022

Intradepartmental poster competitions were held on 22nd October 2021.



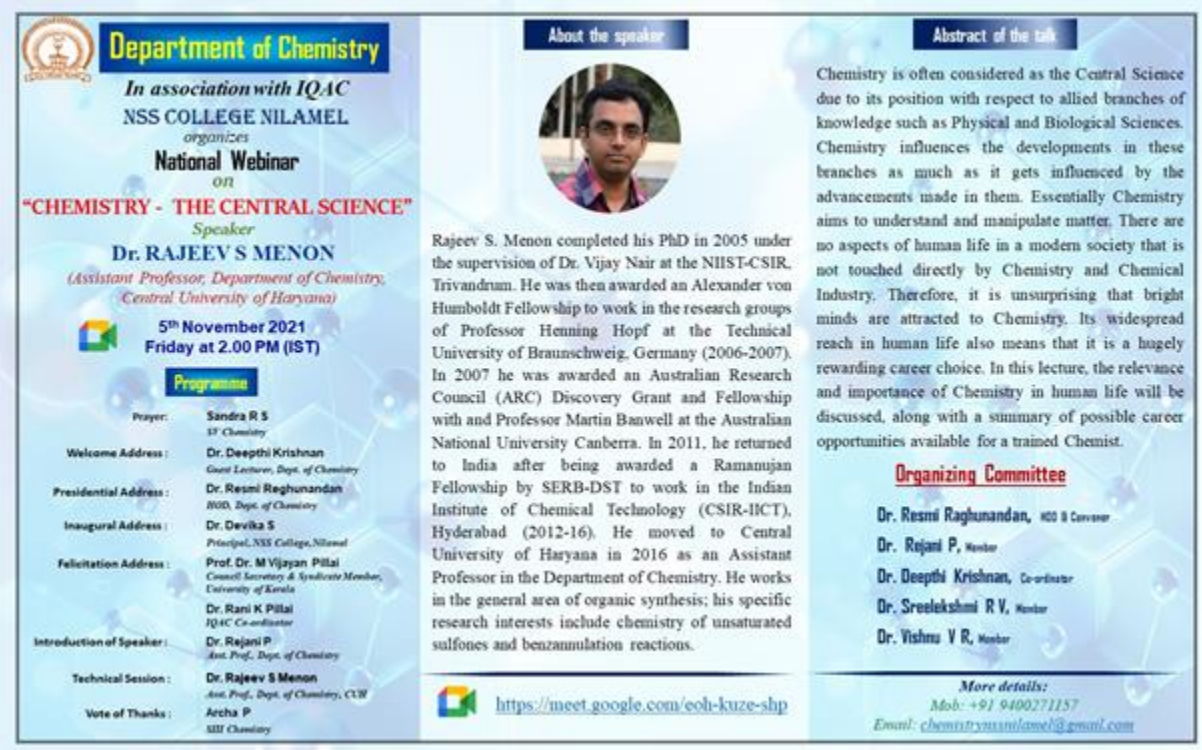




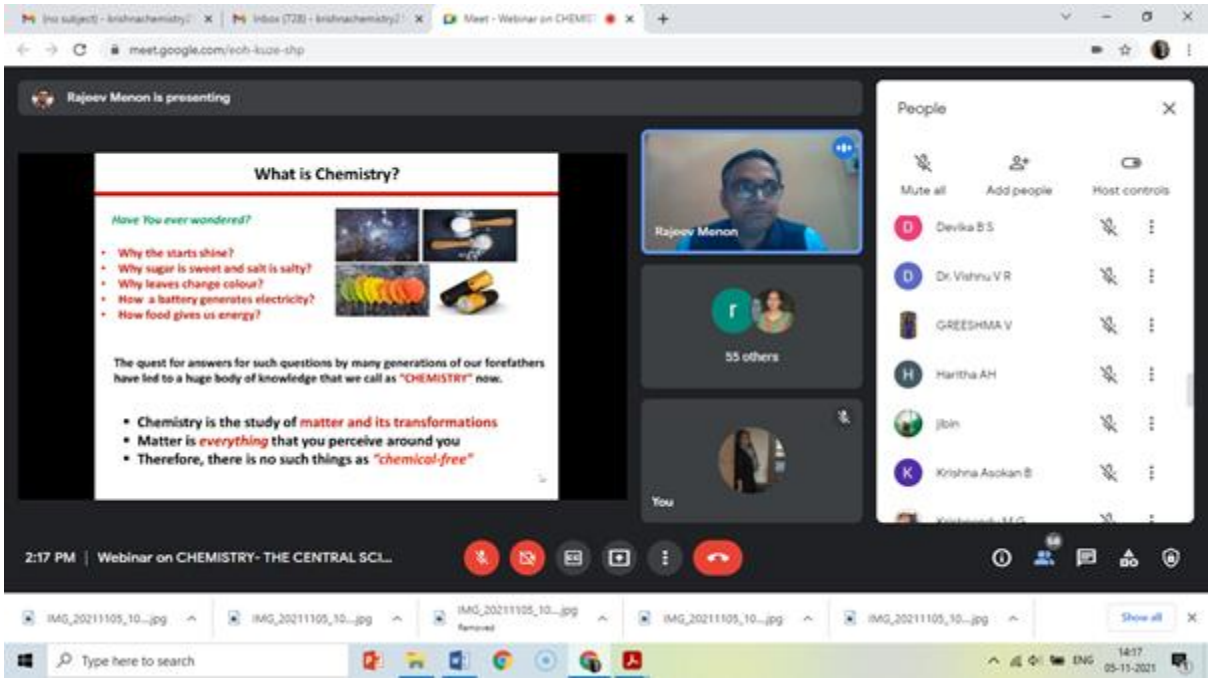


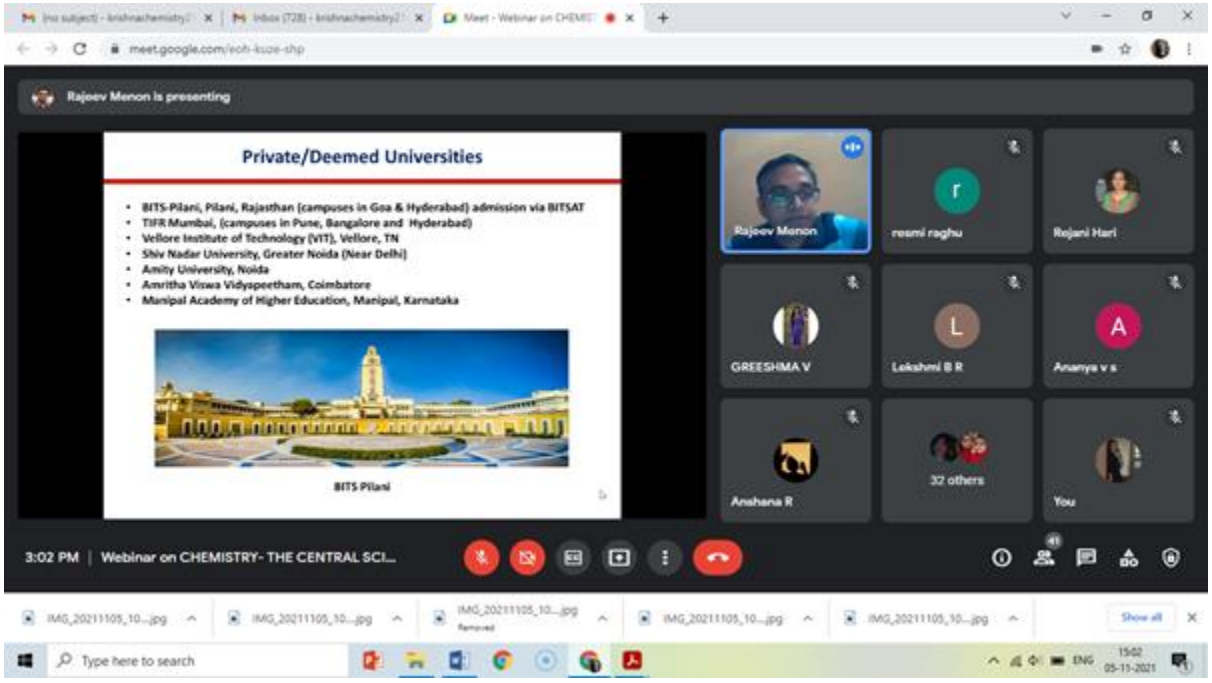
Report of National Webinar on "Chemistry – The Central Science" conducted by Department of Chemistry, NSS College, Nilamel

Department of Chemistry in association with IQAC organized a national webinar on "Chemistry-The Central Science" on 05/11/2021 at 2.00 pm. The resource person for the talk was Dr. Rajeev S Menon, Assistant Professor, Department of Chemistry, Central University of Haryana. The brochure for the aforementioned program is given below.



The program is started with a payer by Sandra R S from S5 Chemistry. Dr. Deepthi Krishnan, co-ordinator of the program presented the Welcome address, followed by Dr. Resmi Raghunandan, Head of the Department, and also Convenor of this program, who gave the Presidential address. Dr. Devika S, Principal, NSS College, Nilamel delivered the Inaugural address followed by Dr. Rejani P gave a brief introduction about the resource person. The whole program was anchored by Greeshma from S5 Chemistry and Lekshmi B R from S3 Chemistry.





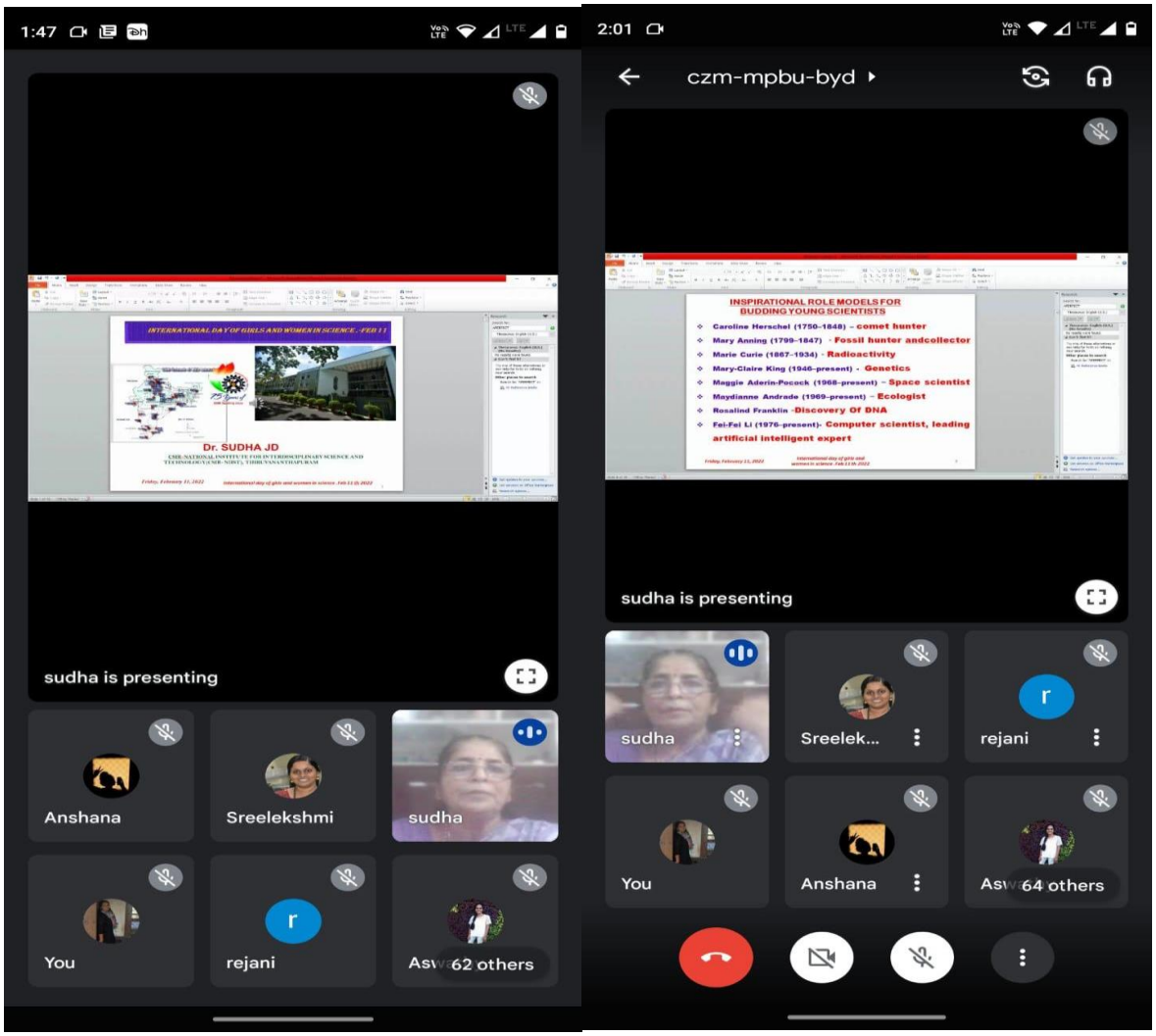
Total seventy students participated in this program. The talk was very informative for the students. During the interactive session, students raised lot of queries thus making the session was more effective. Archa. P from S3 Chemistry concluded the program with a Vote of Thanks.

Report of National Webinar on "International Day of Women and Girls in Science" conducted by Department of Chemistry, NSS College, Nilamel

Department of Chemistry in association with IQAC organized a talk on "International Day of Women and Girls in Science" on 11th February, 2022 at 1.30 pm. The resource person for the talk was Dr. J D Sudha, Former Associate Professor,AcSIR and PTO, Chemical Sciences and Technology Division (CSTD), CSIR – NIIST.TVM. The brochure for the above-mentioned program is given below.



The program is started with a payer by Sandra R S from S6 Chemistry. Dr. Sreelekshmi R V, co-ordinator of the program presented the Welcome address, followed by Dr. ResmiReghunandhan, Head of the Department, and also Convenor of this program, who gave the Presidential address. In the absence of Dr.Beena S, Principal, NSS College, Nilamel Dr.Jayakumar, Principal in chargedelivered the Inaugural address. Felicitation address was cancelled due to some technical reasonsfollowed by Dr. Rejani P gave a brief introduction about the resource person. The whole program was anchored by Aswathy L from S6 Chemistry and Anshana from S1 Chemistry.



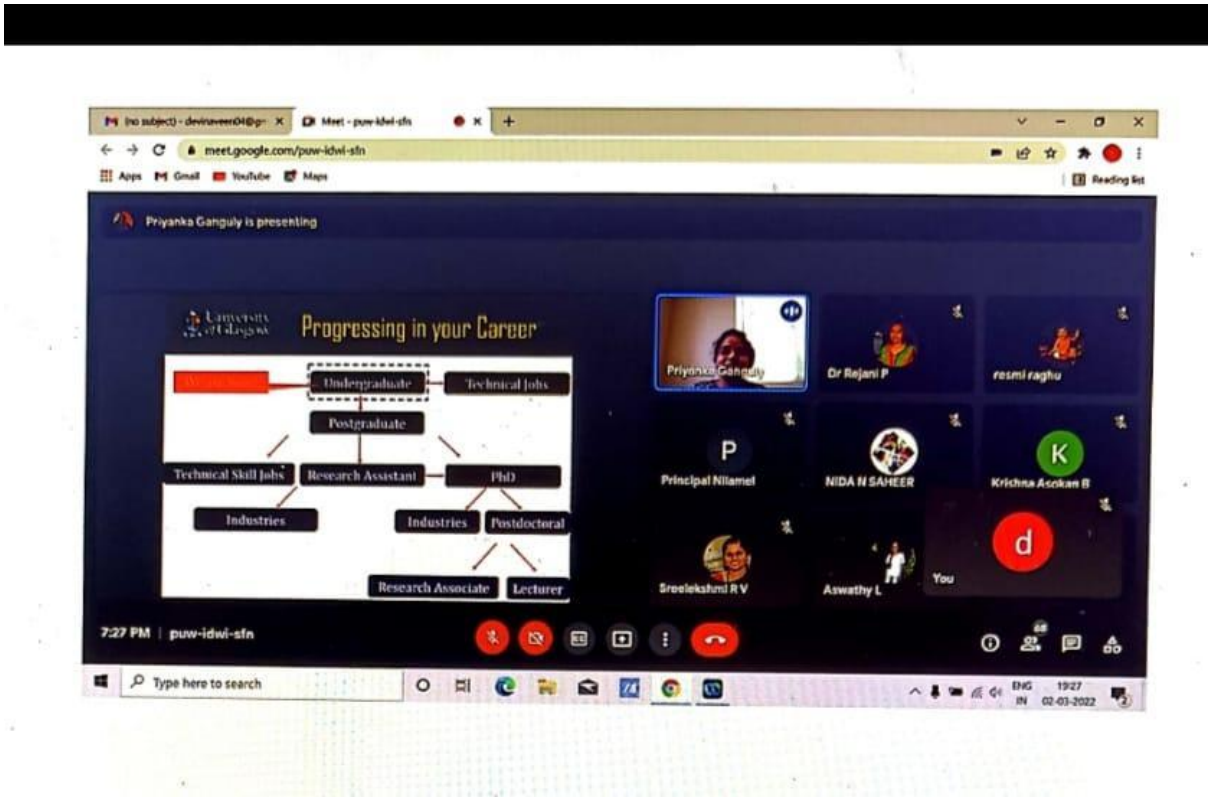
Around seventy students participated in this program. On her talk she emphasized the personal and professional life of various eminent women scientist across the world. She also shared her personal experiences in research field to students. The talk was very informative and inspiring to all. During the interactive session, students raised their anxiety about the opportunities of girls in research field and further career options in science. She whole heartedly cleared their queries. Thus, making the session very effective. A video created by Akshay of S1 Chemistry depicting the role of Women in Science and posters created by students of S1 Chemistry was also incorporated in his video. Our resource person Dr. J. D Sudha was immensely impressed by the work and she congratulate Akshay personally and all the students of S1 chemistry for their effort in making posters on eminent women scientists. Athulya S from S1 Chemistry concluded the program with a Vote of Thanks.

Report of National Webinar on "International Webinar on Avenues in Chemical Research" conducted by Department of Chemistry, NSS College, Nilamel

Department of Chemistry in association with IQAC, Academic committee and Research Committee of the college organized a talk on "International Webinar on Avenues in Chemical Research" as part of the webinar series Incessantness, on 2nd March, 2022 at 7.30 pm. The resource person for the talk was Dr. Priyanka Ganguly, Researcher, BEST group University of Glasgow, UK. The brochure for the above-mentioned program is given below.



The program is started with a prayer by Ananya V S from S1 Chemistry. Dr. Devipriya M S, co-ordinator, academic committee of the program presented the Welcome address, followed by Presidential address by Dr. Resmi Raghunandan, HOD, Department of Chemistry. Dr. Beena S, Principal, NSS College, Nilamel delivered the Inaugural address. Felicitation address by Dr. Rani K Pillai, IQAC co-ordinator. Dr. Sreelekshmi R V, guest lecturer in the department of chemistry gave a brief introduction about the resource person. The whole program was anchored by Aswathy L from S6 Chemistry and Anshana from S1 Chemistry.



Around seventy students participated in this program. The talk was very informative and inspiring to all. During the interactive session, students raised their queries and thus, making the session very effective. Dr. Rejani P, Assistant Professor, Department of Chemistry concluded the program with a Vote of Thanks.

Merit Day and Manuscript magazine (EPISTEME) Release

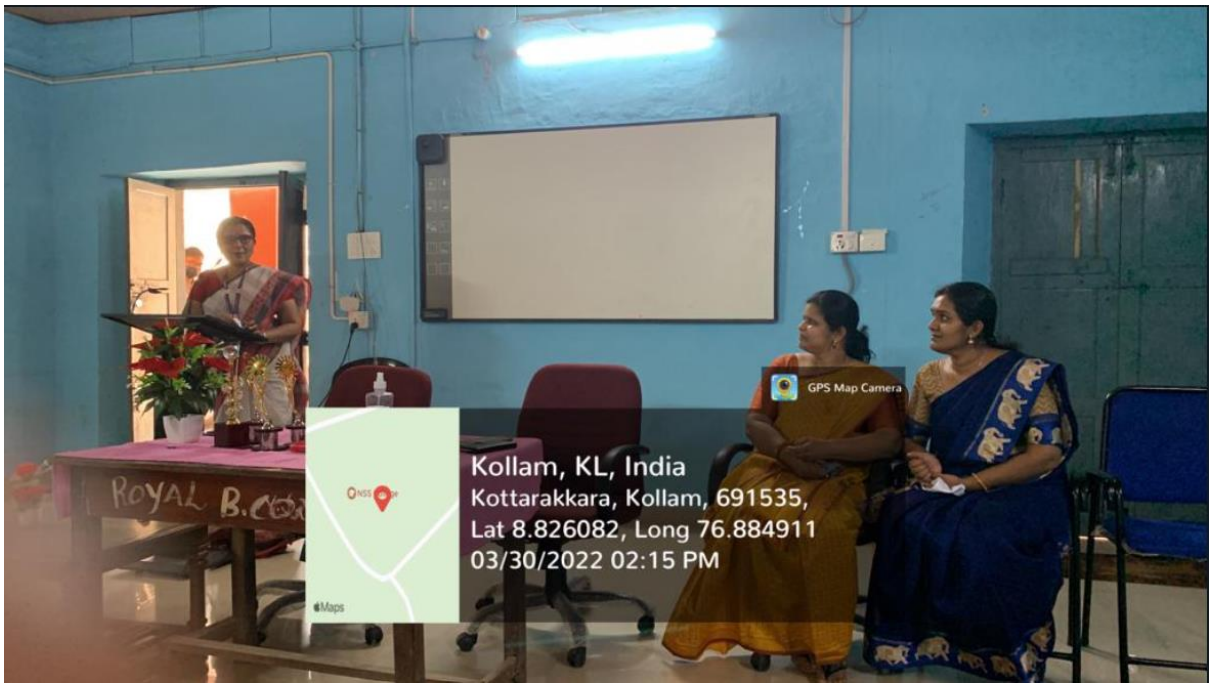
Department of Chemistry conducted merit day celebrations on 30 th March 2022. The brochure of the same is given below



The program started with a silent Prayer. Dr Rejani P, Assistant Professor welcome the gathering.



Welcome Speech – Dr Rejani P



Inaugural Address by Principal

After delivering the presidential address, Principal distributed the prizes to four students of the department



1. **Aparna Vijayakumar- Topper 2020-21, IIT JAM 2021, Winner, Chief Minister's Excellence Award**



2. U/O Rinu Das- Took Part in Republic Day Parade, New Delhi 2021



3. **Miss Sinara P- Selection for University Baseball Team**
   Winner , Baseball, Intercollegiate , First Prize
   Winner, Cricket , Intercollegiate ,Third prize



4. Miss Aparna Ayyappan- Winner , Baseball, Intercollegiate , First Prize
   Winner, Cricket , Intercollegiate ,Third prize



Vote of Thanks was given by Dr Resmi Raghunandan, Assistant Professor & HoD.





Prize Winners & Dept of Chemistry

Manuscript magazine ”EPISTEME” release





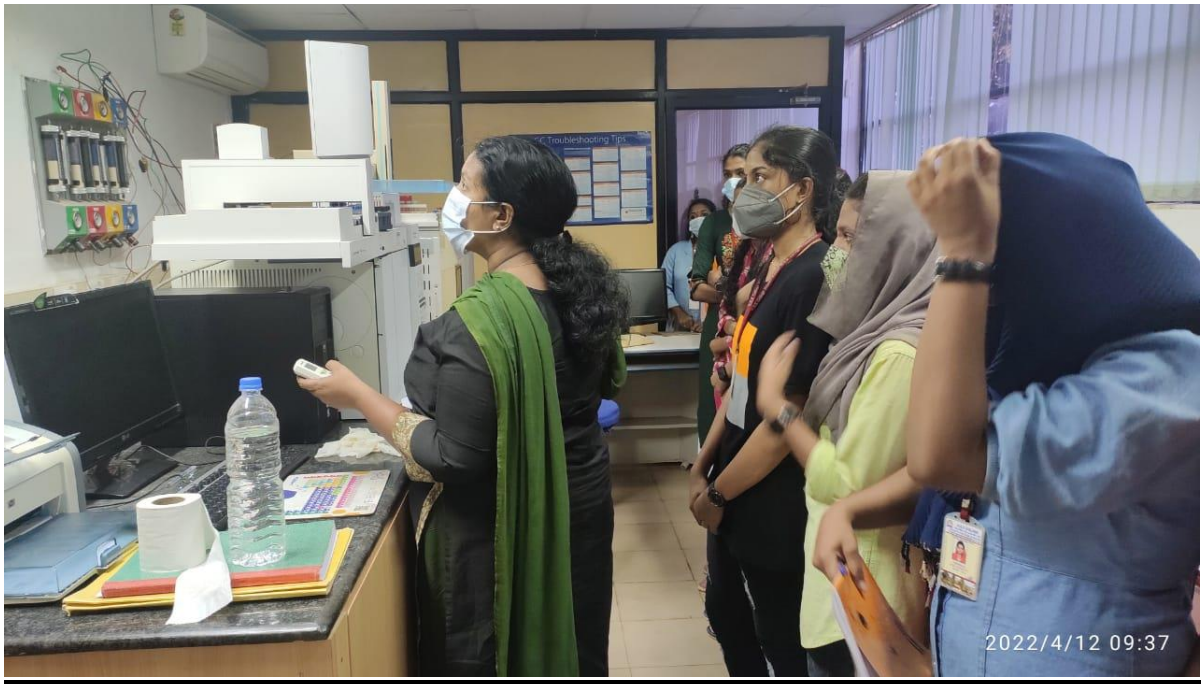
Industrial Visit, BSc S6 students

As part of their curriculum BSc S6 students visited CEPC Kollam

The study tour of the academic year 2021-2022 from the Department of Chemistry,

NSS college Nilamel was conducted on 12/04/2022. A group of 33 students with 4 Staffs participated in the tour programme. The tour started at 8:00 am from the college and the first destination was CEPC, Govt of India, kollam. The staff in charge of each instrument showed and explained the instrumentation, theory and operation of chromatographic experients. And after the interactive session, we all left from there by 11.30am. After visiting beach at Kollam, we also visited Munroe Island, Sambranikudi Kollam. After watching the serene beauty of nature, we returned to college om the same day.











Dept. of Zoology Activity Report, 2021-2022

Department of Zoology in association with IQAC and Academic Committee of the College, conducted a Webinar on 16th August, 2021.

Theme of the webinar : Concept of Waste to wealth With respect to Cassava leaf

Platform: Google meet (https://meet.google.com/xxd-wkzx-ngs)

No. of participants: 95

Webinar coordinator: Dr. Siji J.V., Assistant Professor, Dept. of Zoology

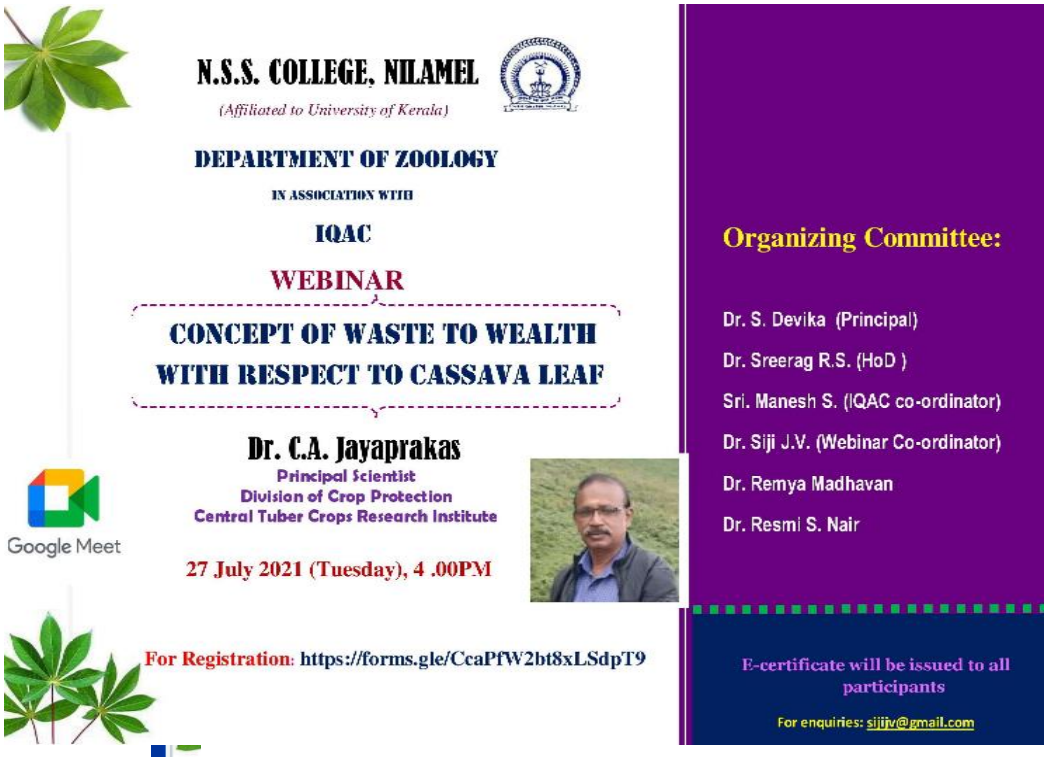
Programme Schedule

Prayer and 'Acharyanusmaranam' – Athira S., I DC Zoology

Welcome : Dr. Resmi S. Nair, Assistant Professor, Dept. ofZoology

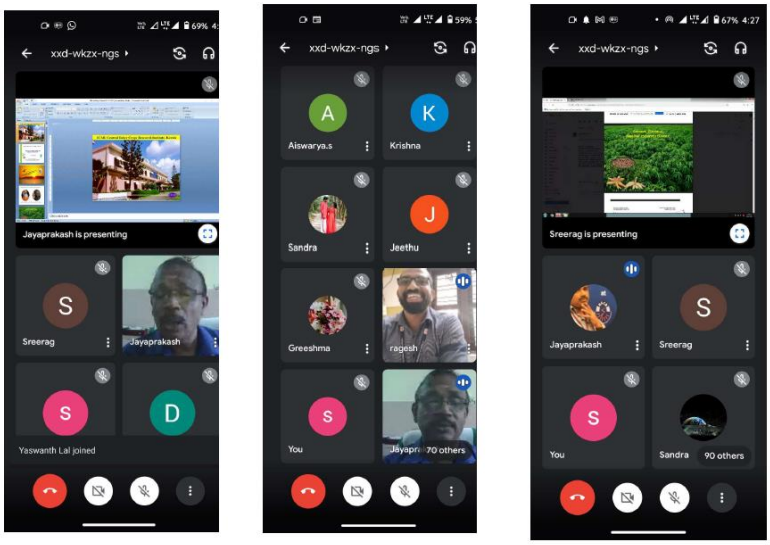
Presidential Address : Dr. Sreerag R.S., Assistant Professor and HoD Dept.

		of Zoology
Inauguration	:	Dr. S. Devika., Principal, NSS College, Nilamel
Felicitation	:	Sri. Manesh S., Assistant professor, Dept. of Commerce and IQAC coordinator
Technical session		Dr. C.A. Jayaprakas, **Principal Scientist, Division of Crop Protection, Central Tuber Crops Research Institute, Thiruvananthapuram**
Vote of Thanks	:	Dr. Remya Madhavan, Assistant Professor, Dept. of Zoology



95 Participants including faculty, Research scholars and students from various institutions participated in the webinar. The webinar is concerned with the use of cassava leaf, which is usually

thrown as a waste, in the preparation of Biopesticide. Three biopesticides developed from the cassava leaf and their uses (which is a patented work) were discussed in the session.



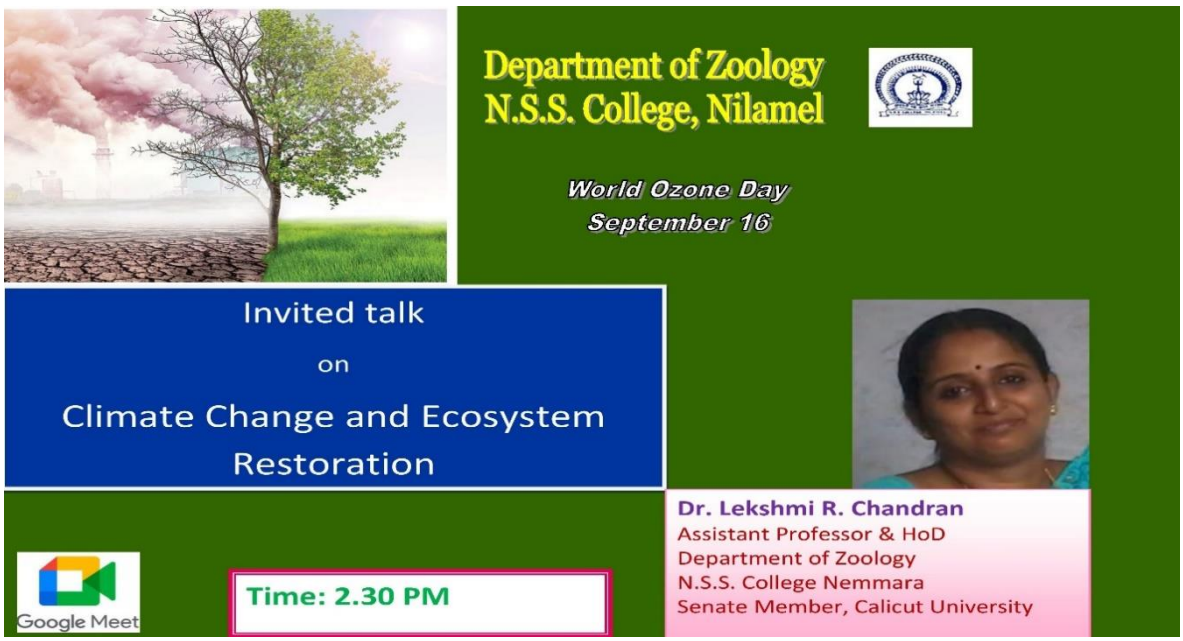
Ozone Day Celebrations, Dept of Zoology 2021-22

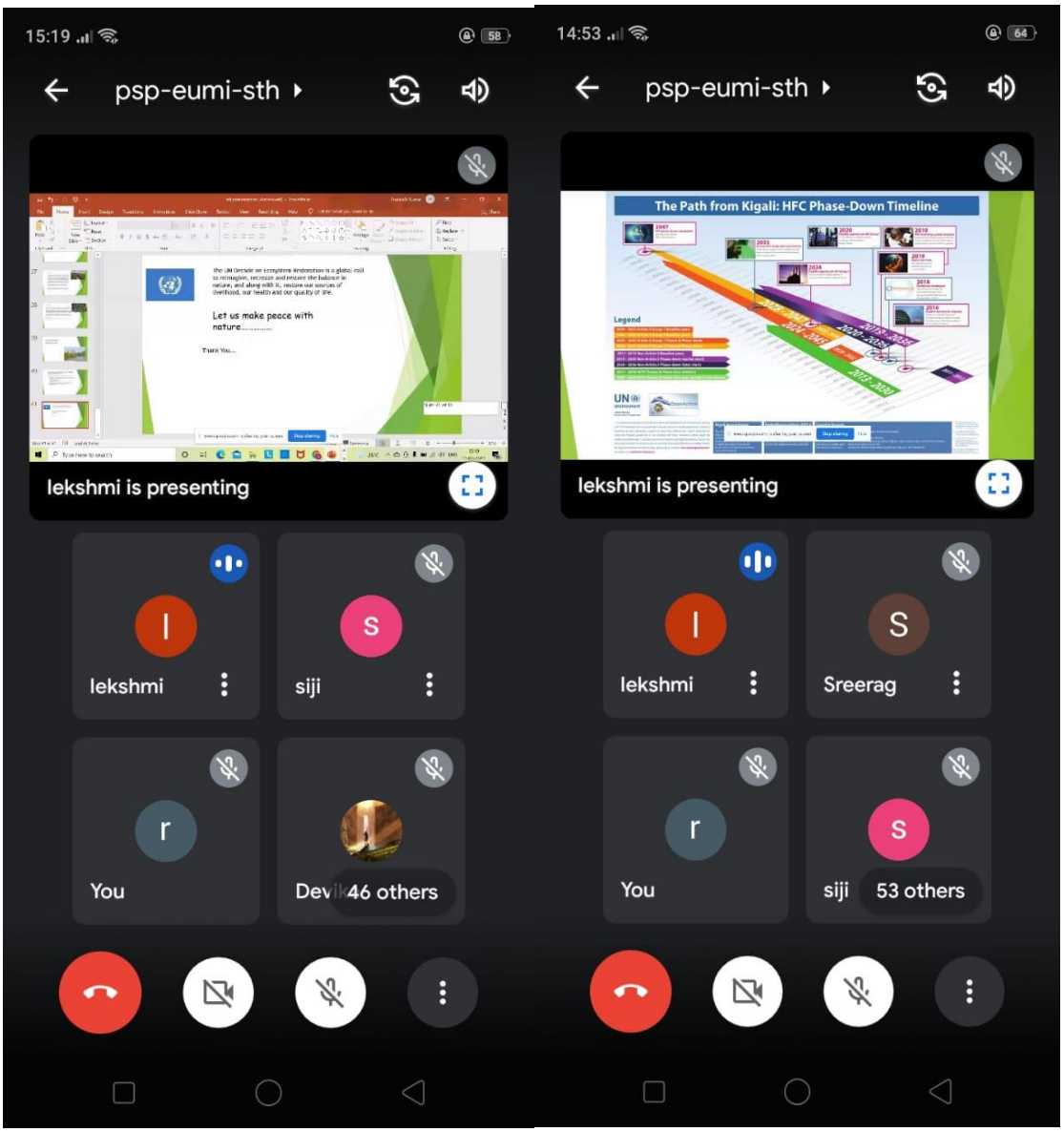
World Ozone Day is observed on September 16, every year. In 1994, the United Nations General Assembly proclaimed 16 September the International Day for the Preservation of the Ozone Layer, commemorating the date of the signing, in 1987, of the Montreal Protocol on Substances that Deplete the Ozone Layer. It is celebrated to spread awareness among people about the depletion of the Ozone Layer and search for possible solutions to preserve it.

The theme for the celebration of this year's World Ozone Day is "**Montreal Protocol - Keeping us, our food and vaccines cool**". The ozone layer, a fragile shield of gas, protects the Earth from the harmful portion of the rays of the sun, thus helping preserve life on the planet. Depletion of this layer will lead to higher UV levels, which in turn will cause health problems from eye damage to skin cancer. global warming and potential damage to our ecosystem.

The controlled uses of ozone depleting substances will help to protect the ozone layer for this and future generations. This will also address the climate change.

In view of this Department of Zoology N. S. S College Nilamel conducted an invited talk on "Climate change and Ecosystem Restoration" by Dr. Lekshmi R Chandran on September 16 at 2.30pm through google meet.





Invited talk on "Climate change and Ecosystem Restoration" by Dr. Lekshmi R Chandran on September 16 at 2.30pm through google meet.

Webinar on "Aquarium fish keeping and Rearing" was conducted on 12th March, 2022

As part of the webinar series Incessantness coordinated by the IQAC, the Academic committee and the Research Committee of the college, a webinar on "Aquarium fish keeping and Rearing" was conducted on 12th March, 2022 (12-03-2022) via Google meet. The topic was presented by Dr. B. Santhosh, Principal Scientist , Central Marine Fisheries Research Institute (CMFRI, ICAR), Vizhinjam Regional centre. Awareness on aquarium construction, maintenance and management as well insight towards selection of freshwater and marine ornamental fishes was given to the students.

Extension activities

Urjakiran -2021-22 (Go electric campaign) was conducted by the Department of Zoology in association with the Energy Management centre, Thiruvananthapuram on January 11, 2022 at town hall, Kadakkal grama panchayat. The programme was presided over by Sri. M Manoj Kumar, panchayat president, Kadakkal grama panchayat. The programme was attended by the College principal, IQAC coordinator, faculty of department of Zoology, UG students as well it reached out to the public including Kudumbasree workers. Awareness regarding saving of energy and reduction of electricity bill were imparted. The programme achieved high momentum and public appreciation.









URJAKIRAN- 2021-22 at Kadakkal grama Panchayat town hall on 11-01-2022(organized by Department of Zoology, NSS College, Nilamel and EMC, Thiruvananthapuram)

Dept. of Biochemistry Activity Report, 2021-2022

National seminar on´ "Environmental Protection through proper waste Management" organised by Dept. of Biochemistry in association with IQAC, NSS College, Nilamel

Resource Person: **Dr. VINOD V**, Senior Scientist, Centre for Science and Environment, New Delhi.
Plat form: Google meet
Date and Time: At 10.30 am on 28-07-2021

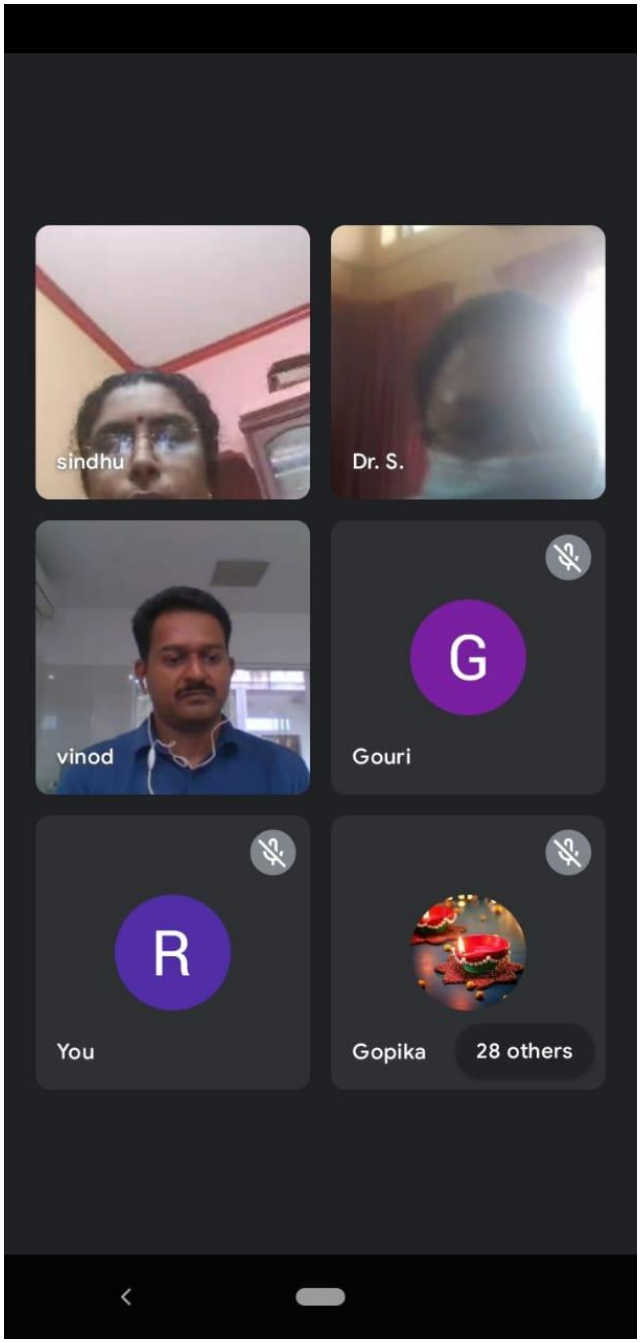
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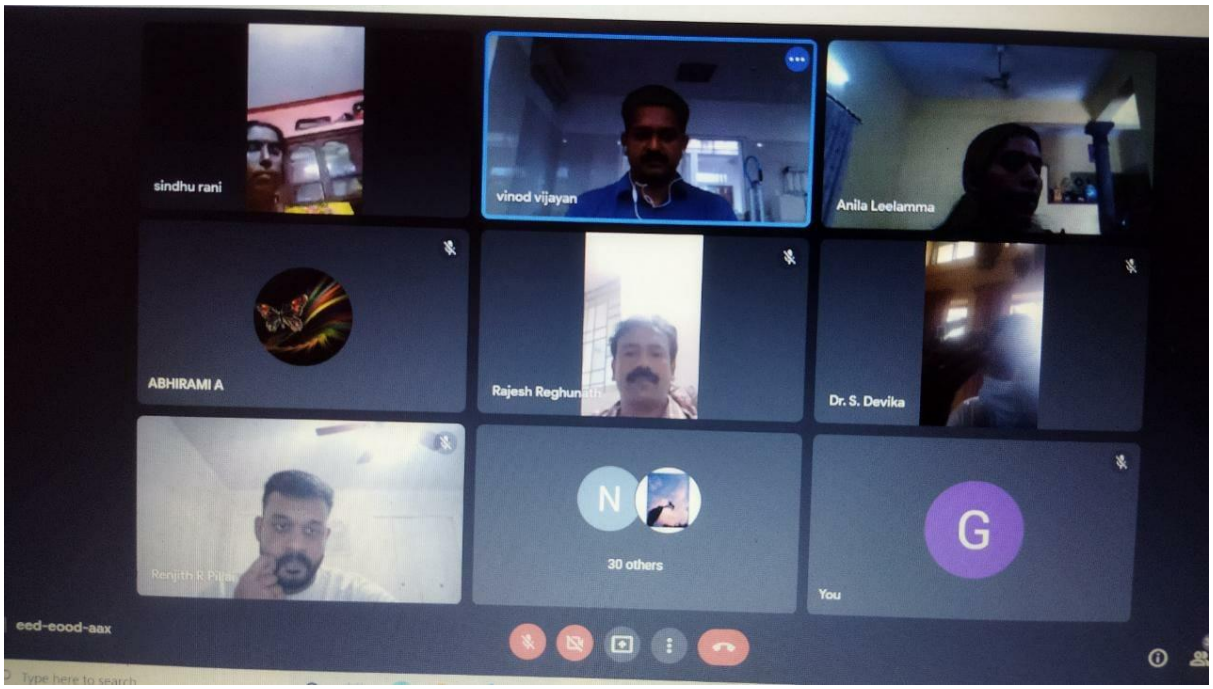
The meeting started at 10.30 am. Dr. J A Sindhu Rani (HOD, Dept. of Biochemistry, Convener) presided over the function. Dr. Anila L (Programme Co-ordinator) delivered welcome speech. Respected Principal Dr. Devika S inaugurated the webinar.
The resource person Dr. Vinod shared his experience on faecal sludge characterization and management. Fortunately, faecal sludge management (FSM) is a rapidly growing field, and there is currently a great deal of research being conducted into the characterisation of FS. The first step in designing faecal sludge (FS) treatment technologies that will meet defined treatment objectives is to quantify and characterise the FS to be treated. Parameters that should be considered for the characterisation of FS include solids concentration, chemical oxygen demand (COD), biochemical oxygen demand (BOD), nutrients, pathogens, and metals.
Applications and recycling of FS

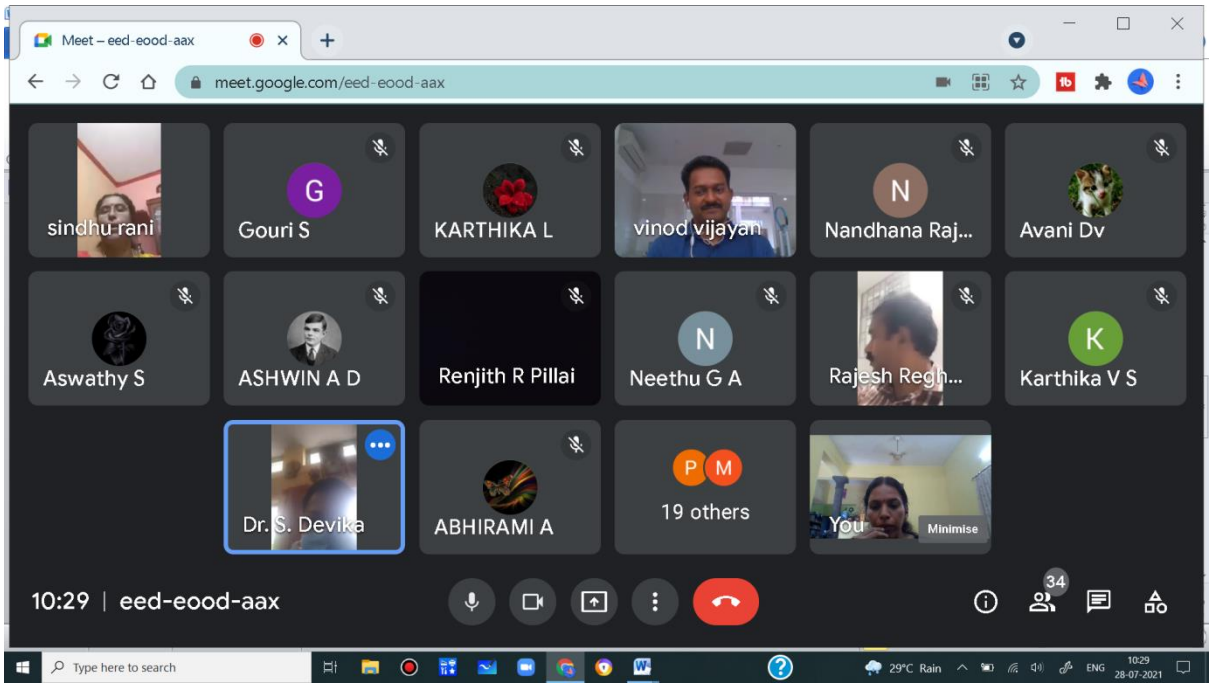
- include parameters such as COD fractionation,
- lipid content from faecal sludge is used for production of biodiesel, structural properties, and calorific value,

- The use of FS treatment end products as a potential energy source, such as the biogas produced from anaerobic digestion systems,
- Or direct use of dried FS in industrial boilers and kilns.
- Other possibilities include treatment with black soldier flies to produce protein (The dry weight of Black Soldier Fly larvae (BSFL) contain up to 50% crude protein(CP), up to 35% lipids and have an amino acid profile that is similar to that of fishmeal. They are recognized and utilized as alternative sources of protein for feed of poultry, pigs, and several species of fish and shrimp).

There were **69 precipitants** including students from various departments (biochemistry, mathematics, zoology, chemistry, malayalam, history and commerce) in the webinar,
It is followed by an active discussion. Miss Gouri S, (S5 Biochemistry) conveyed votes of Thanks. The meeting came to an end by 12.00 pm.



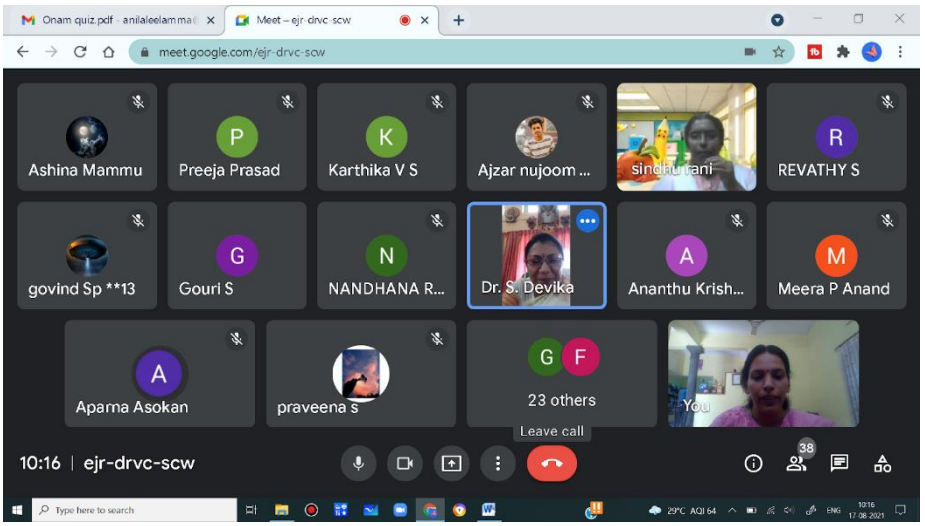


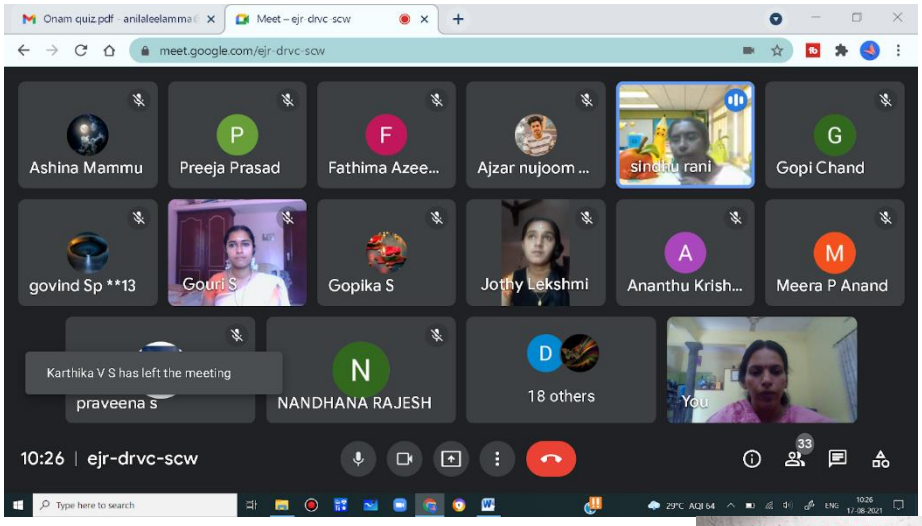


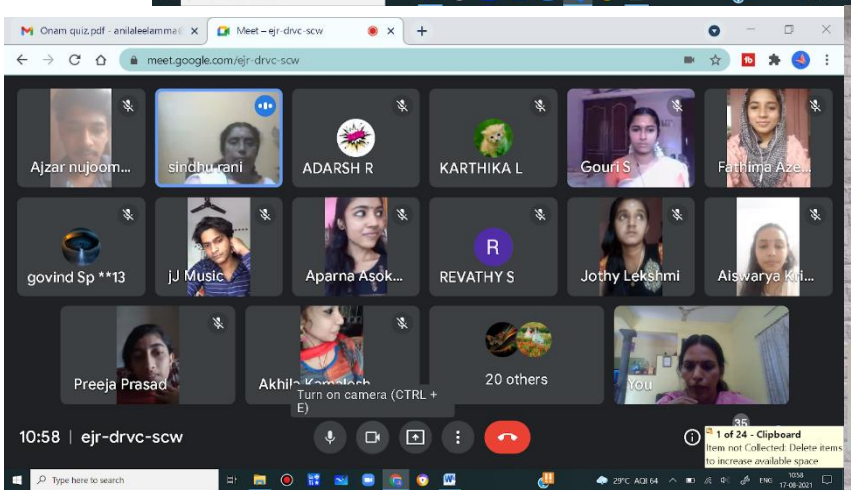
- **Onam Celebrations: Department of Biochemistry, NSS College, Nilamel : "OONJAL 2K 21" on 17/8/2021**

On 17/8/2021 at 10.00 am the Online onam celebration was started with a silent prayer and Dr. J A Sindhu Rani gave welcome speech. The Onam celebration was inaugurated by our beloved principal Dr. Devika S. Dr. Anila L introduced the participants.

Students conducted programmes like malayali mamka, Purusha kesari, Selfie with family, and Onam Quiz etc. Devika Balakrishnan (S2 student) and Aiswarya Krishnan (S4 student) graced the occasion with their dance performances.


Onam quiz.pdf - anilaleelamma
Meet – ejr-drvc-scw
meet.google.com/ejr-drvc-scw
Ashina Mammu
Preeja Prasad
Karthika V S
Ajzar nujoom ...
sindhu rani
REVATHY S
govind Sp **13
Gouri S
NANDHANA R...
Dr. S. Devika
Ananthu Krish...
Meera P Anand
Aparna Asokan
praveena s
23 others
You
Leave call
10:16 | ejr-drvc-scw


Onam quiz.pdf - anilaleelamma
Meet – ejr-drvc-scw
meet.google.com/ejr-drvc-scw
Ashina Mammu
Preeja Prasad
Fathima Azee...
Ajzar nujoom ...
sindhu rani
Gopi Chand
govind Sp **13
Gouri S
Gopika S
Jothy Lekshmi
Ananthu Krish...
Meera P Anand
Karthika V S has left the meeting
praveena s
NANDHANA RAJESH
18 others
You
10:26 | ejr-drvc-scw


Onam quiz.pdf - anilaleelamma
Meet – ejr-drvc-scw
meet.google.com/ejr-drvc-scw
Ajzar nujoom...
sindhu rani
ADARSH R
KARTHIKA L
Gouri S
Fathima Aze...
govind Sp **13
jJ Music
Aparna Asok...
REVATHY S
Jothy Lekshmi
Aiswarya K...
Preeja Prasad
20 others
You
Turn on camera (CTRL + E)
10:58 | ejr-drvc-scw
1 of 24 - Clipboard
Item not Collected. Delete items to increase available space


OONJAL 2K21
DEPARTMENT OF BIOCHEMISTRY
PURUSHA KESARI
1ST PRIZE
AJZAR(3RD YR)
GOVIND(1ST YR)
2ND PRIZE
3RD PRIZE
ADARSH(3RD YR)
ASWIN(3RD YR)
NANDHU(1ST YR)







- **Report of Webinar on "Ozone Day Celebrations" conducted by Department of Biochemistry, NSS College Nilamel: Department of Chemistry and Biochemistry jointly organized a webinar on "Ozone Depletion: Causes, Effects and solutions" on 16/09/2021 at 11.15 am.**

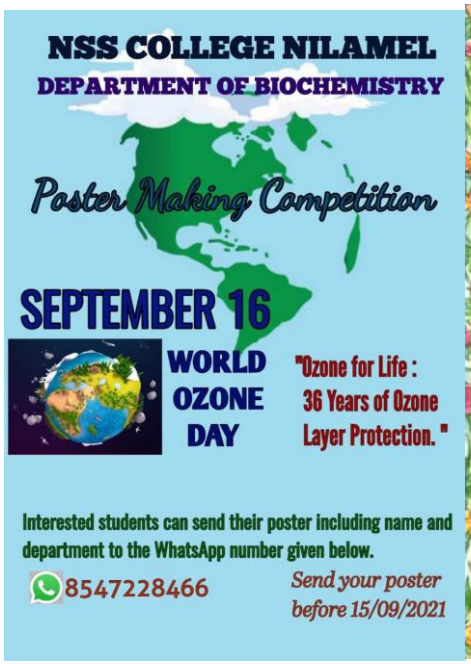
The resource person for the talk was Dr. M. R. Sudarsanakumar, Adjunct Faculty, Kerala University of Fisheries and Ocean Studies, Former Principal Mahatma Gandhi College and VTM NSS Dhanuvachapuram, Thiruvananthapuram.

The brochure for the aforementioned program is given below.





- **The department also conducred a poster making competionon "Ozone for life: 38 years of Ozone layer protection"**





- **Report of Community Health club activity on 30th September, 2021**

An awareness lecture was arranged at 10:30AM in NSS College in association with Indian Institute of Public Administration, Kerala regional branch, in connection with the reopening of colleges on October 4th 2021. The topic “Learning to Live with Covid-19” was for preparing the teachers, students and parents to face courageously the past of Covid situation. Dr. S. Devika, our respected Principal inaugurated the function.

The resource person Dr. O.Vasudevan (Senior Surgeon, Taluk Hospital, Kottarakkara; former State President - KGMOA); explained that people in Kerala have varying immunity level and the Covid 19 pandemic situation might continue like this with ups and downs and population is more susceptible to infection due to being less exposed to first and second waves and low vaccine coverage. So we must learn to live with COVID- 19 Virus and relaxed restrictions. We must focus on vaccination processes and he advised to strictly follow "SMS" (Sanitiser, Mask & Social distancing) in class rooms and public places. He also explained the different conditions in which the virus survives, how antibody is developed, how we can cope with COVID-19 mental stress.

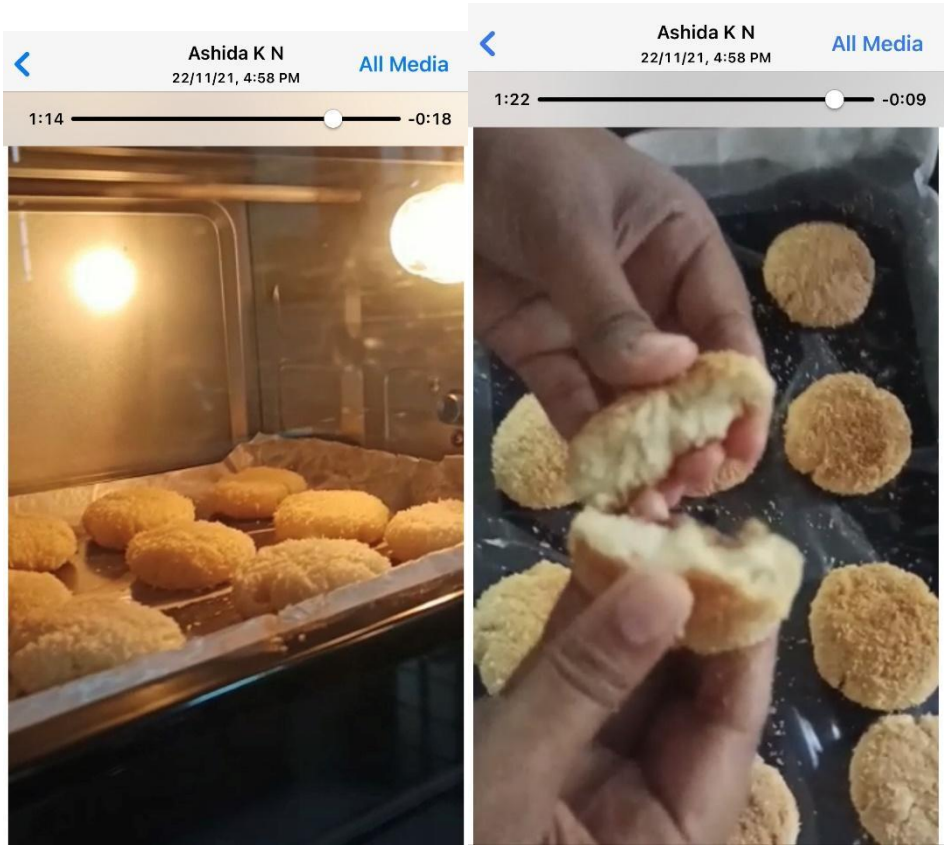
Dr. Shifina Shihabudeen (Medical Officer, PHC, Nilamel) was the second resource person. She explained the “Do's and Don't's” of COVID-19 pandemic by pointing out certain case studies she faced at her hospital. They demonstrated different steps of hand washing, proper ways of wearing masks, familiarized different types of masks and advantages of wearing masks. Students cleared their doubts. The meeting came to an end by 1:30PM.



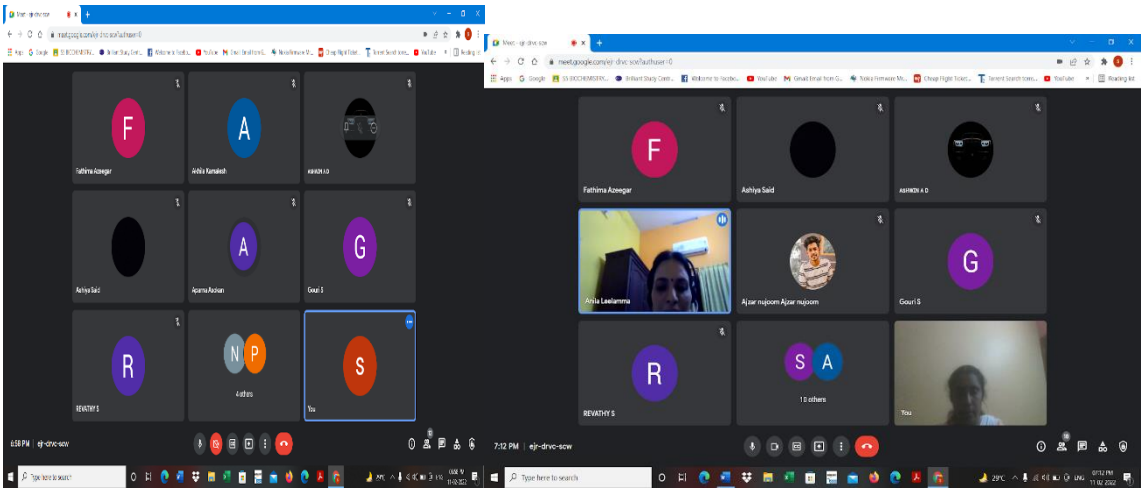




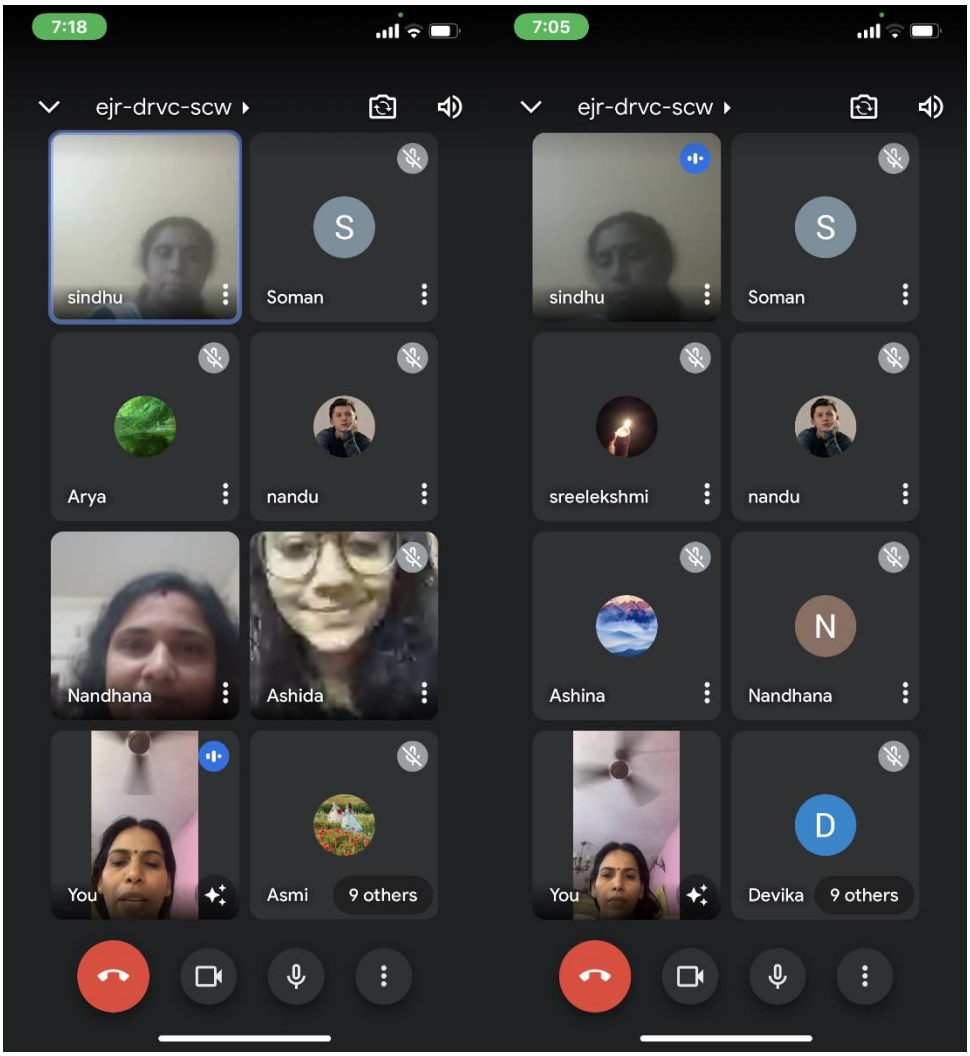
- **On November 22, 2021 at 7.00 pm Ashida K N, S3 Biochemistry student, presented a cooking class (making cookies) for their colleagues and teachers via google meet.**



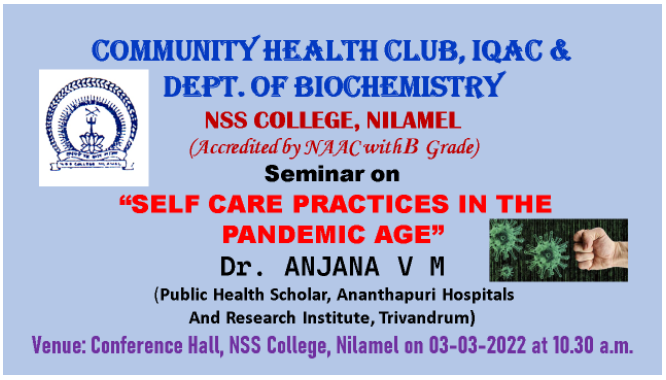
- **S6 PTS meeting: An online PTS meeting is arranged to motivate S6 student for their S6 University examinations and project submission on February 11, 2022 at 7.00 pm. All students and parents joined at the meeting.**



- **S3 PTS meeting: An online PTS meeting is arranged to motivate S3 student for their S2 University examinations on February 18, 2022 at 7.00 pm. All students and parents joined at the meeting.**



- **The Dept. of Biochemistry & Community Health Club, NSS College, Nilamel in association with IQAC conducted a programme "Self-care practices in the pandemic age" in the conference Hall at 10.30 am on Thursday, 03rd March 2022.**



Dr. Anjana V M, Public Health Scholar, Ananthapuri Hospitals And Research Institute, Trivandrum gave explanations on the following topics.

- Pandemic is the world wide spread of a new disease. The World Health Organization declared the outbreak in Wuhan, China - A Public Health Emergency of International Concern on 30 January 2020, and a pandemic on 11 March 2020.
- As of 1st March 2022, 43.7 crore cases and 59.6 lakh deaths

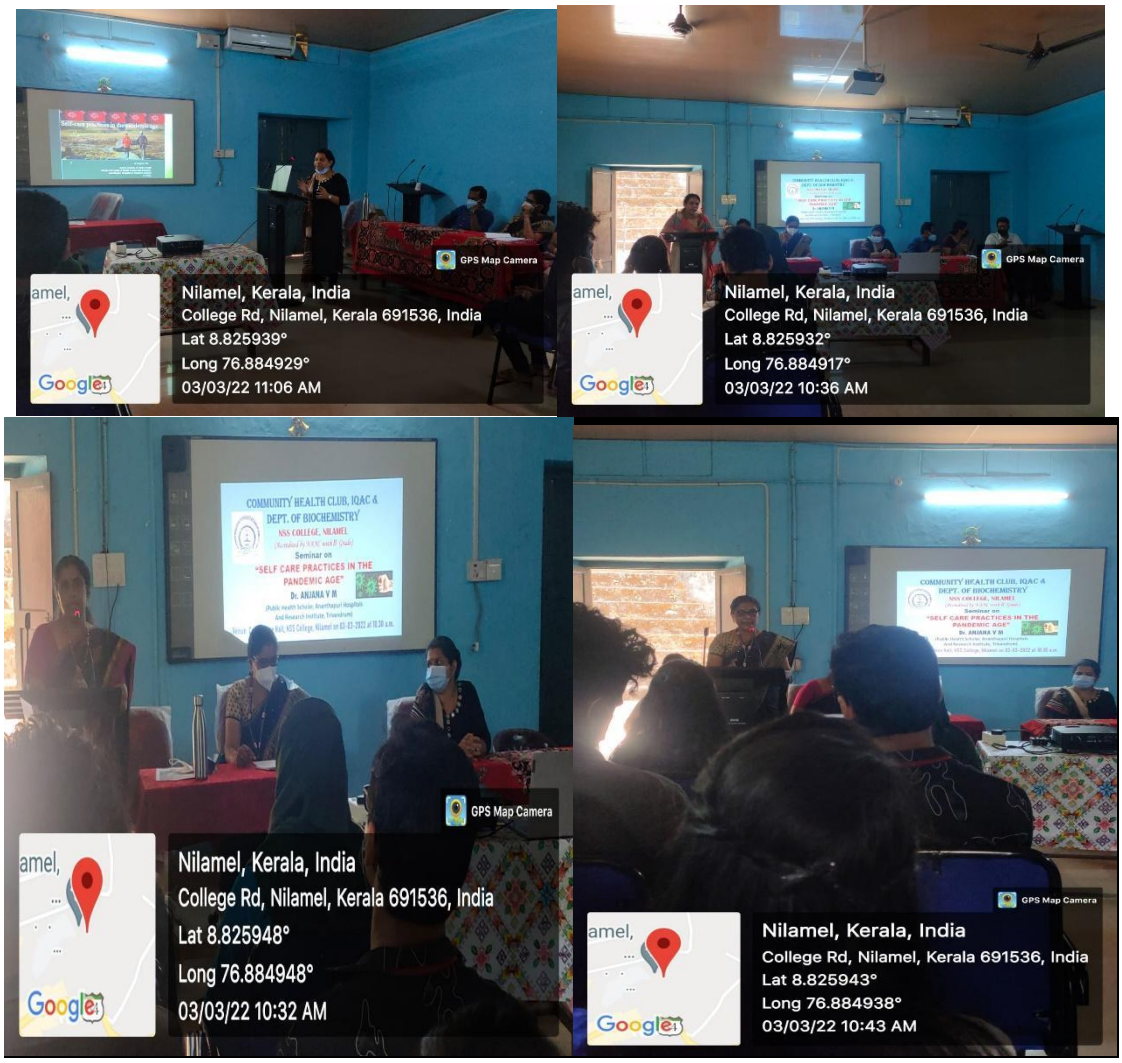
- India -4.29 crore cases and 5.14 lakh deaths second to US (7.89 Cr cases / 9.49 lakh deaths) Kerala-65 lakh cases,65333 deaths.
- In the era of COVID-19, scientific and medical advances have enabled us to identify and treat disease in a way that would have been unimaginable to previous generations.
- Therefore, the biggest danger we face are reactions that are disproportionate to the nature of risks from COVID-19, leading to challenges in core social activities of *food production*, *provision of education, healthcare, and basic health needs*.

Recognizes that the health of humans, domestic and wild animals, plants, and the wider environment (our ecosystems) are closely linked and inter-dependent. ONE HEALTH: idea that the health of people is connected to health of animals and our shared environment.

Approximately 70 per cent of all emerging and re-emerging pathogens are zoonotic, jumping from animals to humans, warning that “we don’t know when the next threat – the next disease X – will emerge”.

- WHO defines self-care as “the ability of individuals, families and communities to promote health, prevent disease, maintain health, and to cope with illness and disability with or without the support of a healthcare provider”.
- Self-care practices are intentional steps to take care of yourself.
- Self-care is the practice of individuals looking after their own health using the knowledge and information available to them.
- Types of Self care practices: Physical, mental, spiritual, social and emotional

The students cleared their doubts at the end of the discussion sessions.



- **Inernational webnar on "*Plasma Surface Modified Polymers and their potential applications*" conducted by Department of Biochemistry in association with, IQAC, Academic committee & Research committee, NSS COLLEGE NILAMEL.**

An international webnar was conducted by Department of Biochemistry in association with, IQAC, Academic committee & Research committee at 8th march 2022 on the topic "Plasma Surface Modified Polymers and their potential applications". The resource person was Mr Renjith Rajan Pillai, MS. MtE, MS.Chemistry. Currently he is a Ph D Scholar in Polymers and Healthcare Devices Development Group, Department of Materials Science and Engineering, The University of Alabama at Birmingham USA. His research interests include Polymer Processing and Modification Heavy metal sensing and remediation, Healthcare devices development, Adsorption and catalysis, Energy related process technology 3D Printing of Scaffolds, Biomaterials and Nanomaterials, Thermal & Rheological Characterization, Environmental pollution remediation Sensing &remediation of VOC and Electrospinning.

The webnar was started at 7 pm. Dr. Dr Rajesh R (Co-Ordinator Research committee) presided over the function. Dr Devi Priya M S (Co-Ordinator Academic committee) delivered the welcome speech. Respected Principal Dr.Beena S, inagurated the webnar .Dr Sindhu Rani J A(Co-Ordinator & Head of the Department) enlightend the students about the importance of doing research. Resource person Mr Renjith Rajan Pillai presented the topic and he shared his research outcomes that the surface properties of biomedical polymers are need to be altered to promote a good cell adhesion, growth and proliferation and to make them suitable for implants and tissue engineering scaffolds. Plasma surface modification is one of the most emerging areas for altering surface properties of substrates, which is a green and cost-effective practice.He explained the **Plasma Surface Modified Polymers and their potential applications,** focusing on healthcare and environmental applications**.** Students actively participated in dicussions and cleared their doubts. Vote of thanks was given by Dr Anila L (Assistant Professor, Dept of Biochemistry).



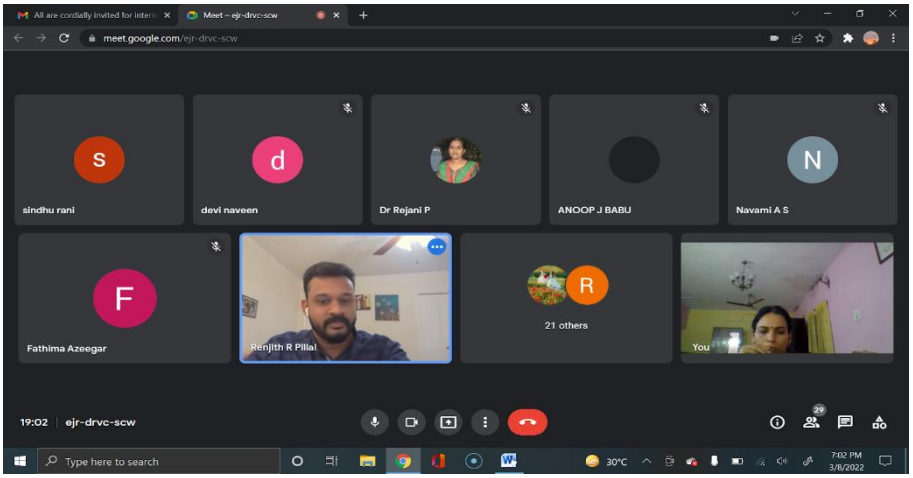
DEPARTMENT OF BIOCHEMISTRY
In association with IQAC,
Academic committee & Research committee
NSS COLLEGE NILAMEL
Organizes
International Webinar
"PLASMA SURFACE MODIFIED POLYMERS FOR POTENTIAL APPLICATIONS"
Speaker
Renjith Rajan Pillai,
MS.MtE, MS.Chemistry
Ph.D. Scholar, Department of Materials Science and Engineering, The University of Alabama at Birmingham USA
On 8th March 2022
Tuesday at 7.00PM (IST)
Programme
Prayer
Welcome Address: Dr Devipriya M S (Co-Ordinator Academic committee)
Presidential address: Dr Rajesh R (Co-Ordinator Research committee)
Inaugural address: Dr Beena S (Principal NSS College Nilamel)
Felicitations: Dr M Vijayan Pillai (College council Secretory, Syndicate member University of Kerala)
Dr Rani K Pillai (IQAC Co-Ordinator)
Introduction to speaker: Dr J A Sindhu Rani (HOD Department of Biochemistry)
Technical session: Renjith Rajan Pillai MS.MtE , MS.Chemistry
Vote of Thanks: Dr Anila L (Assistant Professor, Dept of Biochemistry)
Organizing Committee: Dr J A Sindhu Rani (HOD & Co-Ordinator)
Dr Anila L (Convenor)

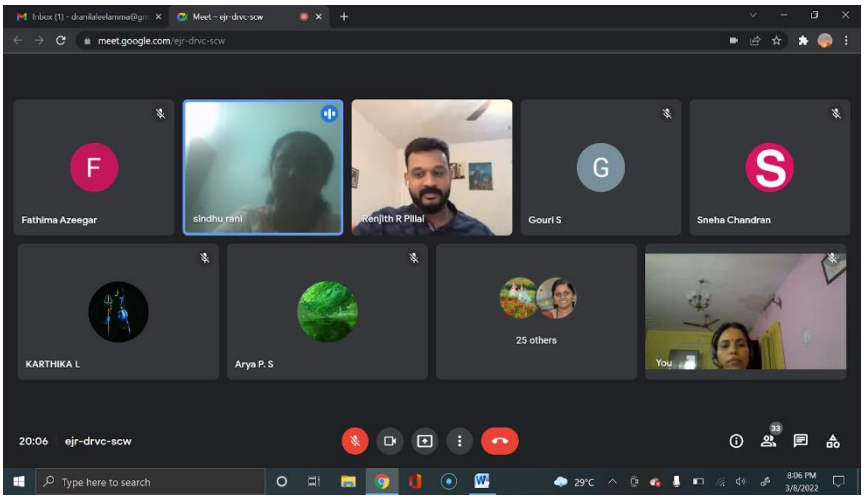
About the speaker

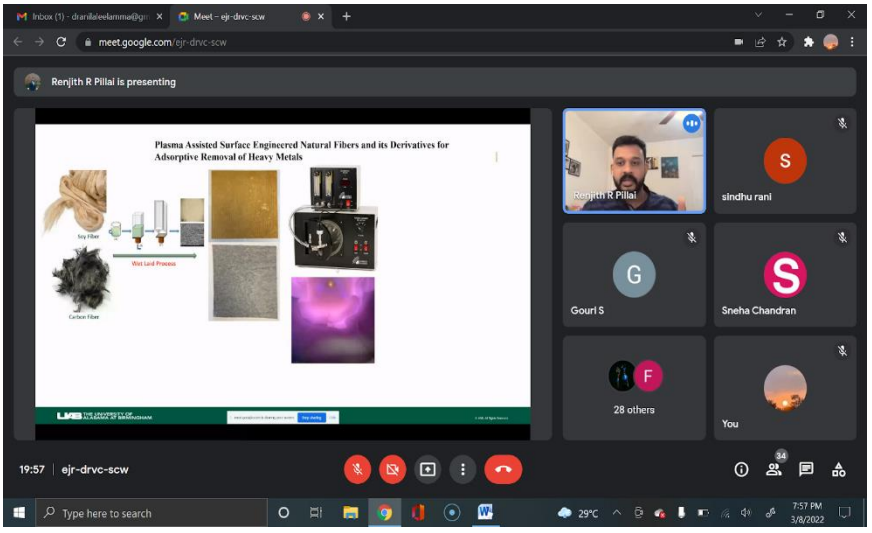
Renjith Rajan Pillai secured his B.Sc in Chemistry from St. John's College, Anchal and M.Sc. in Chemistry from Mar Ivanios College, Thiruvananthapuram, Kerala. He completed his MS in Materials Engineering from the University of Alabama at Birmingham, USA. Renjith Rajan Pillai has been worked as Project Assistant-I at National Centre for Earth Science Studies (NCESS), Thiruvananthapuram and as Guest Faculty in the Department of Chemistry at St. John's College, Anchal and N.S.S College, Nilamel. Currently he is a Ph.D. Scholar in Polymers and Healthcare Devices Development Group, Department of Materials Science and Engineering, The University of Alabama at Birmingham, USA . His research interests include Polymer Processing and Modification Heavy metal sensing and remediation, Healthcare devices development, Adsorption and catalysis, Energy related process technology 3D Printing of Scaffolds, Biomaterials and Nanomaterials, Thermal & Rheological Characterization, Environmental pollution remediation Sensing & remediation of VOC and Electrospinning.

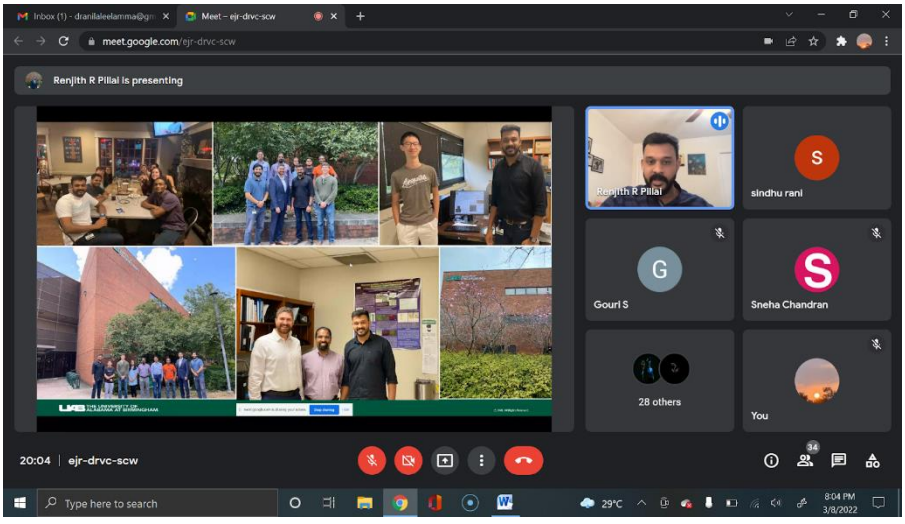
Abstract of the talk

Biochemistry is the application of Chemistry to the study of biological processes at the cellular and molecular level. In the past decades, modern medicine has been challenged with complex problems, which have led to technological advancements in the area of healthcare. It is a multidisciplinary field combining principles of Biology, Medicine and Engineering, that aims at replacing damaged, injured or missing organs and tissue with a functional artificial substitute. Biocompatibility, biodegradability, providing strength and structure if needed, enabling cell attachment, proliferation and sometimes even differentiation are just some of the possible necessities. In some other cases including, catheters and stents, prevention of cell attachment and adsorption of proteins is required. Most of the demands and problems involve the reaction to and interaction with the surrounding tissue of the implanted material once it is implanted in the body. In this respect the surface of the material plays a key role. The final purpose of the implant determines the required properties and thus also the optimal surface characteristics (composition and topography). For biomedical polymers, the surface properties need to be altered to promote a good cell adhesion, growth and proliferation and to make them suitable for implants and tissue engineering scaffolds. Plasma surface modification is one of the most emerging areas for altering surface properties of substrates, which is a green and cost-effective practice. In this lecture we will be discussed with **Plasma Surface Modified Polymers and their potential applications** focusing on healthcare and environmental applications.





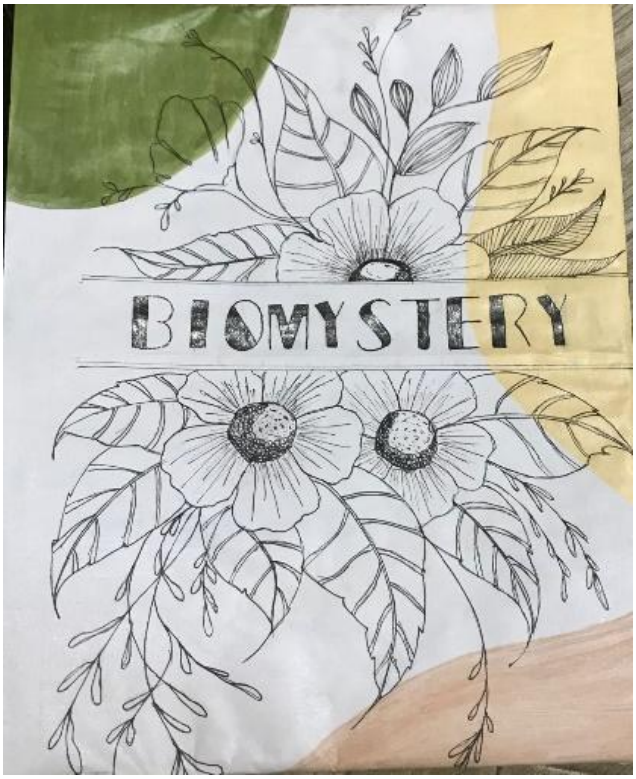




- **S1 PTS meeting: An online PTS meeting is arranged to motivate S1 student for their internal examination and end semester University examinations on March 16, 2022 at 7.00 pm. All students and parents joined at the meeting.**



- **Second year students prepared a handwritten Magazine “BIOMYSTERY” and third year students prepared a magazine “BIO-DAZZLES”.**

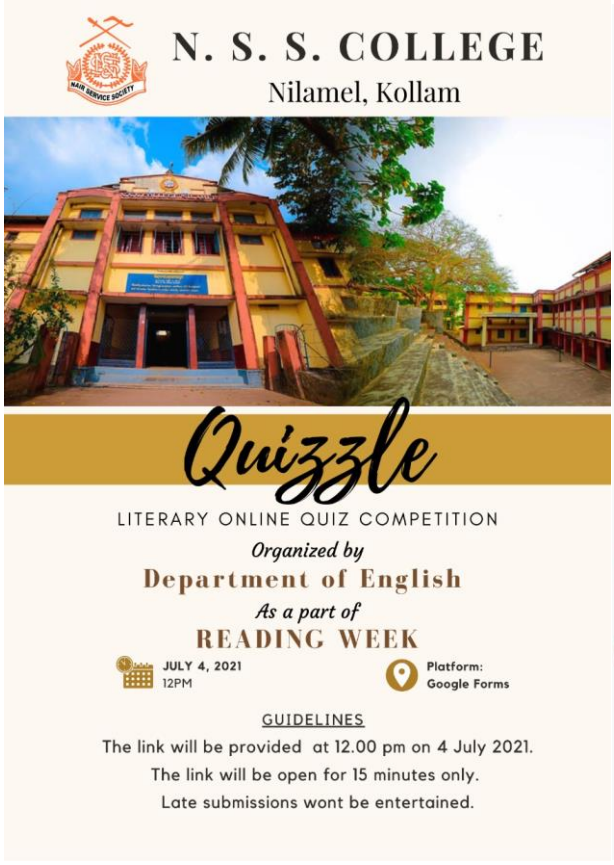


Dept. of English Activity Report, 2021-2022

REPORT OF THE ONLINE LITERARY QUIZ COMPETITION CONDUCTED ON JULY 4, 2021 AS A PART OF READING WEEK

The Department of English organized an online competition on 4/7/2021, as a part of National reading week celebrations. 'Quizzle', an online literary quiz competition was conducted for students from various departments in the college as a tribute to Sri P N Paniker. Around 190 students from various departments participated in the competition. The students enthusiastically partipicated by rapidly answering the questions.

The event turned out to be a huge success with the active participation and involvement of the students. They found the competition very informative. The first prize winner was Anima Raj, of Semester 6 from English Department. Second prize was shared by Abhiraj, Semester 5, Department of Commerce and Revathy D of Semester 2, Dept. of History. Aswathy B of Economics Department bagged the third prize.



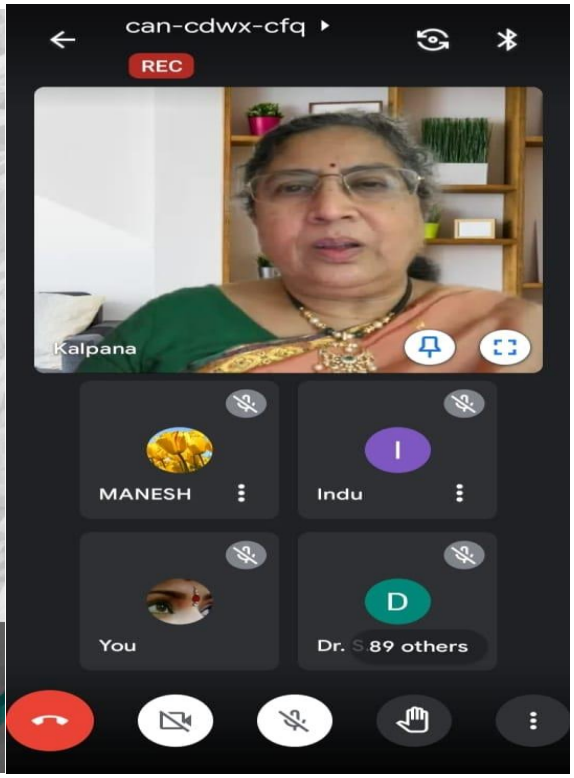


A Report on the National webinar on 'The Contexts of Gender and Sexuality' organised by The Department of English, NSS College, Nilamel in association with IQAC, NSSCN, on 1/8/2021.

The Department of English, NSS College, Nilamel in association with IQAC of the college organised a National webinar on 'The Contexts of Gender and Sexuality' on 1/8/2021 via Google Meet. This webinar got huge response and participation from more than hundred

participants coming from various parts of the country. Dr. H Kalpana Rao, Professor of English and Head of the Department, Pondicherry University, Pondicherry graced the webinar as the invited speaker. The webinar set off at 11 am to an enthusiastic group of academicians, teachers, research scholars and students. Ms. Indu B.C, Assistant Professor and HoD, presented the welcome address and it was followed by the inaugural address of the Principal of the College, Dr. S Devika. Manesh S, IQAC coordinator of the college delivered the felicitation address. An interactive session ensued wherein Dr H Kalpana enlightened the participants on several issues concerning the theme of the webinar. She enforced the need for disbanding gender stereotypes faced both by men and women in order to create a healthy and equal society. The webinar ended with thought provoking question and answer session put forth by participants, witnessing further deliberation on them. The webinar concluded with the Vote of thanks conveyed by Ms. Gayatri Devi Pillai, Assistant Professor, Dept. of English, NSSCN.





A Report on the Seminar on "Career Guidance"organised by The Department of English, NSS College, Nilamel in association with IQAC, NSSCN, on 30/3/2022.

A Seminar on the topic “Career Guidance” was organised by the Department of English on 30th March, 2022, Arun M George, Assistant Professor, Department of English, St. Johns College, Anchal as the resource person. The Seminar was conducted with a view to provide exposure to the students about the numerous career opportunities awaiting them and for enhancing their employability. Indu B. C, Assistant Professor & Head of the department, delivered the welcome address. The talk was followed by the queries from the participants.

DEPARTMENT OF ENGLISH

N S S COLLEGE NILAMEL

In association with IQAC organizes invited talk on

CAREER GUIDANCE



Date & Time:
10AM, 30-3-2022

Venue:
Conference Hall

Resource Person:

Arun M George

Asst. Prof. in English, St John's College, Anchal

Programme Schedule

- Prayer
- Welcome Speech: **Dr Seema Rajan S.**, Asst. Prof. Dept of English
- Presidential Address : Indu B. C., Asst. Prof. & HoD, Dept of English
- Inaugural Address: Dr Beena S, Principal, NSSCN
- Felicitations:
  - Dr.Vijayan Pillai (Syndicate Member, University of Kerala & Council Secretary, NSSCN)
  - Dr. Rani K Pillai (IQAC Coordinator, NSSCN)
  - Dr. R Rajesh (PTA Secretary)
- Invited Talk
- Vote of Thanks: Saritha M., Asst. Prof., Dept of English

Organising Committee :

Gayatri Devi Pillai, Sreekumar V. R, Karthika A. R, Neethu M. S

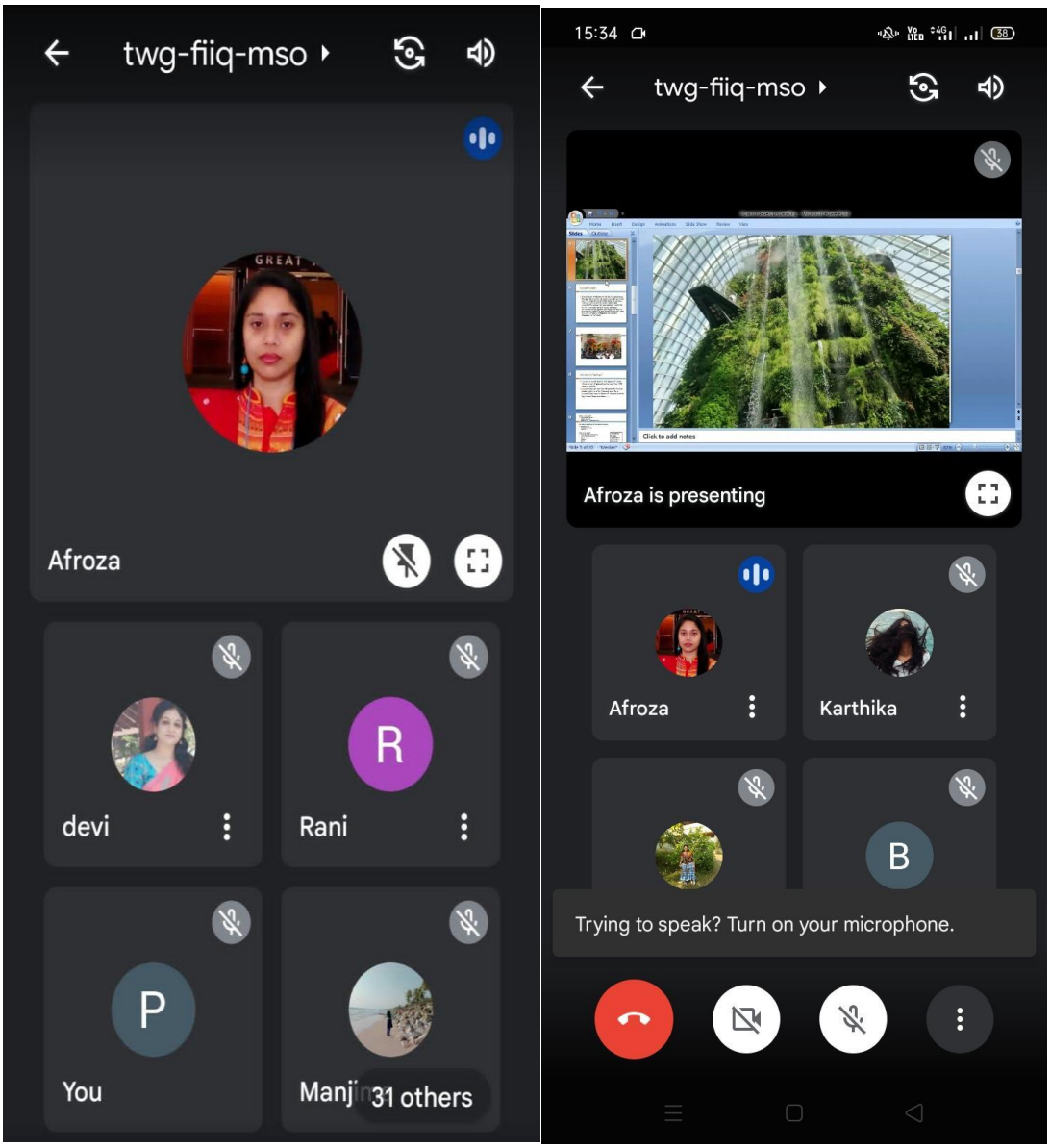


A Report on the International webinar on 'Enhancing Speaking through Guided Instructions'organised by The Department of English, NSS College, Nilamel in association with IQAC, Academic Committee and Research Committee, NSSCN, on 10/4/2022.

The Department of English, NSS College, Nilamel in association with IQAC,Academic Committee and Research Committee of the college organised an International webinar on 'Enhancing Speaking through Guided Instructions' on 10/4/2022 via Google Meet. Afroza Akhter Tina, Senior Lecturer, Daffodil International University, Ashulia, Dhaka, Bangladesh, graced the webinar as the invited speaker. The webinar set off at 3.00 pm to an enthusiastic group of academicians, teachers, research scholars and students. Ms. Indu B.C, Assistant Professor and HoD, presented the welcome address and it was followed by the inaugural address of the Principal of the College, Dr Beena S. Dr. Rani K Pillai, IQAC coordinator, Dr. Devi Priya M.S, Co Ordinator Academic Committee of the college delivered the felicitation address. Afroza Akhter Tina enlightened the participants on improving their language and

communication skills, on how to develop their inter personal communication skills which will help them in grabbing different career opportunities. The webinar ended with thought provoking question and answer session put forth by participants, witnessing further deliberation on them. The webinar concluded with the Vote of thanks conveyed by Ms. Gayatri Devi Pillai, Assistant Professor, Dept. of English, NSSCN.





PG Department of Commerce, Activity Report 2021-22

Report on National Webinar On "TOURISM IN THE MILLENIAL AGE"

The National webinar was held on 23/07/2021 at 7:00 PM in google meet platform. Mrs. Krishna Kumari A, Convener, welcome the gathering. The
Presidential address were delivered by Mrs. Lekshmi P, Head of the Department Commerce. Dr. S. Devika, Principal, officially inaugurated the webinar. Followed by Dr. Prasanth Udayakumar, Assistant Professor, National Institute of Watersports, Goa, delivered the Keynote address. The programme was felicitated by Manesh. S IQAC Co-ordinator. There were one hundred participants including scholars, academicians, and faculties of various departments.

Technical session

The resource person focused more over the theoretical and descriptiveapproach on the topic. The scenario of tourism on the millennial age are well addressed. The session focused new terminologies in tourism.

The scope of tourism for higher studies were elaborated to the participants. The session were interesting as it highlighted tourist destination, categories and trend with images and pictorial presentation.

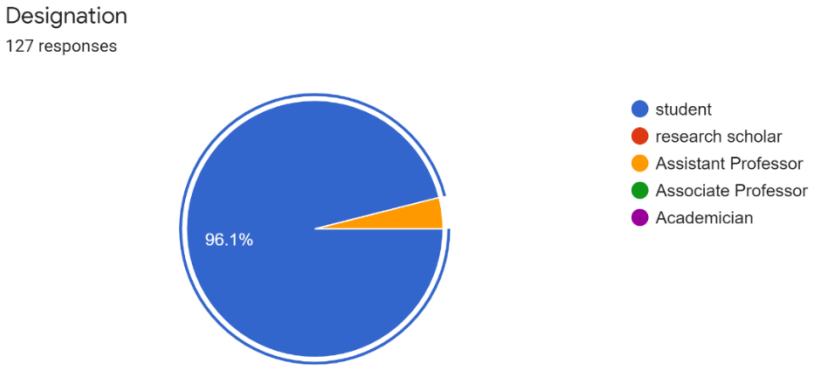
Tour and travel is mere dream in the current covid scenario. The presentation more over highlighted the post covid revival mechanism and strategies to be adopted by tourist.

The session concluded with “question and answer” for the participants. The organizers circulated the link for feedback. The programme concluded with the vote of thanks from Sooryajith S,MCom first year student.

Attachments

Registered participant’s strength.
Boucher and programme schedule
Screenshot of participants**.**

Registered participant’s strength.



Source:https://docs.google.com/forms/d/15QD8lZsFiIlxULxUzKoJxK9RPFOK0AO3vMrKRnlGew/edit#responses

PG DEPARTMENT OF COMMERCE

NSS College Nilamel, Kollam



National Webinar

On

"TOURISM IN THE MILLENIAL AGE"

Resource Person

Prasanth Udayakumar

Assistant Professor
National Institute of Watersports, Goa
Ministry of Tourism, Government of India

2021 JULY 23
07.00 PM

Google Meet
PLATFORM :

Dr. S Devika
Principal

Manesh .s
IQAC Co-ordinator

Lekshmi P
Head of Department

Convenor:

Krishna kumari A
Assistant Professor

Contact No.: 8893319840
Email: krishna.nilamelnss@gmail.com

PG Department of Commerce
NSS College Nilamel, Kollam

National Webinar

On

"TOURISM IN THE MILLENIAL AGE"

Programme Schedule

Date: 23/07/2021
Joining Time: 6:50 PM Platform: Google meet

Welcome	:	Krishna Kumari A
Convenor		
Presidential address:		Lekshmi P
		Head of the Department
Inauguration	:	Dr. S. Devika
		Principal
Keynote address	:	Prasanth Udaya kumar
		Assistant Professor
		National Institute of Watersports, Goa
Felicitation	:	Manesh. S
		IQAC Co-ordinator
Vote of thanks	:	Sooryajith S, MCom first year student

Report on National Webinar on Budget Talk (Union Budget 2022)

The most important and prestigious programme organized by the Department of Commerce was "Budget Talk (Union Budget 2022)" based on union budget 2022. The programme was organized on 10th February 2022 @ 10:30 AM. It was an online programme conducted through Google Meet. The resource person for the programme was Dr. Shaijumon C S, Associate Professor, Department of Humanities, Indian Institute of Space Science and Technology, Thiruvananthapuram.

The session discussed the budget presented in the parliament in detail and every nook and corner of the budget was detailed in a positive manner. Students actively participated in the discussion.

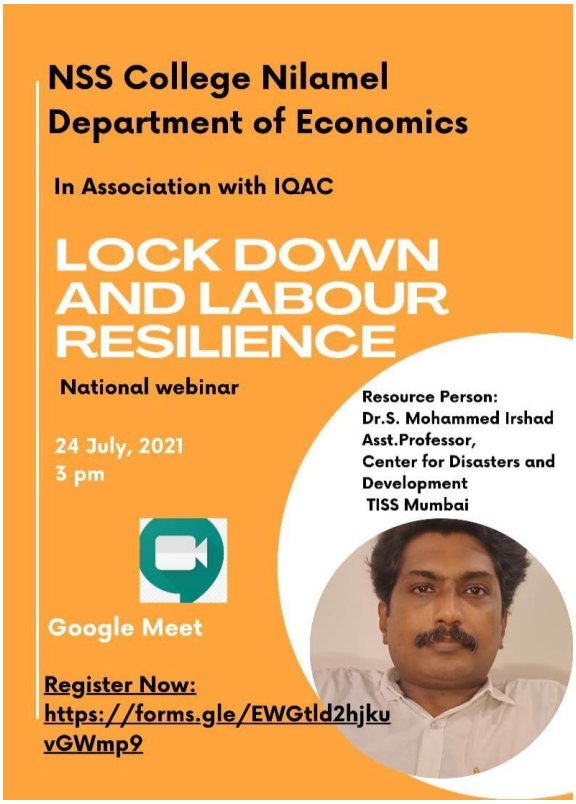


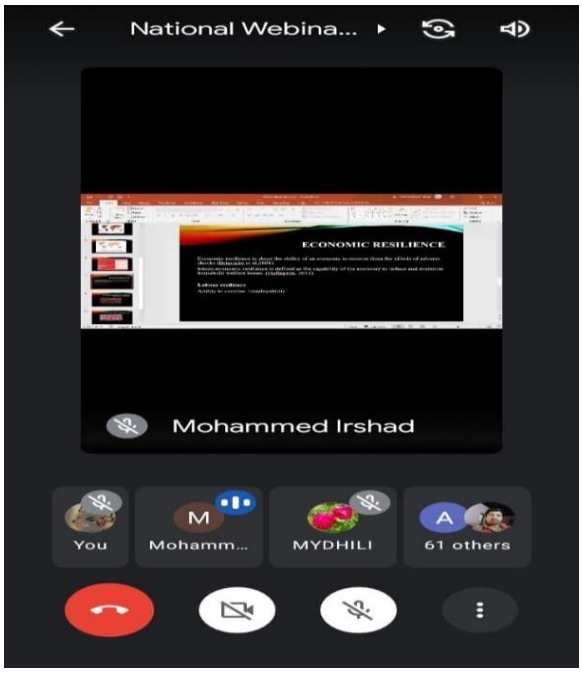
Dept. of Economics Activity Report, 2021-2022

Report on the National Webinar 'Lockdown and Labour Resilience'

The Department of Economics in association with IQAC organised a National Webinar on 'Lockdown and Labour Resilience' on 24/07/2021.The resource person Dr.S.Muhammed Irshad, Assistant Professor, Centre for Disasters and Development, School of Research Methodology, Tata School of Disaster and Development, TISS, Mumbai campus. The technical session was carried out by Dr.Muhammed Irshad on the topic 'Lockdown and Labour Resilience'.In the course of his talk, he dwelled upon the serious challenges posed by lock down in the international labour market as well as in the domestic labourmarket.

The duration of the programme was one hour [3pm to 4pm]. The welcome address was given by Mydhili Kurup.I, Head of the Department of Economics. She welcomed the Chief Guest, Principal of the College, all the participants of the programme. The inaugural address was delivered by Dr.S.Devika, Principal, NSS College Nilamel. She highlighted the current relevance of the topic. Faculties and students from different colleges participated in the Webinar. There was an active discussion session during the end of the webinar and there held a sound interaction between the resource person and participants. Vote of thanks was given by Mrs. Chithra .Assistant professor of Economics.





No of participants: 78

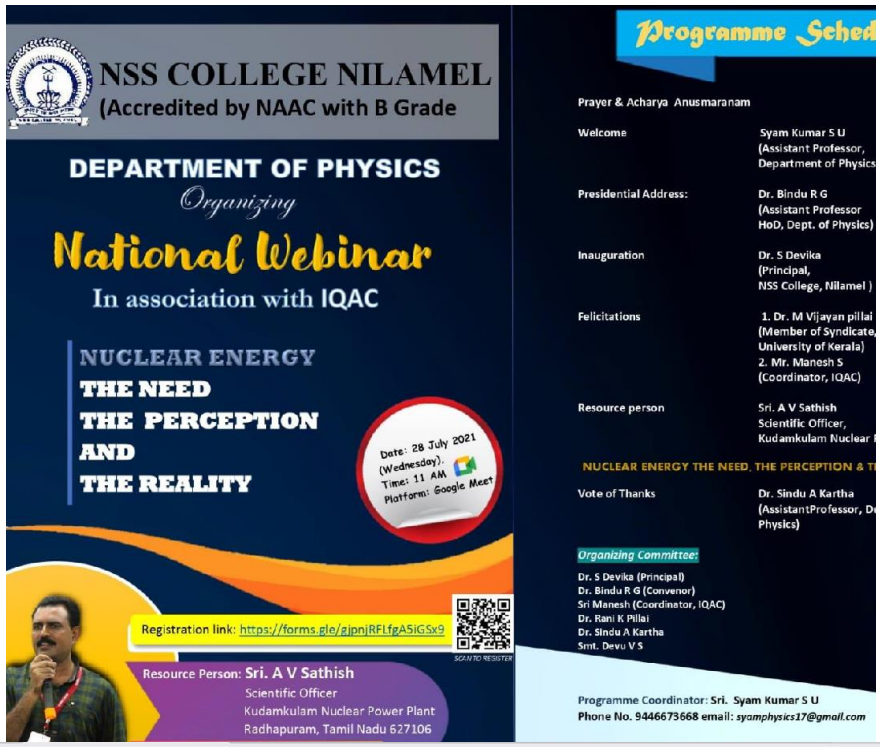
Department of Physics Activity Report, 2021-2022

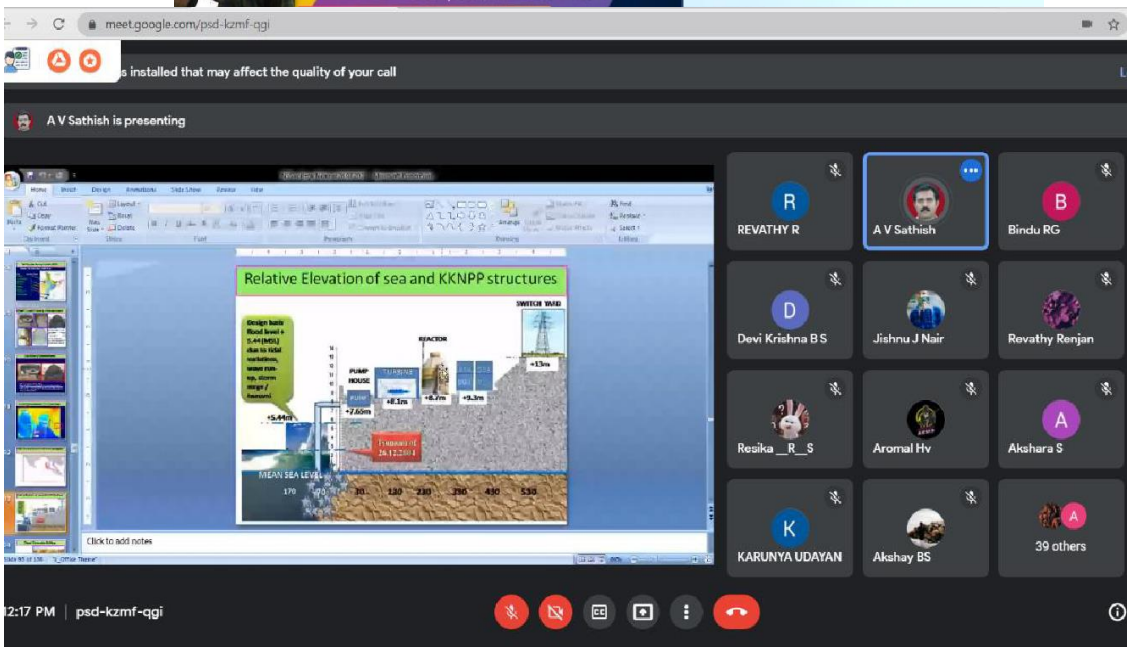
National Webinar

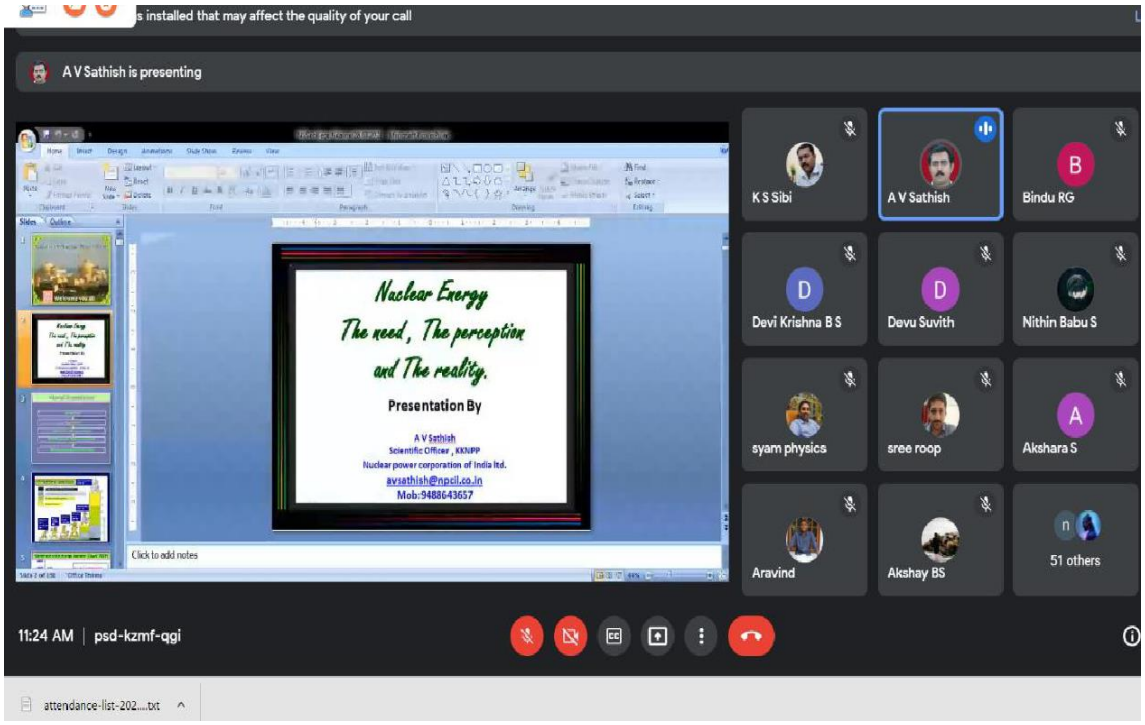
The Department of Physics N.S.S college, Nilamel organised a national webinar on 28/07/2021 at 11:00 am in google meet platform. Mr. Syam Kumar S U, Coordinator of the webinar, welcomed the gathering. The Presidential address was delivered by Dr Bindu R G, Head of the Department, Physics. Dr. S. Devika, Principal, officially inaugurated the webinar, followed by Sri. A V Sathish, Scientific Officer, Kudamkulam Nuclear Power Plant Radhapuram, Tamil Nadu, delivered the keynote address. The programme was felicitated by Dr. M Vijayan Pillai, Member of Syndicate, University of Kerala and Mr. Manesh S, Coordinator, IQAC. More than seventy participants attended the webinar including faculties from nearby colleges, research scholars and students.

The resource person focused more on the environmental challenges and the increase in demand of energy and the suitability of nuclear power production as an alternative option to use fossil fuels. It also stressed on the competitiveness of nuclear power compared to other power sources by considering its economic efficiency, environmental impact and implications for health. It concluded that nuclear energy is a viable option to serve in addition to and as a backup to renewable sources.

The main focus of the talk was on the advantages and disadvantages of nuclear power technology and concluded that there is a gap between reality and perception.

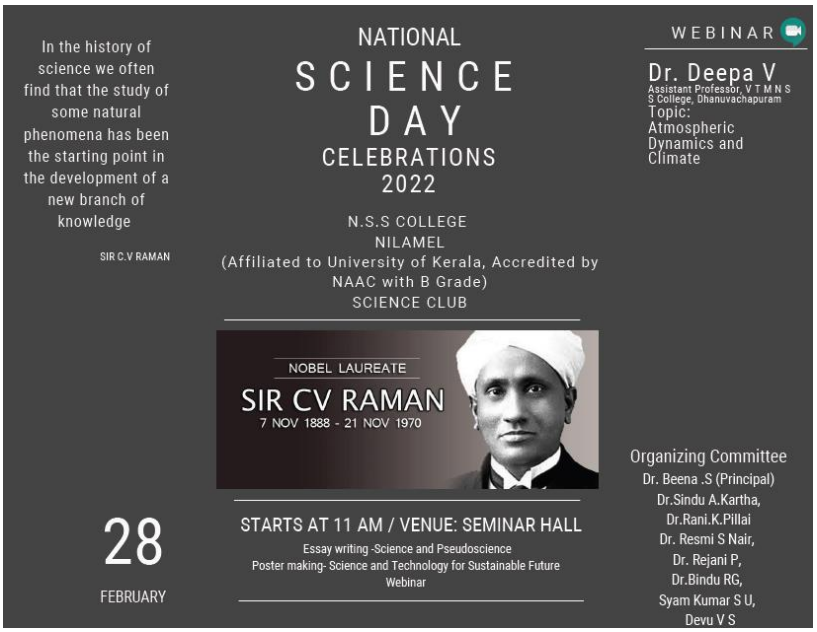

NSS COLLEGE NILAMEL
(Accredited by NAAC with B Grade
DEPARTMENT OF PHYSICS
Organizing
National Webinar
In association with IQAC
NUCLEAR ENERGY
THE NEED
THE PERCEPTION
AND
THE REALITY
Date: 28 July 2021 (Wednesday).
Time: 11 AM
Platform: Google Meet
Registration link: https://forms.gle/gjpnjRFLfgA5iGSx9
Resource Person: Sri. A V Sathish
Scientific Officer
Kudamkulam Nuclear Power Plant
Radhapuram, Tamil Nadu 627106
Programme Sched
Prayer & Acharya Anusmaranam
Welcome
Syam Kumar S U
(Assistant Professor,
Department of Physics
Presidential Address:
Dr. Bindu R G
(Assistant Professor
HoD, Dept. of Physics)
Inauguration
Dr. S Devika
(Principal,
NSS College, Nilamel)
Felicitations
1. Dr. M Vijayan pillai
(Member of Syndicate,
University of Kerala)
2. Mr. Manesh S
(Coordinator, IQAC)
Resource person
Sri. A V Sathish
Scientific Officer,
Kudamkulam Nuclear
NUCLEAR ENERGY THE NEED, THE PERCEPTION & T
Vote of Thanks
Dr. Sindu A Kartha
(AssistantProfessor, D
Physics)
Organizing Committee:
Dr. S Devika (Principal)
Dr. Bindu R G (Convenor)
Sri Manesh (Coordinator, IQAC)
Dr. Rani K Pillai
Dr. Sindu A Kartha
Smt. Devu V S
Programme Coordinator: Sri. Syam Kumar S U
Phone No. 9446673668 email: syamphysics17@gmail.com


meet.google.com/psd-kzmf-qgi
s installed that may affect the quality of your call
A V Sathish is presenting
Relative Elevation of sea and KKNPP structures
REVATHY R
A V Sathish
Bindu RG
Devi Krishna B S
Jishnu J Nair
Revathy Renjan
Resika __R__S
Aromal Hv
Akshara S
KARUNYA UDAYAN
Akshay BS
39 others
2:17 PM | psd-kzmf-qgi



Science day Celebration

National science day 2022 was celebrated in the college on February 28. Formal inauguration of the celebration was done by The Principal, Dr. Beena S. In association with Science club, Department of Physics celebrated science day by conducting college level Essay writing competition, Poster Presentation Competition and Invited talk.



1. Essay competition.

   The theme of the competition was “Science and Pseudoscience”. From various departments 15 students participated for the competition. Best essays were selected for first and second and third prizes

2.Poster Making

The topic given for poster making was “Science and Technology for Sustainable Future”. Students came up with various ideas, and all of them were excellent. Prizes were given for the best 4 posters.

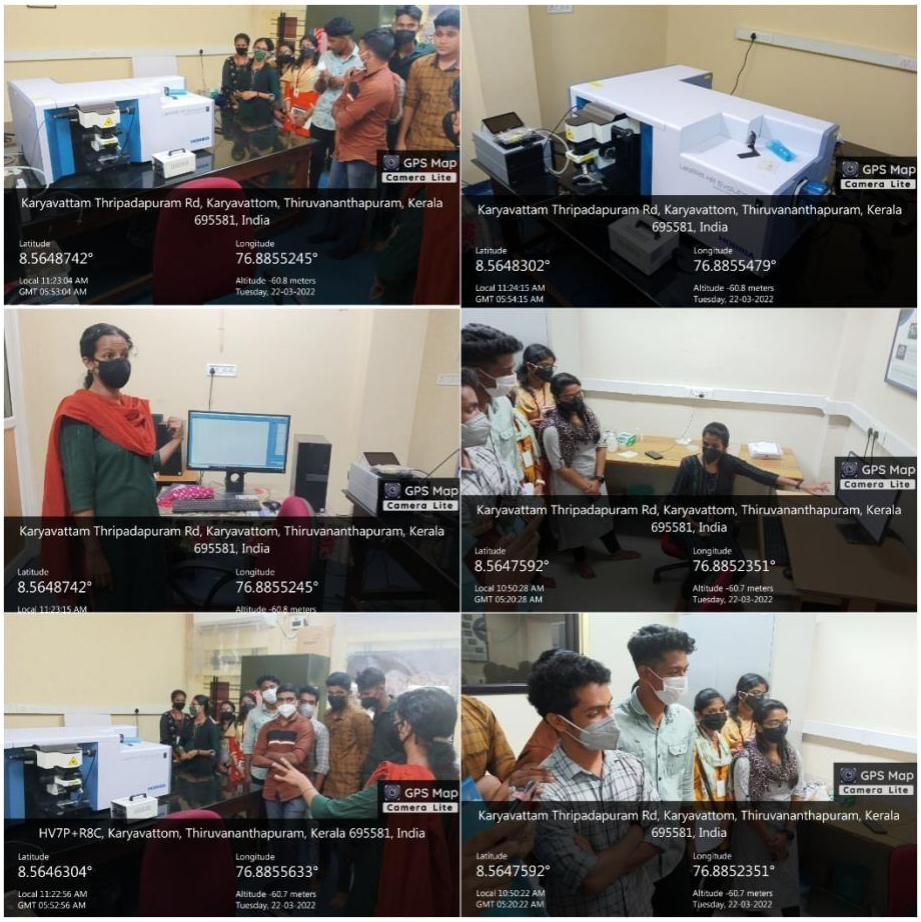
3. Webinar

The webinar was conducted on 05.03.2022, in connection with the NSD. Dr. Deepa V, assistant professor, V T M N S S College, Dhanuvachapuram has given an informative talk on the topic “Atmospheric Dynamics and Climate”. The programme was in Google platform. Dr. Rejani assistant professor, dept of Chemistry welcomed the participants and Principal Dr. Beena S presided over the function. The winners of the competitions were announced. The programme was concluded with vote of thanks proposed by the student representative, Ms. Shifana.

Tour Report 2021-2022

The study tour of the academic year 2021-2022 from the Department of Physics

NSS college Nilamel was conducted on 22/03/2022. A group of 22 students with 2 Staffs participated in the tour programme. The tour started at 8:00 am from the college and the first destination was Karyavattom campus and we reached there by 9:30 pm. The faculties of Karyavattom Campus showed the advanced experiments of Raman spectra, XRD and IR spectra. And after the interactive class by the Head of Physics, we all left from there by 12:00 pm. After the lunch at 12:45pm students visited the Lulu mall of Thiruvananthapuram and went to Veli tourist village by 3:30 pm. We saw the sunset and returned back to college at 7:00 pm on the same day.





International Webinar

The Department of Physics N.S.S college, Nilamel organised an International webinar on 24/03/2022 at 7:00 pm in google meet platform. Dr. Sindu A. Kartha, Coordinator of the webinar, welcomed the gathering. The Presidential address was delivered by Dr Bindu R G, Head of the Department, Physics. Dr. Beena S., Principal, officially inaugurated the webinar, followed by Dr.Prasanth Krishnan, Post Doc Researcher, Institute of Nuclear Physics, Polish academy of Sciences. Krakow, Poland delivered the keynote address.

The programme was felicitated by Dr. M Vijayan Pillai, Member of Syndicate, University of Kerala and Dr.Rani K.Pillai, Coordinator, IQAC. More than fifty participants attended the webinar including faculties from nearby colleges, research scholars and students.

The resource person focused on the topic "Understanding the Matter-Antimatter Asymmetry" in decays of measons containing a charm quark. He also focused on significant reduction of various Physics back grounds for the study of beauty meson decays.



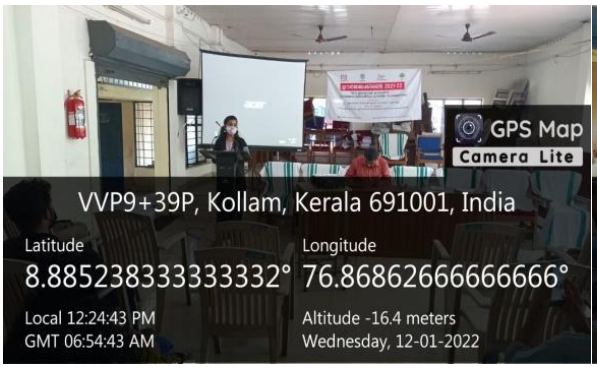
Department of Botany Activity Report, 2021-2022



Department of Botany organised a National seminar on "Recent advances in plant science" by Dr Beena Lawrence, Women's Christian College, Nagercoil, Kanyakumari (Dt)

Urjakiran 2022

Department of Botany, NSS College, Nilamel in association with Energy Management Centre and Centre for Environment and Development had conducted a webinar on Urjakiran in Chadayamangalam assembly constituency. The webinar was conducted on 12/01/2022 at Chadayamangalam Block Panchayath Karyalayam. The programme started at 10.30 am with prayer and Acharyanusmaranam. Presidential Address was given by Smt. Lathika (Block Panchayath President, Chadayamangalam). The programme was inaugurated by Dr.Beena.S (Principal, NSS College, Nilamel, Kollam) .The programme was felicitated by Dr.Rani.K.Pillai, IQAC Convenor. Classes were handled by resource person Dr. Biju.C Assistant Professor of Botany, S.N.College,Varkala.Teachers, Students and Kudumbasree members participated in the programme. Kumari Arpitha (S1 Botany Student) gave vote of thanks to the participants.


GPS Map
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VVP9+39P, Kollam, Kerala 691001, India
Latitude
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Longitude
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Local 12:24:43 PM
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Altitude -16.4 meters
Wednesday, 12-01-2022


GPS Map
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Altitude -23 meters
Wednesday, 12-01-2022

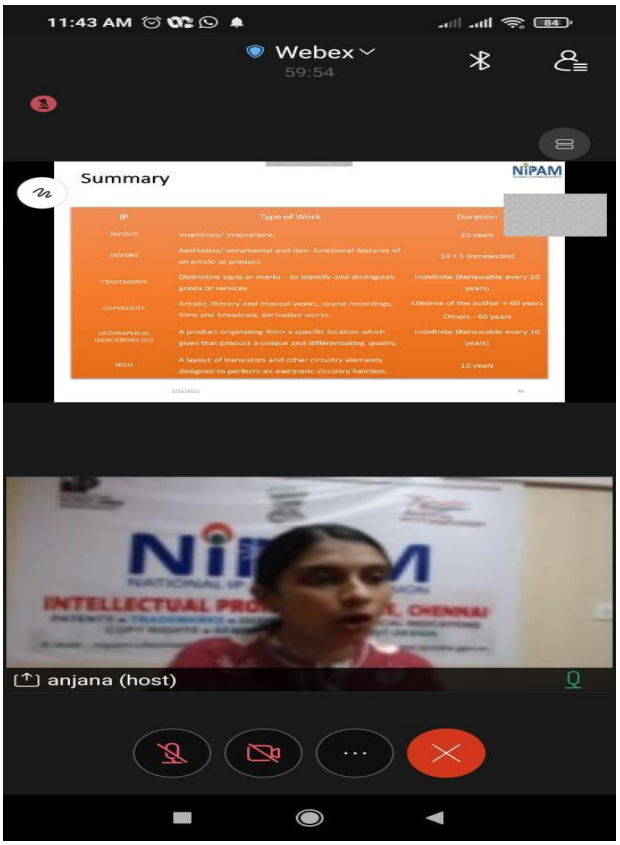

ഊർജ്ജ കിരൺ 2021–22
ഗോ ഇലക്ട്രിക് ക്യാമ്പയിൻ
2022 ജനുവരി 12 രാവിലെ 10.30 മണിക്ക്
ചടയമംഗലം ബ്ലോക്ക് പഞ്ചായത്ത് കാര്യാലയം
ഉദ്ഘാടനം : ഡോ.ബീന എസ്.
(പ്രിൻസിപ്പാൾ, എൻ.എസ്.എസ്. കോളേജ്, നിലമേൽ)
അദ്ധ്യക്ഷൻ : ശ്രീമതി.ലതിക
സംഘാടനം : ബോട്ടണി വിഭാഗം
എൻ.എസ്.എസ്. കോളേജ്, നിലമേൽ
കരുപരിപാടികൾ
സ്വാഗതം : ശ്രീമതി. ഗീതാ ആർ. നായർ
(വകുപ്പ് മേധാവി, സസ്യശാസ്ത്രവിഭാഗം, എൻ.എസ്.എസ്. കോളേജ്, നിലമേൽ)
അദ്ധ്യക്ഷ : ശ്രീമതി. ലതിക
(പ്രസിഡന്റ്, ചടയമംഗലം ബ്ലോക്ക് പഞ്ചായത്ത്)
ഉദ്ഘാടനം : ഡോ.ബീന എസ്.
(പ്രിൻസിപ്പാൾ, എൻ.എസ്.എസ്. കോളേജ്, നിലമേൽ)
വിഷയാവതരണം : ഡോ.ബിജു സി.
(അസിസ്റ്റന്റ് പ്രൊഫസർ, എസ്.എൻ.കോളേജ്, വർക്കല)
ആശംസകൾ : ഡോ.റാണി കെ. പിള്ള
(IQAC കോഡിനേറ്റർ, എൻ.എസ്.എസ്. കോളേജ്, നിലമേൽ)
നന്ദി : ഡോ.ശ്രീജ എസ്.
(അസിസ്റ്റന്റ് പ്രൊഫസർ, സസ്യശാസ്ത്രം വിഭാഗം, നിലമേൽ)


GPS Map
Camera Lite
VVP9+39P, Kollam, Kerala 691001, India
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Longitude
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Local 11:51:29 AM
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Altitude -24.3 meters
Wednesday, 12-01-2022


GPS Map
Camera Lite
VVP9+39P, Kollam, Kerala 691001, India
Latitude
8.885266666666666°
Longitude
76.868581666666666°
Local 11:51:29 AM
GMT 06:21:29 AM
Altitude -24.3 meters
Wednesday, 12-01-2022

WEBINAR- IPR

Department of Botany, NSS College, Nilamel in association with ED club conducted a webinar on Intellectual Property Rights on 25th February 2022 . This programme was jointly organized by Kerala State Council for Science, Technology and Environment – Intellectual Property Right Information Centre-Kerala (IPRIC-K) and Patent Office- Chennai, Department for Promotion of Industry and Internal Trade (DPIIT), Govt. of India. The students and teachers actively participated in the National Intellectual Property Awareness Mission (NIPAM) launched by the Govt.of India on the occasion of the 75 th anniversary of independence under the banner "Azadi Ka Amrit Mahotsav"to create widespread awareness on Intellectual Property Rights(IPR).Co-ordinator Smt. Geetha.R.Nair gave welcome to the programme. Our Principal Dr.Beena.S inaugurated the programme. The classes were handled by Dr.Anupama, Dr. Devipriya. M.S gave vote of thanks to the participants.



Skill Development Programme

On Wednesday 16/03/2022 Department of Botany conducted Horticultural practices like Budding, Layering and Grafting. Horticulture is the Science and art of production , marketing and use of high - value plants. It contributes to quality and the beauty of life , sustainability and rehabilitation of our environment. These techniques are used to join parts from two or more plants so that they appear to grow as a single plant . The main aim is to multiply plants identical to the parent plant. The classes were handled by Smt. Geetha.R.Nair, HOD Botany. This programme was meant for final year students.

Webinar

Department of Botany in association with Nature club and IQAC conducted a webinar on "The Amazing World of Green Plants" on 30th March 2022 @ 7.00 pm through Google Meet. The meeting started with prayer and Acharyanusmaranam. Dr. Sreeja Thankappan (Convenor, Nature Club) gave welcome to the guests and participants. The meeting was presided by Dr.Beena.S (Principal, NSS College, Nilamel). Chief Guest Dr.Sushama Raj.R.V.(Assistant Professor,VTMNSS College, Dhanuvachapuram) inaugurated the Webinar. Dr.M.Vijayan Pillai (Syndicate Member, University of Kerala) and Dr.Rani.K.Pillai (IQAC, Coordinator) felicitated the function. Classes were handled by Dr. Sushama. The topic was "Amazing World of Green Plants". Smt.Geetha.R.Nair (HOD,Botany) expressed her gratitude to the audience.

Nature Club, NSS College Nilamel
in association with IQAC
Organises a Webinar on

The Amazing World of Green plants



30th March 2022 @7 PM

https://meet.google.com/hbd-awvv-rxa

He who plants a tree... plants a hope
Lucky Larcome

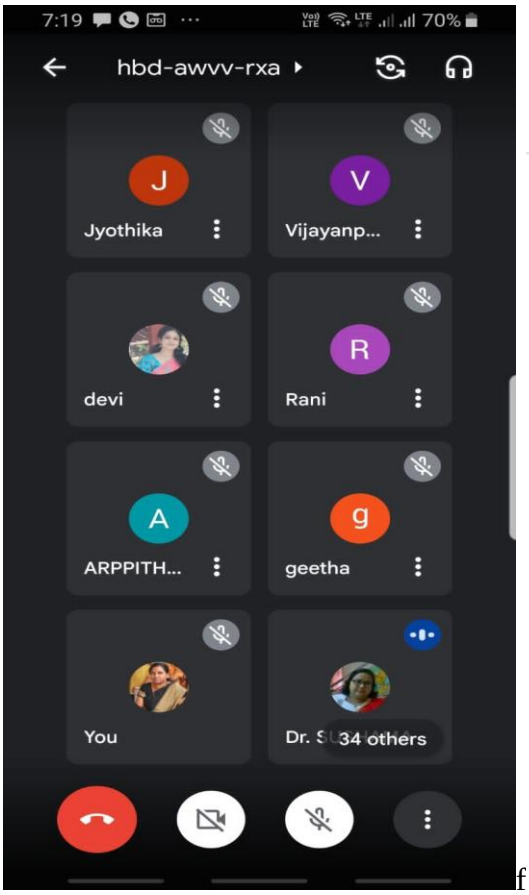
Programme Schedule

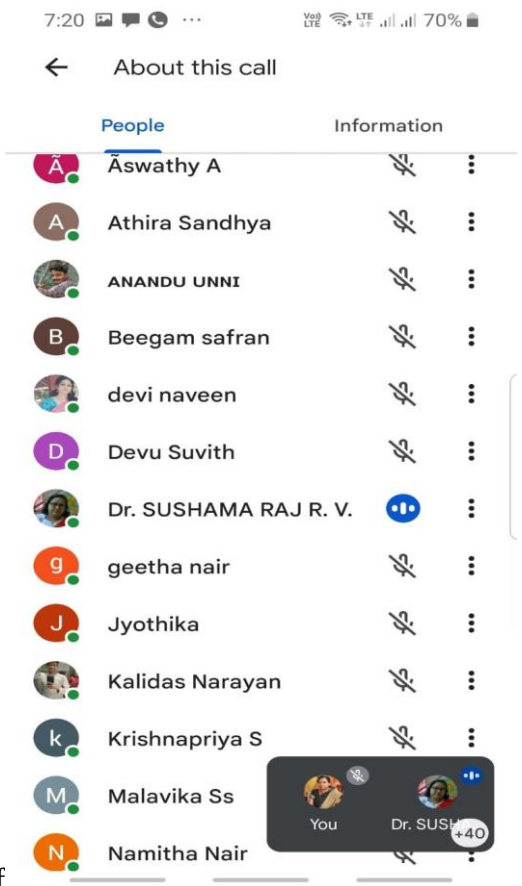
Prayer	
Welcome Address:	Dr Sreeja Thankappan (Convenor)
Presidential Address:	Dr Beena S (Principal, NSS College, Nilamel)
Inauguration & Inaugural Address	Dr Sushama Raj RV (Assistant Professor, VTMNSS College Dhanuvachapuram)
Felicitations:	Dr M Vijayan Pillai (Syndicate Member, University of Kerala & Council Secretary, NSS College Nilamel) Dr Rani K Pillai (IQAC Coordinator) Dr Rajesh R (PTA Secretary)
Keynote Address:	Dr Sushama Raj RV Assistant Professor Dept of Botany VTMNSS College Dhanuvachapuram
Vote of Thanks:	Smt Geetha R Nair (Head of the Department, Department of Botany NSS College Nilamel)

Organizing Committee

Dr Siji JV (Dept of Zoology)
Smt Geetha R Nair (HoD, Dept of Botany)
Dr Devipriya MS (Dept of Botany)
Dr Rani K Pillai (Dept of Physics)
Smt Devu VS (Dept of Physics)

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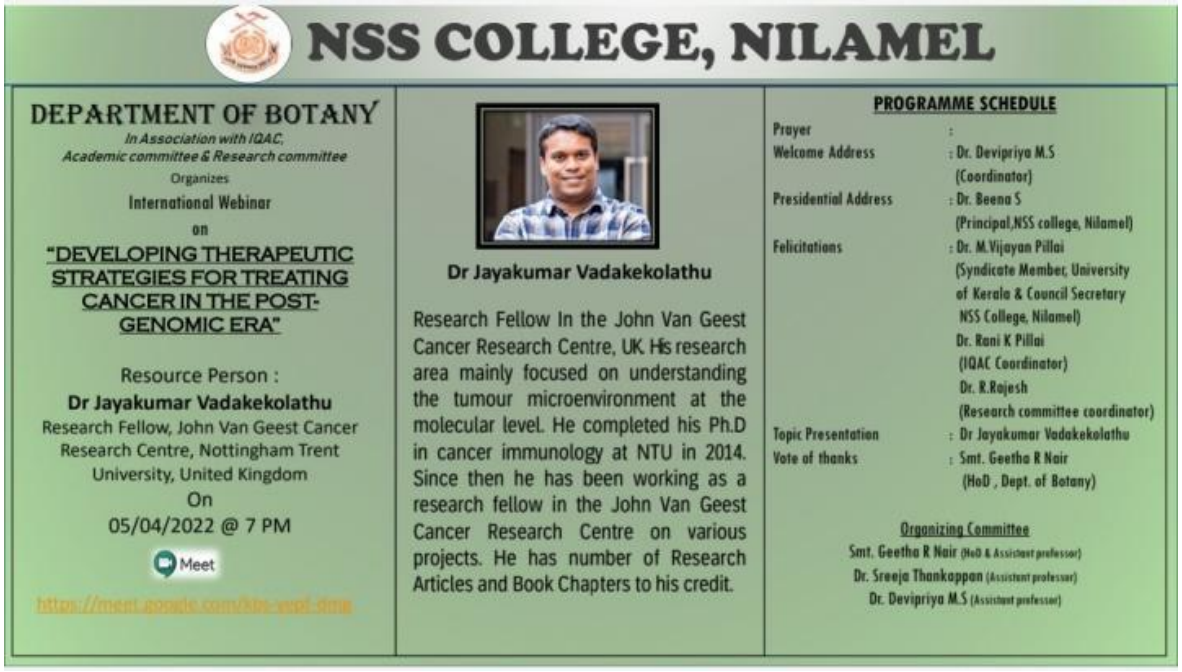




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International Webinar- On 05/04/2022

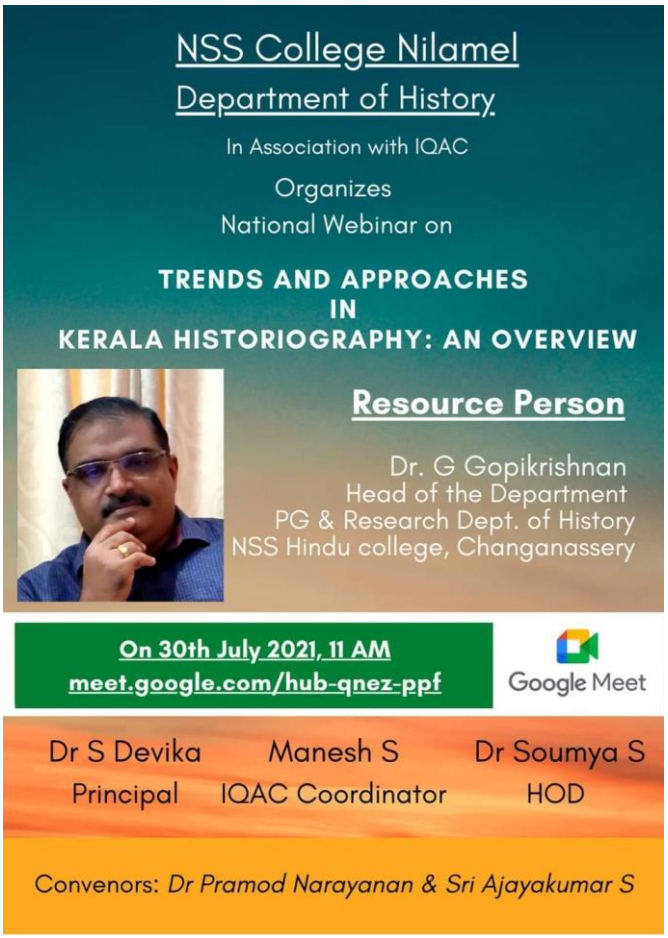
Department of Botany in association with Nature club and IQAC, Academic Committee and Research Committee organized an Inter National webinar on "Developing Therapeutic Strategies For Treating Cancer In The Post Genomic Era" on 5 th April 2022 @ 7.00 pm through Google Meet. The meeting started with prayer and Acharyanusmaranam. Dr. Devipriya. M.S. (Coodinator) gave welcome to the guests and participants. The meeting was presided by Dr.Beena.S (Principal, NSS College, Nilamel). Chief Guest Dr.Jayakumar Vadakekolathu (Research Fellow, John Van Geest Cancer Research Centre ,UK) inaugurated the Webinar. Dr.Rani.K.Pillai (IQAC, Coordinator) felicitated the function. Classes were handled by Dr. Jayakumar Vadakekolathu. The topic was "Developing Therapeutic Strategies for Treating Cancer In The Post Genomic Era". Smt.Geetha.R.Nair (HOD,Botany) expressed her gratitude to the audience.



Department of History, Activity Report 2021-22

Webinar

Department of History, NSS College Nilamel, in association with IQAC had organised a National Webinar on Trends and Approaches in Kerala Historiography : An Overview via Google meet at 11 am on 30 th August 2021. After the Presidential address by Dr.Soumya.S, HOD, Dept. of History, the Webinar was inaugurated by Dr.S.Devika, Principal, NSS College Nilamel and the Welcome speech was delivered by Sri.Ajayakumar.S, Asst. Professor, Dept. of History. The Resource person of the Webinar was Dr.G.Gopikrishnan,HOD, PG & Research Department of History, NSS Hindu College, Changanassery. After a brainstorming and informative session undertaken by the Resource person for about an hour, students who participated in the Webinar thereafter utilised the interactive session asking relevant questions based upon the Webinar topic. After the interaction session, IQAC Coordinator



Webinar

As part of the 75 week *'Swatantryathintae Amrita Mahotsavam'* celebrations being held in the state on the occasion of the 75th Anniversary of Independence, Department of History, NSS College Nilamel had organised a webinar on 13 September 2021, under the initiative of Kerala State Cultural Department and the Higher Education Department. The theme of the 30th week of the said celebration was the battle between Veluthambi Dalawa and the English army at the Kollam Ashramam in 1809. As per this theme, which was provided to us to conduct a programme, the Department of History thereby organised the webinar on the topic "Veluthambi Dalawa and Anti- British Struggle" at 11 am on 13th September 2021 via the Google Meet Platform.

The Resource person of the Webinar was Prof. V. Karthikeyan Nair, Director, Kerala Bhasha Institute, Thiruvnanthapuram. After the Presidential address by Dr.S.Soumya, HOD, Dept. of History, the Webinar was officially inaugurated by Dr.S.Devika, Principal, NSS College Nilamel and then the welcome speech was delivered by the Webinar Co-ordinator Dr. Pramod Narayanan, Asst. Professor, Dept. of History. After a brainstorming and informative session undertaken by the Resource person for about an hour, participants of the Webinar thereafter utilised the interactive session by asking relevant questions based upon the Webinar topic.

After the interaction session, Sri. Ajayakumar.S, Asst. Professor, Dept. of History had offered the Vote of Thanks and the Webinar was finally concluded around 12.30 pm.



2. Online Inter-Collegiate Quiz Competition

As part of the Independence Day Celebrations, Department of History has conducted an Inter-collegiate Quiz Competition via Google Meet on 15/08/2021 at 5pm. The competition was officially inaugurated by Principal Dr.S.Devika. Sri.Ajayakumar. S, Asst. Professor, Dept. of History co-ordinated the Quiz competition and he acted as the Quiz Master. Those who became the winners of the competition were Delna Raju, Rahna Shajahan and Abhijithmon Biju.





Seminars Conducted by other departments

Department of Malayalam	28.06.2021-സർഗ്ഗ സംവാദവും മാഗസിൻ പ്രകാശനവും, വിഷയാവതരണം - ഇന്ദു മേനോൻ 27/07/ 2021-ദേശീയ വെബിനാർ, മലയാള ഭാവനയും സാംസ്ക്കാരിക വിമർശനവും, വിഷയാവതരണം- ഡോ. ഒ.കെ. സന്തോഷ് 14/08/2021-ദേശീയ വെബിനാർ, സ്ത്രീയും അധികാര വ്യവസ്ഥയും,വിഷയാവതരണം-മൈന ഉമൈബാൻ 9/11/2021-ഏകദിന ശില്പശാല, ഗവേഷണ രീതി ശാസ്ത്രം,വിഷയാവതരണം-ഡോ.എൻ. അജയകുമാർ
Department of Mathematics	National webinar, Topic: Analysis, Resource Person : T. Renjith, Research Scholar, IISc Bangalore.

CAREER GUIDANCE CELL

Report for the Academic Year 2021-2022

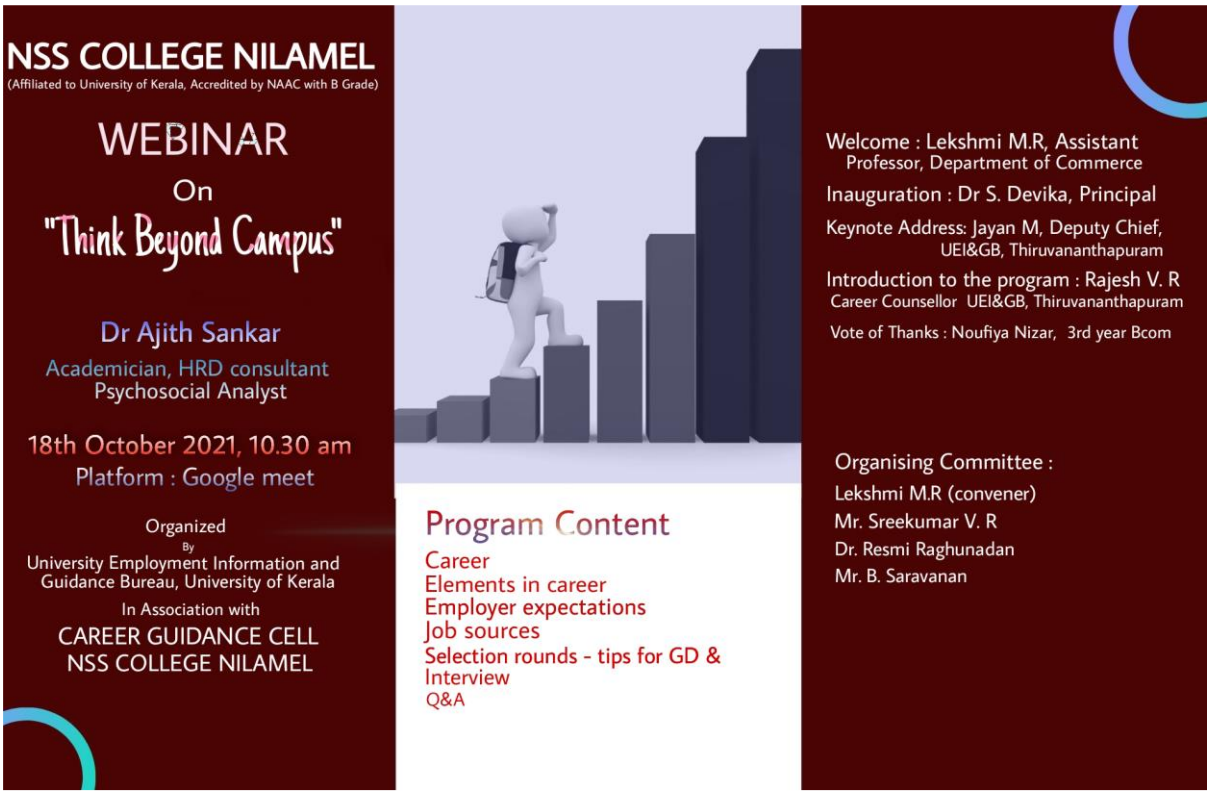
WEBINAR ON "THINK BEYOUND CAMPUS"

The real output of the students are achieved only when they are successful in their career. The webinar is an effort to identify the role of student to think beyond the purview of campus for their success. As a role, the career guidance cell organised a webinar on THINK BEYOUND CAMPUS in association with University Employment Information and Guidance Bureau, University of Kerala on 18/10/2021, MONDAY 10:30 AM.

Dr. S. Devika, Principal, NSS college Nilamel inaugurated the programme. Mr. Jayan M, Deputy Cheif, University Employment Information and Guidance Bureau, University of Kerala delivered the key note address.

Mr. Rajesh VR, Career Counsellor University Employment Information and Guidance Bureau, University of Kerala gave an introductory note to the programme.

The programme was held in Google Meet platform. There were 90 participants for the webinar from final year graduation students.



Report

10 DAYS NATIONAL LEVEL STTP ON

DIGITAL MARKETING FOR JOB SEEKERS AND ENTREPRENEURS

Career guidance cell, NSS College, Nilamel, Kollam in association with skills park finishing school private limited organized 10 days training on "Digital Marketing for Job Seekers and Entrepreneurs" from 21/10/2021 to 08/11/2021. The programme was conducted in Google Meet platform .

The welcome note was delivered by Lekshmi M R (Convenor). Assistant Professor, Department of Commerce

The programme was officially inaugurated by Dr.S Devika , Principal, N S S College, Nilamel.

Key note address delivered by the Chief Guest of the programme, Sri. Suhas P S , CEO, Skill spark The Finishing School pvt Ltd,Trivandrum.

The programme was felicitated by Dr. M Vijayan Pillai, Head and Associate Professor, Department of Malayalam , NSS College Nilamel and Member Syndicate University of Kerala.

Dr. Rani K Pillai., IQAC Co-ordinator, NSS College, Nilamel, felicitated the Programme.

The session was handled by Sri Shinu P Raj,Faculty Head (Digital Marketing) Skillspark The Finishing School pvt Ltd.

Member Career guidance cell Sri. B Saravanan, Assistant Professor, Department of Mathematics , N S S College, Nilamel**,** delivered the vote of thanks.

CAREER GUIDANCE CELL
N.S.S COLLEGE, NILAMEL

10 Days National Level STTP ON "DIGITAL MARKETING"

Programme Schedule

21st October 2021, 3.45 pm Platform : Google Meet

Prayer & Acharyanusmaranam

Welcome : Lekshmi M. R, Convenor
Career Guidance Cell

Inauguration: Dr. S. Devika, Principal

Key Note Address : Mr. Suhas .P.S, CEO
Skillspark The Finishing School

Felicitation : Dr. M. Vijayan Pillai, Syndicate
Member University of Kerala & Council Secretary
: Dr. Rani .K. Pillai, IQAC Coordinator

Vote Of Thanks : Mr. B. Saravanan, Assistant
Professor, HOD Maths Department

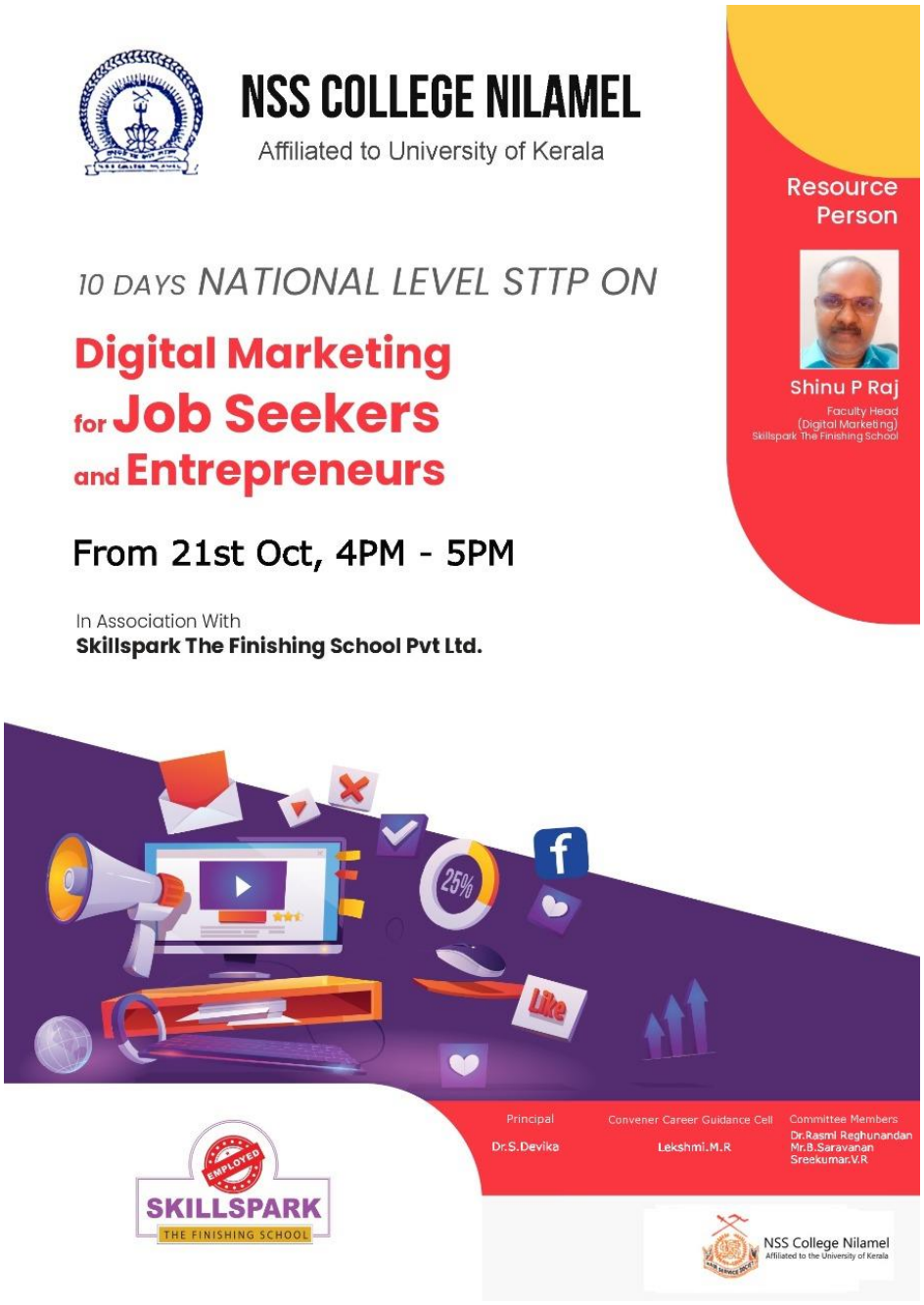
CERTIFICATE OF PARTICIPATION

This Certificate is awarded to Miss.Soorya.V.A

For participation in 10 Days National Level STTP on **DIGITAL MARKETING** conducted by **Skillspark The Finishing School Pvt Ltd** from 2021 October 21st in association with **NSS College, Nilamel**

Coordinator	*Resource Person*	*CEO*
Lekshmi.M.R	**Shinu P Raj**	Suhas PS

www.skillspark.training



Report

Webinar on "Career of a Defence Service Officer & Way of Life in Services"

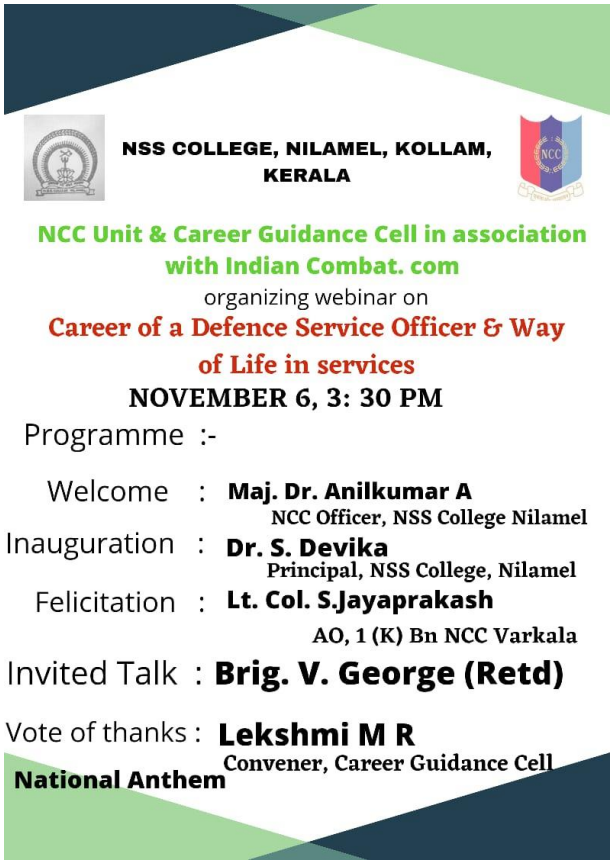
NCC UNIT & CAREER GUIDANCE CELL
N S S COLLEGE NILAMEL
in Association with
INDIAN COMBAT.COM

NCC unit & Career Guidance Cell NSS College Nilamel in association with INDIAN COMBAT.COM organized one day webinar on" Career of a Defence Service Officer & way of Life in Service" 6th Nov 2021 on Google meet platform. The welcome note was delivered by Major Dr. Anilkumar A , NCC Officer, NSS College Nilamel. The programme was officially inaugurated by Dr. S Devika, Principal, NSS College, Nilamel.

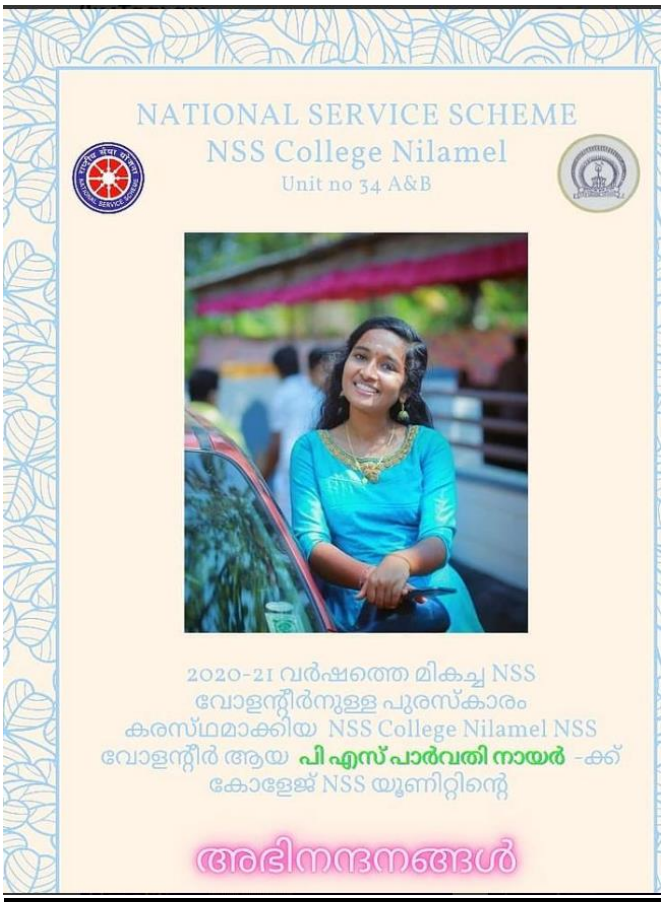
The programme was felicitated by Lt. Col. S Jayprakash, AO, 1(K) Bn, NCC, Varkala.

. Technical session was handled by **Brig. V George (Retd)**

The Co-ordinator of the Programme Lekshmi MR (Convenor) , Assistant Professor, Department of Commerce, NSS College, Nilamel, delivered the vote of thanks.



<u>NSS Activity Report, 2021-2022</u>



BEST NSS Volunteer of University of Kerala-

PS Parvathy Nair, NSS College Nilamcl

NATIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL
UNIT NO:34 A&B

സാന്ത്വനം

ബഹുമാന്യരെ,

നിലമേൽ എൻ എസ് എസ് കോളേജിലെ നാഷണൽ സർവീസ് സ്കീമിൽ നിന്നും പിറവി കൊണ്ട സാന്ത്വനം പാലിയേറ്റിവ് കെയർ യൂണിറ്റ്, നിലമേൽ PHC യുടെ കീഴിലുള്ള നിർധനരായ കിടപ്പു രോഗികളുടെ കുടുംബാംഗങ്ങൾക്ക് ഒരു സഹായമെന്നോണം ഭക്ഷ്യധാന്യ കിറ്റ് വിതരണം ചെയ്യുകയാണ്. എൻ എസ് എസ് ദിനമായ സെപ്റ്റംബർ 24 നു സെമിനാർ ഹാളിൽ വച്ച് നടക്കുന്ന ഈ പരിപാടിയിലേക്ക് എല്ലാ സുമനസ്സുകളെയും സാദരം ക്ഷണിക്കുന്നു.

വിശ്വാസപൂർവ്വം

Dr ദേവിക S
(പ്രിൻസിപ്പാൾ)

Dr രശ്മി R R
(പ്രോഗ്രാം ഓഫീസർ)

വോളന്റിയർ സെക്രട്ടറി

യശ്വന്ത് R ലാൽ

P S പാർവതി നായർ

കാളിദാസ് N U

കല്യാണി രാജ്

കാര്യപരിപാടികൾ

സ്ഥലം : സെമിനാർ ഹാൾ
സമയം : രാവിലെ 9:30

എൻ എസ് എസ് ഗീതം : വോളന്റിയർസ്

അധ്യക്ഷ. : Dr രശ്മി R R
(പ്രോഗ്രാം ഓഫീസർ)

സ്വാഗതം : ആരതി G
(വോളന്റിയർ ക്യാപ്റ്റൻ)

ഉദ്ഘാടനം: **Dr C** ജയകുമാർ
(പ്രിൻസിപ്പാൾ ഇൻചാർജ്)

സഹായ വിതരണം: **Dr M** വിജയൻ പിള്ള
(സിൻഡിക്കേറ്റംഗം,
കേരള സർവകലാശാല**)**

ആശംസ. : ആദർശ് V
(JHI നിലമേൽ PHC)

കൃതജ്ഞത : കാളിദാസ് N U
(വോളന്റിയർ സെക്രട്ടറി)

NATIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL
UNIT NO: 34A&B

സാന്ത്വനം

ഭക്ഷ്യധാന്യ കിറ്റ് വിതരണം
24/09/2021



NATIONAL SERVICE SCHEME

NSS COLLEGE NILAMEL

UNIT NO: 34A&B



OCTOBER 2

NATIONAL SERVICE SCHEME

NSS COLLEGE NILAMEL

UNIT NO:34A&B

ONLINE QUIZ COMPETITION

BASED ON

INDEPENDENCE OF WOMEN FROM DOWRY

500/- FIRST PRIZE

250/- SECOND PRIZE

PLATFORM: GOOGLE FORM

AUGUST 16,2021 3:00 PM

ENTRY FEES: 10/-

GUIDELINES

The link will be provided at 3 pm on 16 August 2021.

The link will be open for 10 minutes only.

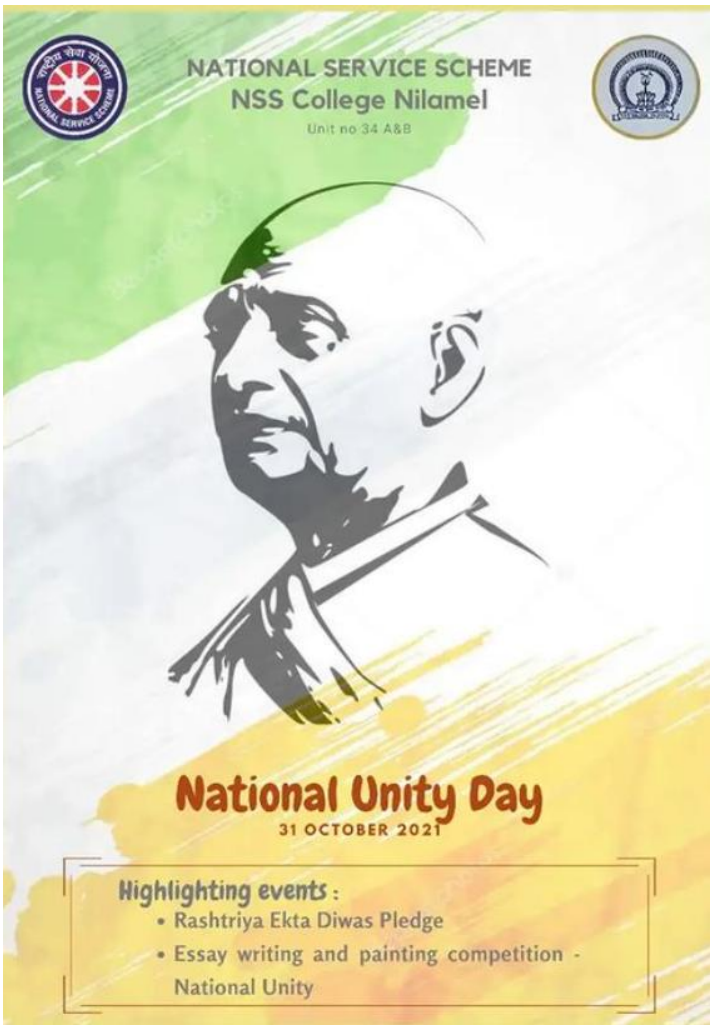
Late submissions won't be entertained

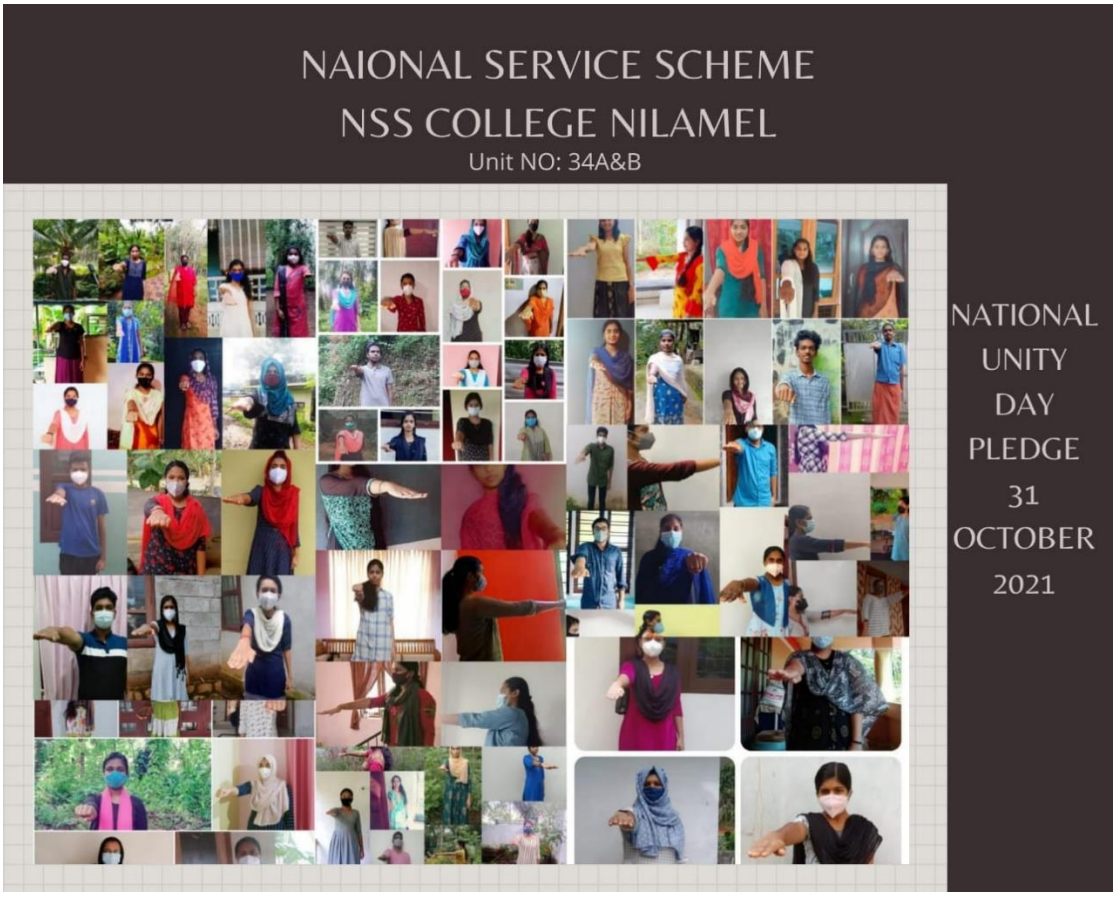
GPAY: 9495515105

FOR ENQUIRY:

KALIDAS: 9495515105

GOKUL: 9446176737


NATIONAL SERVICE SCHEME
NSS College Nilamel
Unit no 34 A&B
National Unity Day
31 OCTOBER 2021
Highlighting events :
• Rashtriya Ekta Diwas Pledge
• Essay writing and painting competition - National Unity


NAIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL
Unit NO: 34A&B
NATIONAL UNITY DAY PLEDGE 31 OCTOBER 2021

NATIONAL SERVICE SCHEME

NSS COLLEGE NILAMEL

UNIT NO: 34A&B

ഗൃഹ സന്ദർശനം

പാലിയെറ്റിവ് കെയറിന്റെ കീഴിൽ ഉള്ള 3 കിടപ്പു രോഗികളുടെ വീട്ടിൽ 28/09/2021 നു സന്ദർശിച്ച് അവർക്കു ആവശ്യമായ ഭക്ഷ്യധാന്യങ്ങളും മറ്റും നൽകി.



NATIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL
UNIT NO: 34A&B

SEP 26

CYCLE BRIGADE



NATIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL

UNIT NO: 34 A&B

POS POSS GLOBAL TALK
EPISODE 51
JULY 30 FRIDAY

നാടകാന്തം ജീവിതം

PARTICIPANTS:

Sreedevi Jayakumar
Arathy G
Anagha Ashok
Anupriya A S
Arathy Babu
Kalidas N U
Nafiya Nazar
Kallyani Raj
Devika balachandran
Greeshma S L
Abhinand G S
Lekshmi k Nair
ALFIYA S



GENDER SENSITISATION PROGRAMME

Mahila Shakti Kendra

NSS College Nilamel
Affiliated to the University of Kerala

Government of Kerala
Women & Child Development Department

Gender Sensitization Training Programme

(Gender Relation, Gender & Law)

for students of
NSS College, Nilamel
On 02 August 2021, 3 PM



Introduction
Ms. Sreekutty C A
District Coordinator
DLCW - Kollam



Inauguration
Mrs. GeethaKumari. S
District Women & Child Development Officer, Kollam



Welcome
Dr. Rasmi R R
NSS Programme Officer
NSS College, Nilamel

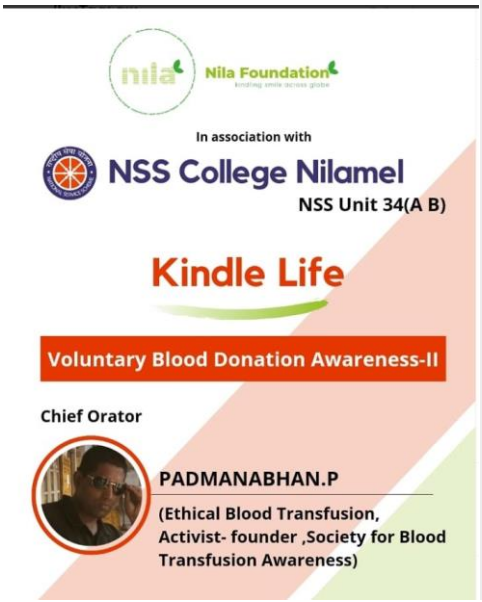


Resource Person
Sri. TM Shihab
Gender Consultant

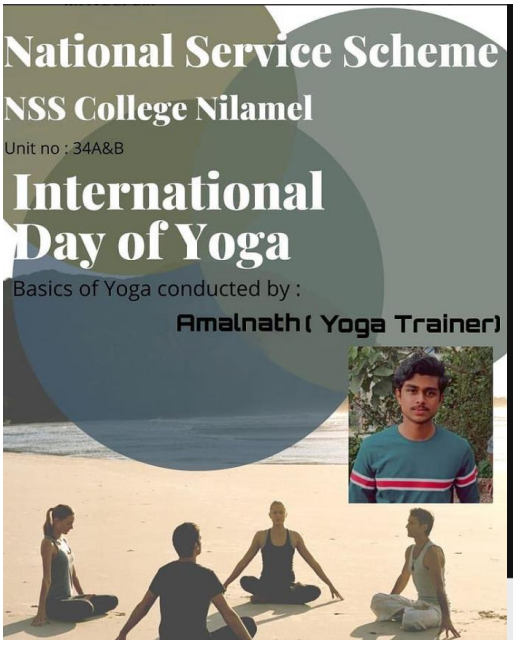


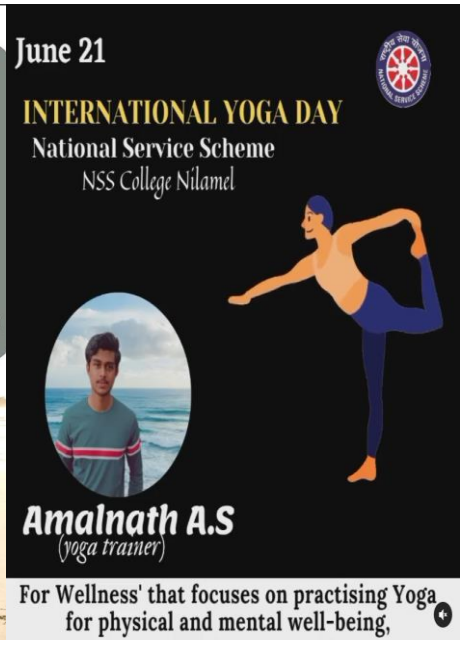
Vote of Thanks
Ms. Kalyani Raj
NSS - Student Representative

Blood Donor Day (June 14th) and International Yoga Day (June 21st)











World Environment Day June 6th, 2021



Sepetmber 5 - Teachers Day.

In the wake of coronavirus pandemic, all the schools have been closed for the last few months. With online classes, volunteers and teachers celebrated Teachers' Day 2021 virtually.

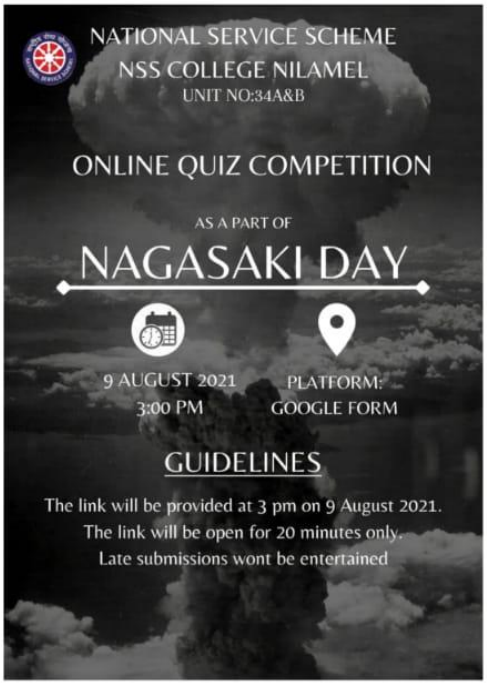
Programmes were conducted for 5 days with university level and college level competitions. There were speech competitions, Writing competitions and many more. Every competitions were having winners and reasonable gifts.

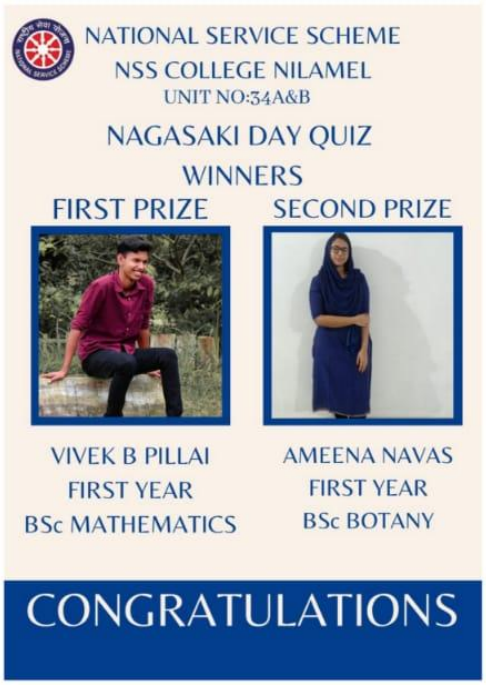


9 AUGUST – NAGASAKI DAY

Nagasaki Day is observed on 9 August. On this day US dropped an atomic bomb on the Nagasaki city of Japan in 1945 during World War II. The first bomb was dropped on the city of Hiroshima and the second was dropped on Nagasaki on 9 August which killed around 74,000 people or more.

there were quiz conducted in the college based on the general knowledges about nagasaki and it's history.





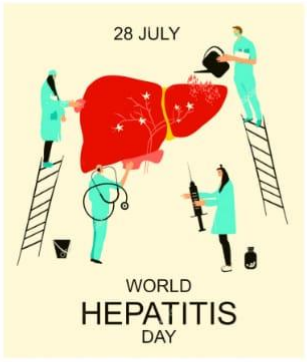
JULY 27 – WORLD HEPATITIS DAY

Hepatitis is inflammation of the liver. Inflammation is swelling that happens when tissues of the body are injured or infected. It can damage your liver. This swelling and damage can affect how well your liver functions.

On the day, there was an online brochure competition held based on the topic 'Hepatitis Awarness'. Through the making of brochure the volunteers became aware of hepatitis, it's causes, symptoms, risks etc.

NATIONAL SERVICE SCHEME
NSS COLLEGE NILAMEL
Unit no 34 A&B





DON'T NEGLECT YOUR HEALTH, IT IS YOUR DUTY TO GO FOR A CHECKUP

ORIENTATION CLASS

When you're being selfless, you're thinking of other people before yourself. Selfless is the opposite of selfish.

If you're selfless, you think less about your self, and more about others — you're generous and kind. Being selfless is similar to being altruistic — another word for giving to others without looking for personal gain. If you give time, money, or things to other people without expecting something in return, that's selfless.

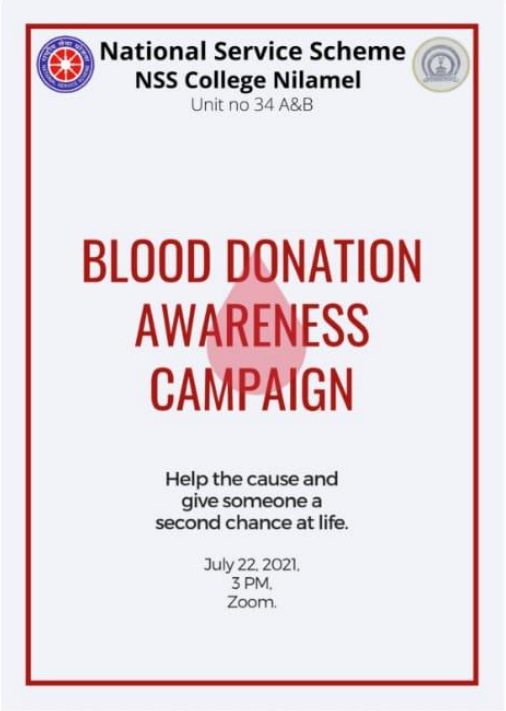
There were classes held for students based on സഹജീവനം - A programme for supporting people from miserable conditions.



JULY 22 - BLOOD DONATION AWARNESS

An occasional check up on your blood quality could be the key to spotting a health issue before it becomes life-threatening. Donation of blood saves a lots of lives around us.

there was a class held by officials of nila foundation about the importance, functions, our doubts on blood donations, it sanity and more. there were 82 volunteers present and many of them agreed to give blood voluntarily to a person in need.



14th November Children's Day

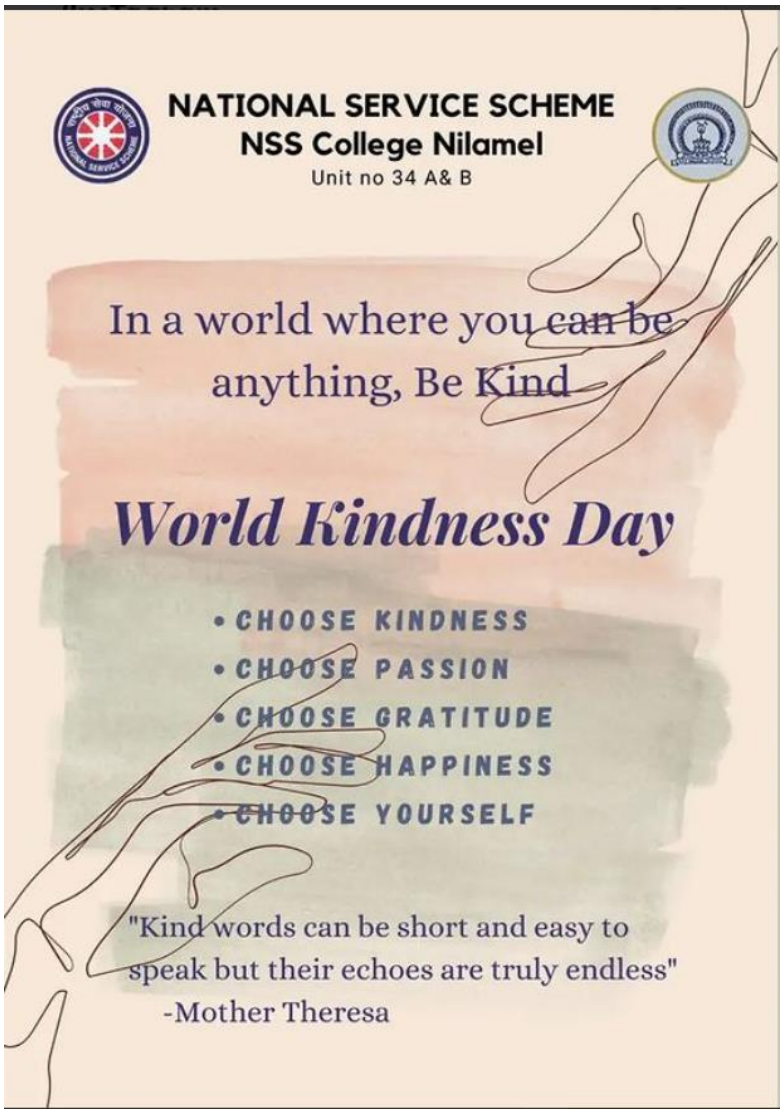
Children’s Day is celebrated on 14 November every year on the birthday of the First Prime Minister of India, Pandit Jawaharlal Nehru. Known as 'Chacha Nehru' among children. Nehru advocated for children to have all-rounded education that would build a better society in the future. Nehru considered children as real strength of a nation and foundation of society.

As part of Children’s Day, National service scheme of NSS College Nilamel conducted action song, Speech on Jawahar Lal Nehru and Fancy dress for school children



13th November -World Kindness Day 2021

World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day, celebrated on November 13 of each year, is to help everyone understand that compassion for others is what binds us all together. This understanding has the power to bridge the gap between nations



Keraleeyam- Kerala Piravi Day- 1st November 2021





Report on Inauguration of Health Club, Academic year 2021-2022

Webinar topic- Menstrual Health & Hygiene: Myths & Facts

Dr. Remya Madhavan

Health club Convenor, NSS College, Nilamel

16-11-2021

The activities of the Health Club, NSS College Nilamel for the academic year 2021-2022 was formally inaugurated on 13-11-2021 (November 13, 2021, Saturday). The inauguration was done by Dr Amina S Kabeer, Senior Lecturer, Obstetrics and Gynecology, Sree Avitam Thirunal Hospital, Medical College, Thiruvananthapuram by presenting the inaugural webinar on ***Menstrual Health & Hygiene: Myths & Facts.*** The gender sensitized programme was relevant in the backdrop of girls and women being ignorant regarding menstrual health and hygiene in the Indian context. Women health as well maternal and child health are the two

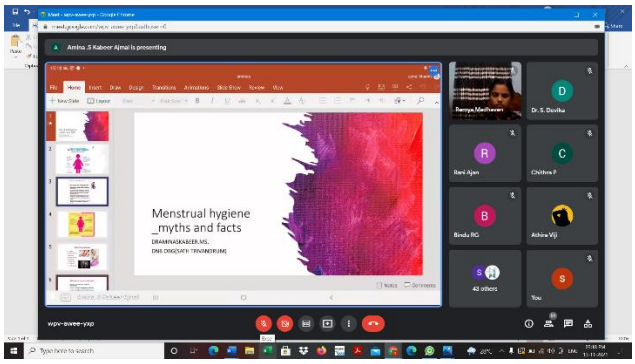
defining factors of the National Health Policy. In fact menstrual cycle being an indispensable factor in a female life, classes and discussions regarding the topic has gained momentum in the present age. Period talk is no longer a taboo.

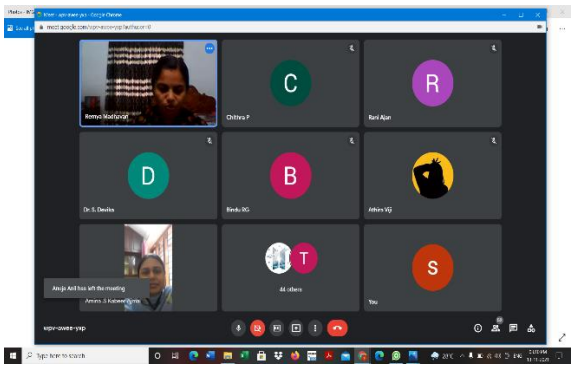
The programme started with a message by Dr. S. Devika, Principal, NSS College, Nilamel and was presided over by Dr. Remya Madhavan, Health Club Convenor. The welcome address was delivered by Dr. J.A. Sindhu Rani (Associate Professor and Head, Dept of Biochemistry). Felicitations were done by Dr. M.Vijayan Pillai, (Head, Research and PG Dept. of Malayalam & Member, Syndicate, University of Kerala) Council Secretary and Dr. Rani K Pillai (Assistant Professor, Dept. of Physics) IQAC Coordinator. The vote of thanks was expressed by Dr. Chithra P. (Assistant Professor, Dept. of Commerce). The programme was also attended by Dr. Resmi Raghunandan (Assistant professor and Head, Dept. of Chemistry) Coordinator, Women Cell, NSS College, Nilamel as well by the female faculty of the Department of Zoology. About 75 female students including member students of Women Cell, NSS College, Nilamel marked participation in the event.

The programme organizing committee comprised club convenor Dr. Remya Madhavan (Assistant Professor, Dept. of Zoology) and club members, Dr. J.A. Sindhu Rani (Associate Professor and Head, Dept of Biochemistry), Dr. Anila L. (Assistant professor, Dept of Biochemistry), Dr. Bindu R.G. (Assistant Professor and Head, Dept. of Physics) and Dr. Chithra P. (Assistant Professor, Dept. of Commerce).

The presenter discussed the immense necessity of body hygiene and various health practices to be adopted during mensuration. The students were introduced to a wide array of renewable as well non renewable sanitary napkins and substitute products which could also be accessed by financially weaker students. The programme concluded with an interactive session by the students and the speaker whereby students gained priceless advices regarding the topic.







Women's Cell Activities, 2021-22

WOMEN CELL of NSS College Nilamel functions with the objective of empowering the girl students to face with confidence the challenges of life. It aims at making women aware of their rights and duties. The unit enables the students to become the responsible women of tomorrow. It also provides a platform for women to share their experiences/views about gender inequalities, their status in society and suggest ways to empower themselves. The cell also helps them to shoulder responsibility with greater confidence, commitment, efficiency and effectiveness.

Objectives of Women Cell

• To encourage greater participation and to develop responsible and value-oriented leadership in women students.

• To enhance the self-esteem and self-confidence among women students, faculty and staff in the college.

• To provide training for women so that they become empowered in their young age thereby making them self- sustainable in the society.

• To promote intellectual and cultural activities for the overall personality development of students.

• To equip the students to the maximum for the betterment of the society.

Report of Women's Cell Inauguration and Lecture, 2021-22

Topic: **Gender and Justice**

Speaker: Dr Bettymol Mathew

Date: 10/11/2021 Time 10.30am

A meeting of Womens' cell members was organised on 3rd November at 1 pm. The meeting decided to start the functioning of the club by an inauguration followed by lecture. It was decided to conduct a webinar on Gender equality. Women Cell coordinator and members suggested Dr Bettymol Mathew as the speaker for the inaugural lecture. All the members of Women's cell attended the meeting which was conducted at Dept of Malayalam. A confirmation of the talk was given by Dr Bettymol Mathew and she also informed that she will give a talk on Gender equality and Justice.



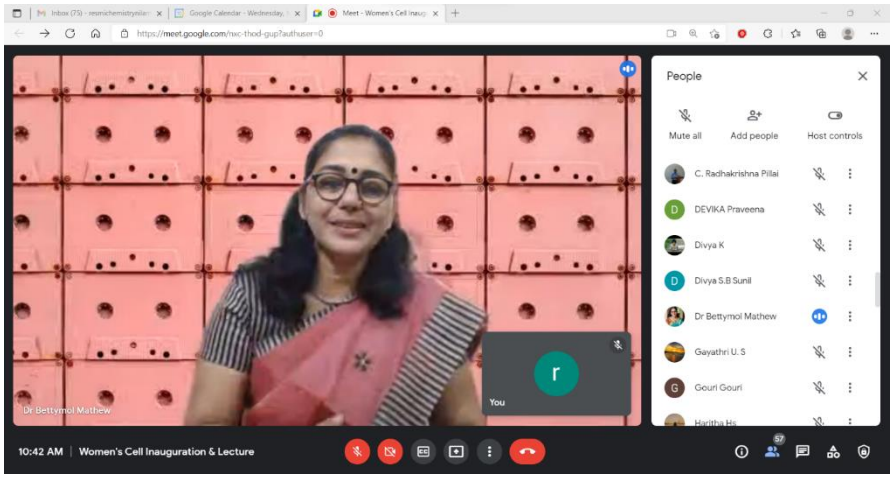
A brief report of the function held online through google meet at 10. 30 am on 10-11- 2021 under the auspice of the Women's Cell, NSS College, Nilamel.

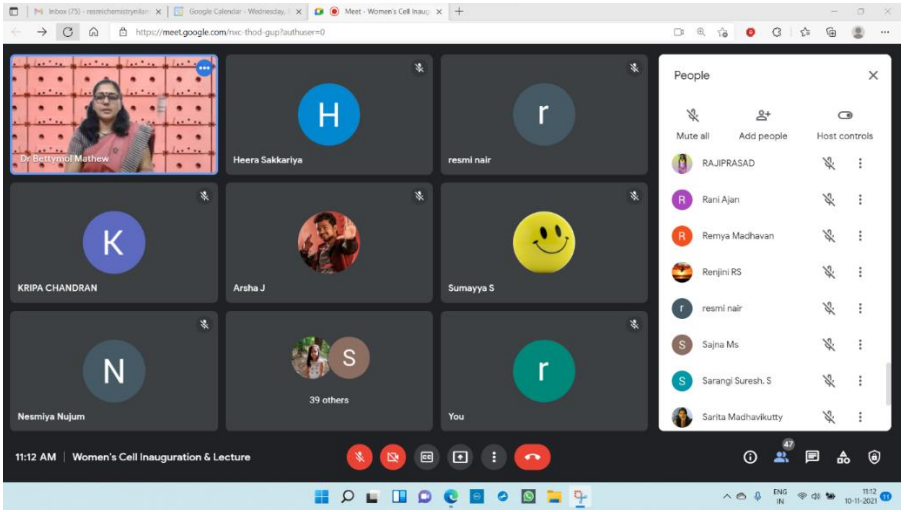
The activities of the Womens Cell, NSS College Nilamel for the academic year 2021-2022 was formally inaugurated on 10-11-2021. The inauguration was done by Dr Bettymol Mathew, Associate Professor and Head, VTMNSS Dhanuvachapuram, Thiruvananthapuram by presenting the inaugural webinar.

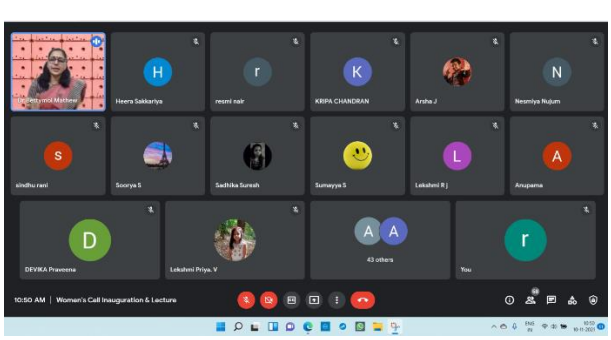
The programme organizing committee comprised club convenor Dr Resmi Raghunandan (HoD , Dept of Chemistry),) and club members Dr Asha RI (Dept of Malayalam), Dr Sangeetha SL (Dept of Malayalam), Dr Resmi SR Nair (Dept of Zoology), Dr Remya Madhavan (Dept of Zoology), Dr Sreeja Thankappan (Dept of Botany) and Mrs Devu MS(Dept of Physics).

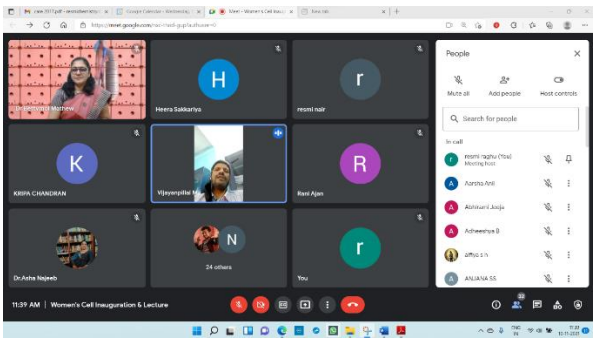
The meeting started with a prayer by Kripa Chandran (II MA Malayalam). The welcome address was delivered by Dr. Resmi S R Nair (Assistant Professor, Dept of Zoology). The programme started with a message by Dr. S. Devika, Principal, NSS College, Nilamel followed by presidential address by Dr. Resmi Raghunandan, Women's Cell Convenor. Chief Guest Dr Betty Mol Mathew, Teacher and Writer inaugurated the Women's club and gave the lecture on Gender Equality and Justice. She mentioned about various inequalities that is still prevailing in the society. She also throwed light into several issues and made them realise about the

circumstances they are currently facing in the society. Felicitations were done by Dr. M.Vijayan Pillai, (Head, Research and PG Dept. of Malayalam & Member, Syndicate, University of Kerala) Council Secretary and Dr. Rani K Pillai (Assistant Professor, Dept. of Physics) IQAC Coordinator, and Rani Balachandran (student representative). The vote of thanks was given by Gayathri US. (Dept of Economics). The whole programme was anchored by Kum Heera Sakkariya (Dept of English). The programme came to an end at 11.45 am. About 60 student members of Women Cell, NSS College, Nilamel marked participation in the event.

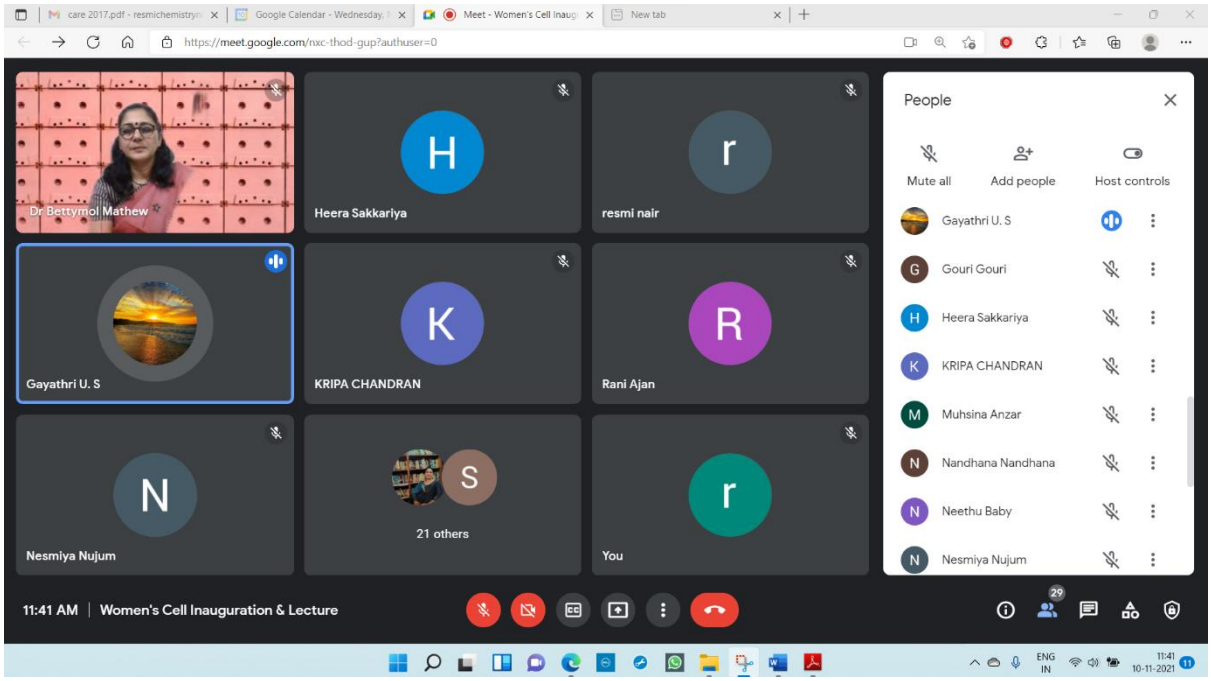








FELICITATION BY Dr Vijayan Pillai (College Council Secretary)

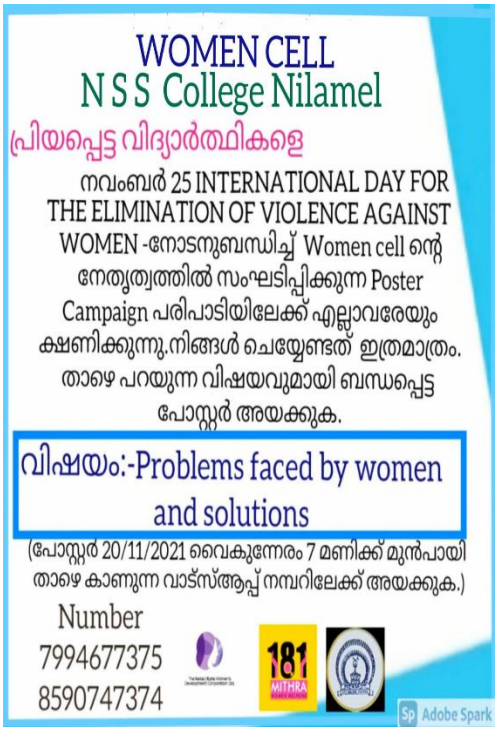


VOTE OF THANKS BY GAYATHRI US

Report of International Day for the elimination of violence against Women

Women's Cell of NSS College took initiative to conduct a Poster campaign " on Problems faced by Women and its solutions" as part of International Day for the elimination of violence against Women. Lot of students participated in the programme and photo collage and video .


NSS College Nilamel
WOMEN CELL
Poster campaign
NOV 25 INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN
Dear friends,please make posters and send it along with your photo to these numbers :8590747374 :79946 77375
(NB:BOTH ENGLISH AND MALAYALAM ENTRIES ARE ACCEPTED)
PLEASE SUBMIT YOUR WORKS BEFORE 20/11/2021
reach


WOMEN CELL
N S S College Nilamel
പ്രിയപ്പെട്ട വിദ്യാർത്ഥികളെ
നവംബർ 25 INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN -നോടനുബന്ധിച്ച് Women cell ന്റെ നേതൃത്വത്തിൽ സംഘടിപ്പിക്കുന്ന Poster Campaign പരിപാടിയിലേക്ക് എല്ലാവരേയും ക്ഷണിക്കുന്നു.നിങ്ങൾ ചെയ്യേണ്ടത് ഇത്രമാത്രം. താഴെ പറയുന്ന വിഷയവുമായി ബന്ധപ്പെട്ട പോസ്റ്റർ അയക്കുക.
വിഷയം:-Problems faced by women and solutions
(പോസ്റ്റർ 20/11/2021 വൈകുന്നേരം 7 മണിക്ക് മുൻപായി താഴെ കാണുന്ന വാട്സ്ആപ്പ് നമ്പറിലേക്ക് അയക്കുക.)
Number
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8590747374
Adobe Spark


181 MITHRA WOMEN HELPLINE
NSS COLLEGE NILAMEL
WOMEN CELL
Nov 25-International Day For The Elimination Of Violence Against Women
She is a Woman, She is a Mother, she is a Daughter she is a Wife, she is a Sister
RESPECT FEMALE
PROBLEMS FACED BY WOMEN AND SOLUTIONS
INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN
FREE OF SEXUAL VIOLENCE ON WOMEN
Save from violence
STOP!
"TOGETHER WE CAN CHANGE OUR CULTURE FOR THE BETTER BY ENDING VIOLENCE AGAINST WOMEN AND GIRLS. ARTISTS HAVE A UNIQUE POWER TO CHANGE MINDS AND ATTITUDES AND GET US THINKING AND TALKING ABOUT WHAT MATTERS. AND ALL OF US, IN OUR LIVES, HAVE THE POWER TO SET AN EXAMPLE. JOIN OUR CAMPAIGN TO STOP.
EDUCATE A GIRL AND SHE CAN CHANGE THE WORLD
Don't Abuse Take Your Wife
POSTER CAMPAIGN

Report of Antidowry Day

The Kerala Government has directed to observe November 26 as anti-dowry day with special focus to students in schools and colleges. On this day, The Women Cell of NSS college conducted an antidowry pledge on Dowry prohibition day to reiterate that the practice of giving and receiving dowry is illegal.



Antidowry pledge

<u>Report of the pledge taken on "sthreekalkkethireyulla athikramakangal avasanippichukondu lokathu mattangal shrushttikkuka" as part of the VICTIM RIGHT CENTRE' Kerala high court legal service society</u>

The Kerala High Court legal service society has taken a new initiative to start VICTIM RIGHT CENTRE to stop atrocities against girls and Women. In order to start this project formally, they had declared 09/12/2021 to take pledge on “sthreekalkkethireyulla athikramakangal avasanippichukondu lokathu mattangal shrushttikkuka” by the college students at 11 AM.

The students, faculty members and non-teaching staff of NSS College Nilamel actively participated in the pledge at 11.00 am

















Report of talk on 181 Mithra Women Helpline

Topic: **181 Mithra Women Helpline**

Speaker: Adv Divya MA, Date: 30/11/2021 Time 3pm

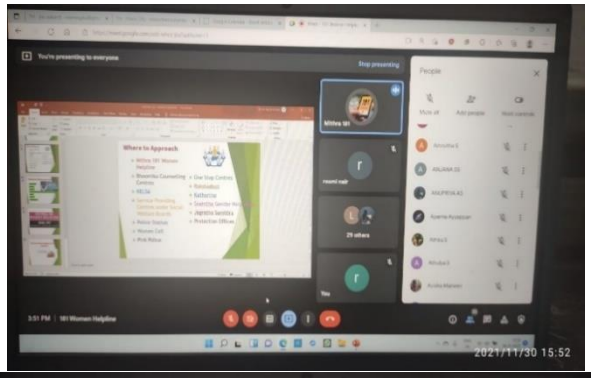
A brief report of the function held online through google meet at 3pm on 30-11- 2021 under the auspice of the Women's Cell, NSS College, Nilamel.

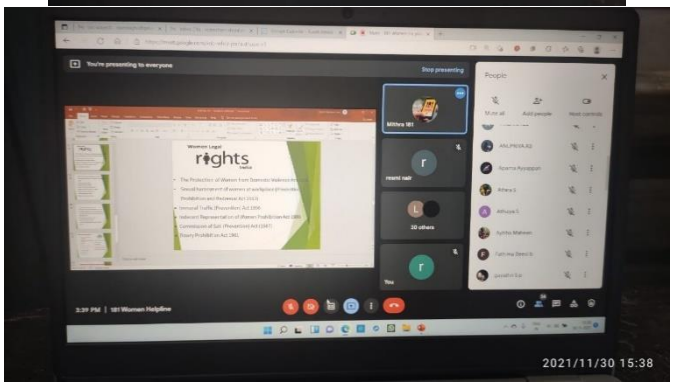
The programme organizing committee comprised club convenor Dr Resmi Raghunandan (HoD , Dept of Chemistry),) and club members Dr Asha RI (Dept of Malayalam), Dr Sangeetha SL (Dept of Malayalam), Dr Resmi SR Nair (Dept of Zoology), Dr Remya Madhavan (Dept of Zoology), Dr Sreeja Thankappan (Dept of Botany) and Mrs Devu MS(Dept of Physics).

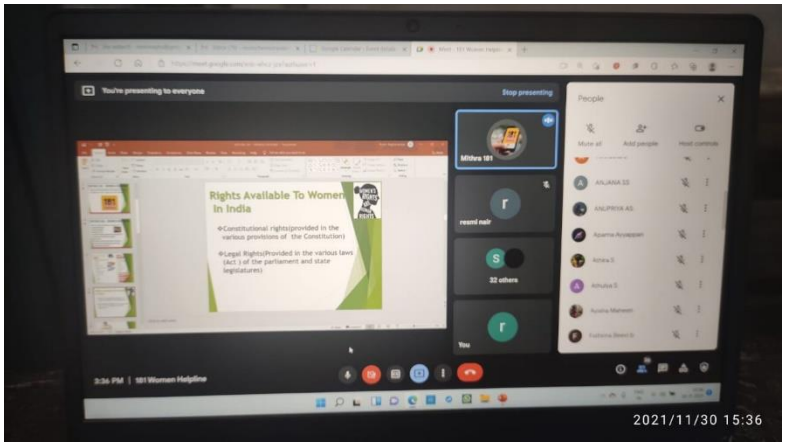
The meeting started with a silent prayer. The welcome address was delivered by Dr. Resmi S Nair (Assistant Professor, Dept of Zoology). The programme was presided by Dr. Resmi Raghunandan, Women's Cell Convenor. The programme was inaugurated by Dr. S. Devika, Principal, NSS College, Nilamel . The key note address was given by Adv Divya MA.

She mentioned about various women related issues that is still prevailing in the society. She also throwed light into various support procided by Government for Women. Felicitation were done by Dr. M.Vijayan Pillai, (Head, Research and PG Dept. of Malayalam & Member, Syndicate, University of Kerala) Council Secretary and Dr. Rani K Pillai (Assistant Professor, Dept. of Physics) IQAC Coordinator. The vote of thanks was given by Anjana SS. (Dept of Economics). The whole programme was anchored by Kum Heera Sakkariya (Dept of English). The programme came to an end at 4.30pm. About 46 student members of Women Cell, NSS College, Nilamel marked participation in the event.









Talk on 181 Mithra Women Helpline via Google meet conducted by Women Cell

Report of webinar on Women Rights and the Law

Topic: **Women Rights and the Law**

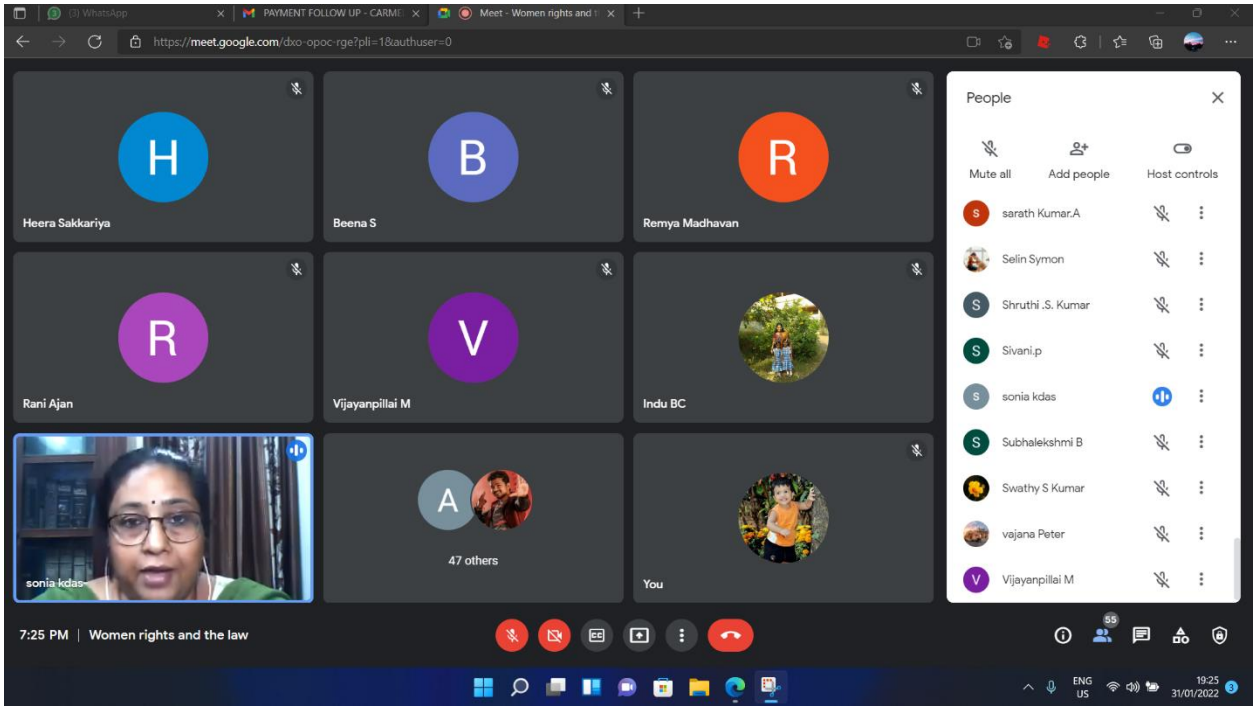
Speaker: Adv Sonia K Das, Date: 31/01/2022 Time 7pm

A brief report of the function held online through google meet at 7pm on 31/01/2022 under the auspice of the Women's Cell, NSS College, Nilamel.

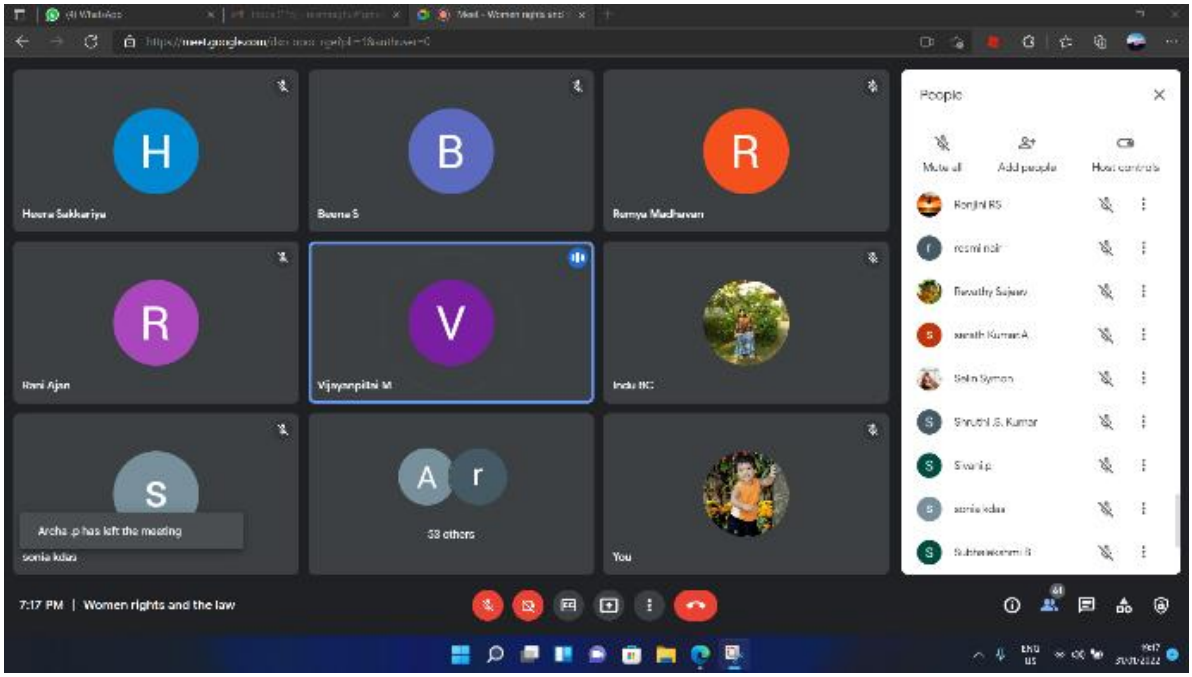
The programme organizing committee comprised club convenor Dr Resmi Raghunandan (HoD , Dept of Chemistry), and club members Dr Asha RI (Dept of Malayalam), Dr Sangeetha SL (Dept of Malayalam), Dr Resmi SR Nair (Dept of Zoology), Dr Remya Madhavan (Dept of Zoology), Dr Sreeja Thankappan (Dept of Botany) and Mrs Devu MS (Dept of Physics).

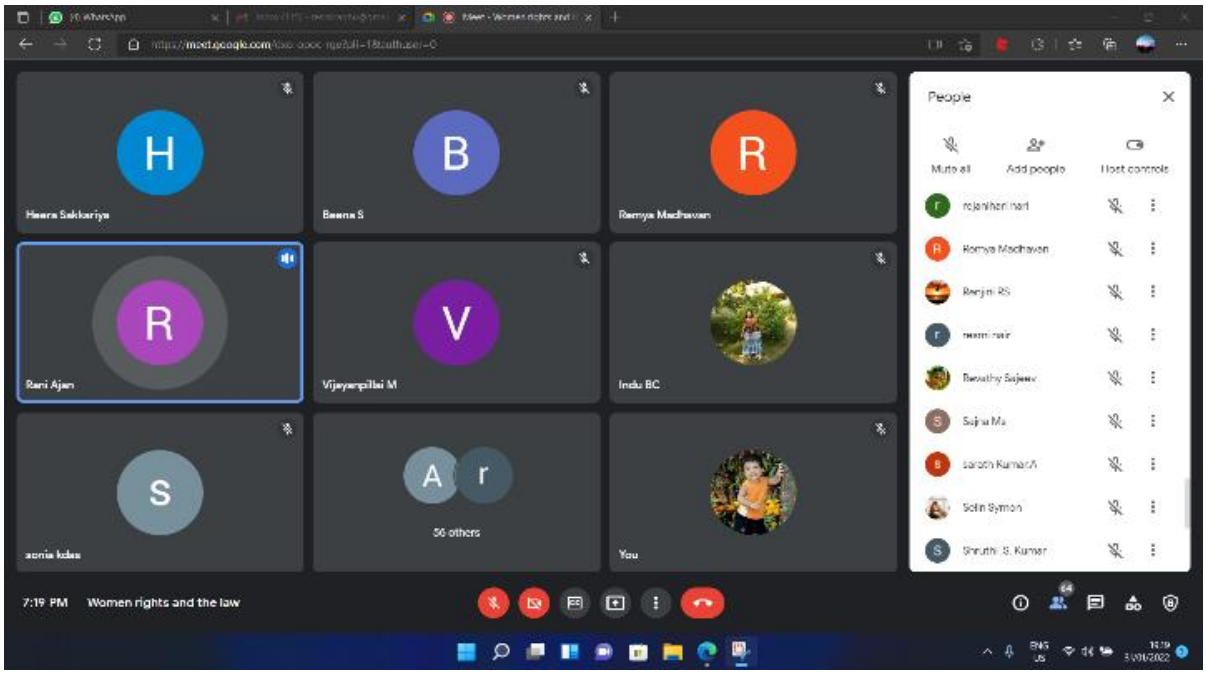
The meeting started with a silent prayer. The welcome address was delivered by Dr. Resmya Madhavan (Coordinator, Assistant Professor, Dept of Zoology). The programme was presided by Dr. Resmi Raghunandan, Women's Cell Convenor. The programme was inaugurated by Dr. S. Beena, Principal, NSS College, Nilamel . The key note address was given by Adv Sonia K Das, Associate Professor, Govt Law College, Thrissur.

She mentioned about various women related laws. She also throwed light into laws to support Women. Felicitation were done by Dr. M.Vijayan Pillai, (Head, Research and PG Dept. of Malayalam & Member, Syndicate, University of Kerala, College Council Secretary) and Dr. Rani K Pillai (IQAC Coordinator). The vote of thanks was given by Anjana SS. (Dept of Economics). The whole programme was anchored by Kum Heera Sakkariya (Dept of English). The programme came to an end at 8.30pm. About 55 student members of Women Cell, NSS College, Nilamel marked participation in the event.



Keynote Address by Adv Sonia K Das





Felicitations by Dr Vijayan Pillai and Dr Rani K Pillai

Glimpses of Women@Science- A Reel of the web posters done by our I UG Chemistry students to commemorate international day for Women and Girls in Science

Report of webinar on Ikigai: A Pedagogy for Happiness and Positive Mental Framework

Speaker: Dr Gaythri Devi MS, Date: 04/03/2022 Time 7pm

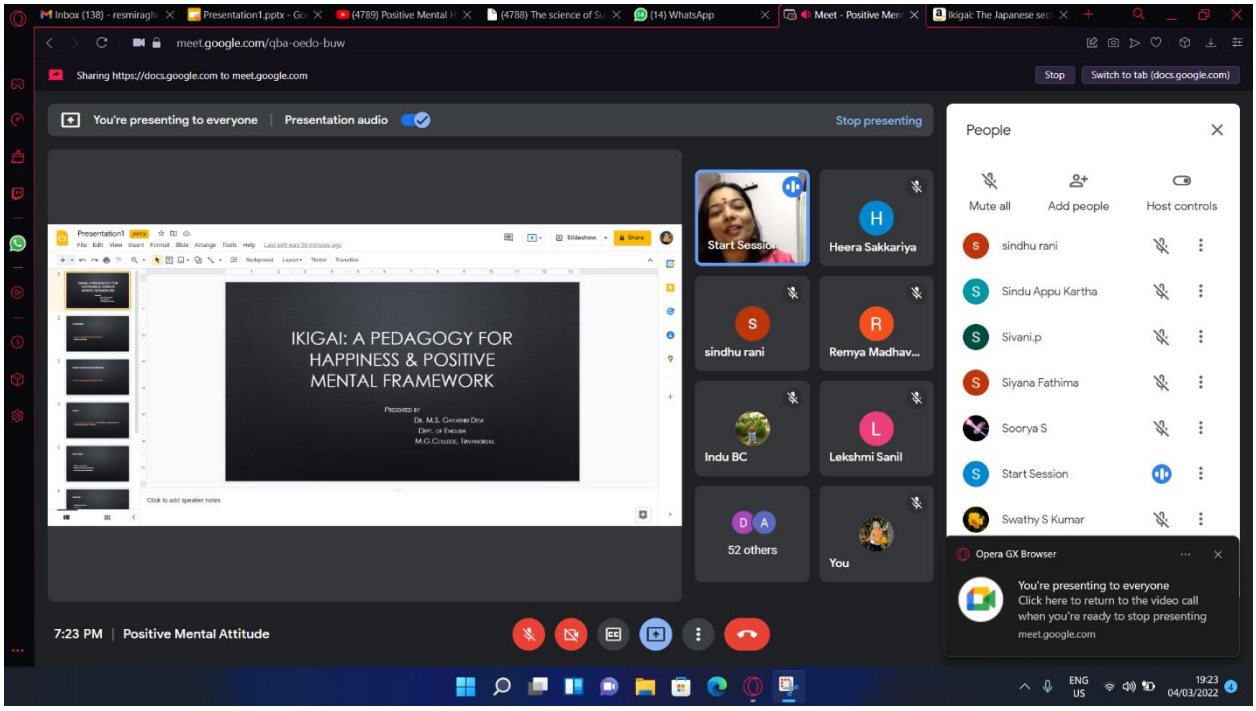


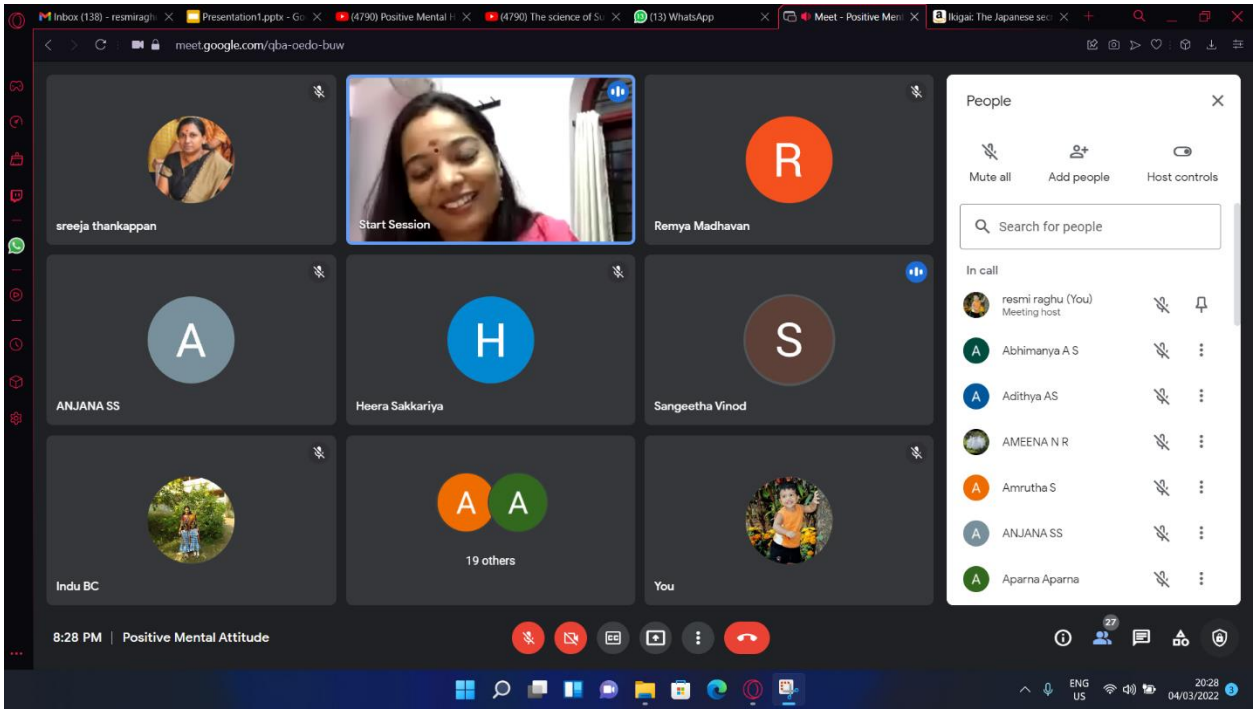
A brief report of the function held online through google meet at 7pm on 04/03/2022 under the auspice of the Women's Cell, NSS College, Nilamel.

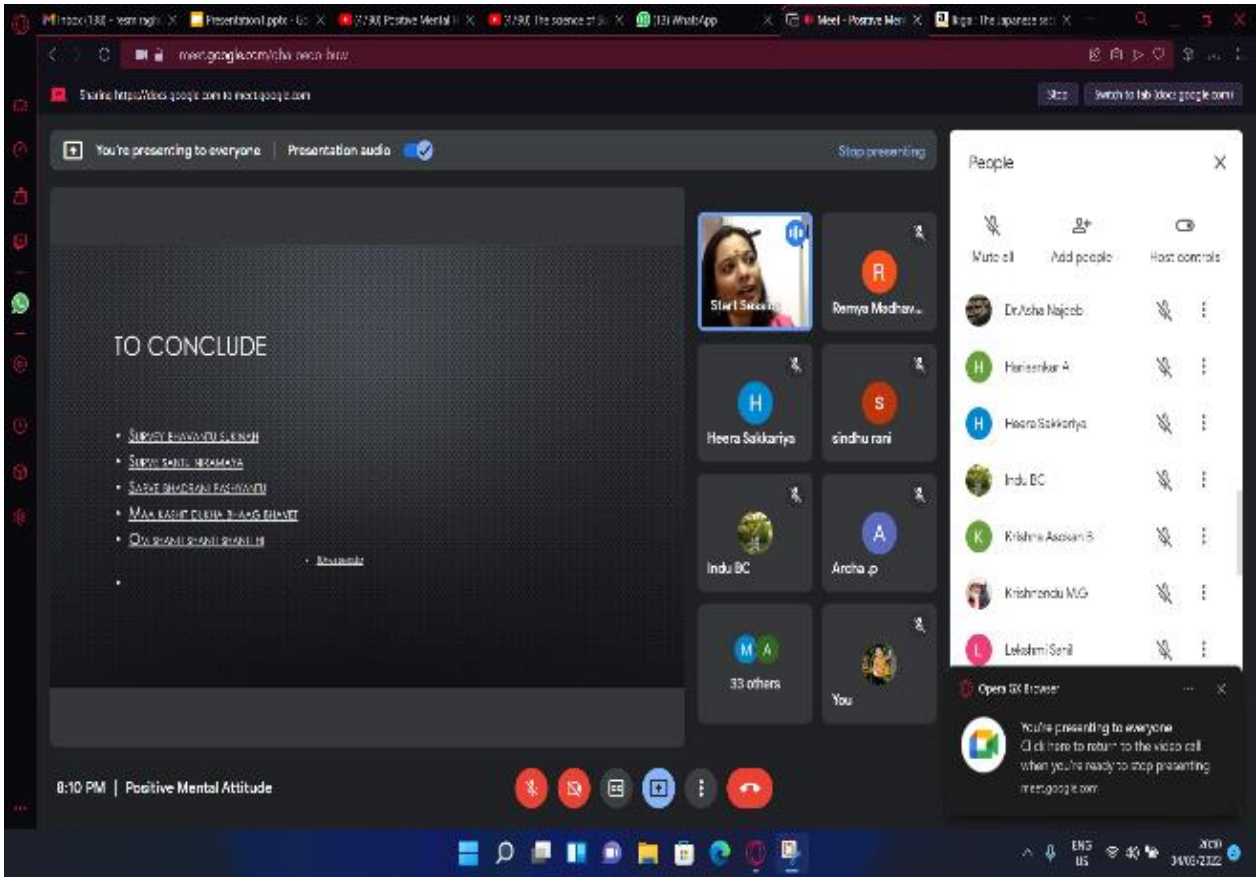
The programme organizing committee comprised club convenor Dr Resmi Raghunandan (HoD , Dept of Chemistry), and club members Dr Asha RI (Dept of Malayalam), Dr Sangeetha SL (Dept of Malayalam), Dr Resmi SR Nair (Dept of Zoology), Dr Remya Madhavan (Dept of Zoology), Dr Sreeja Thankappan (Dept of Botany) and Mrs Devu MS (Dept of Physics).

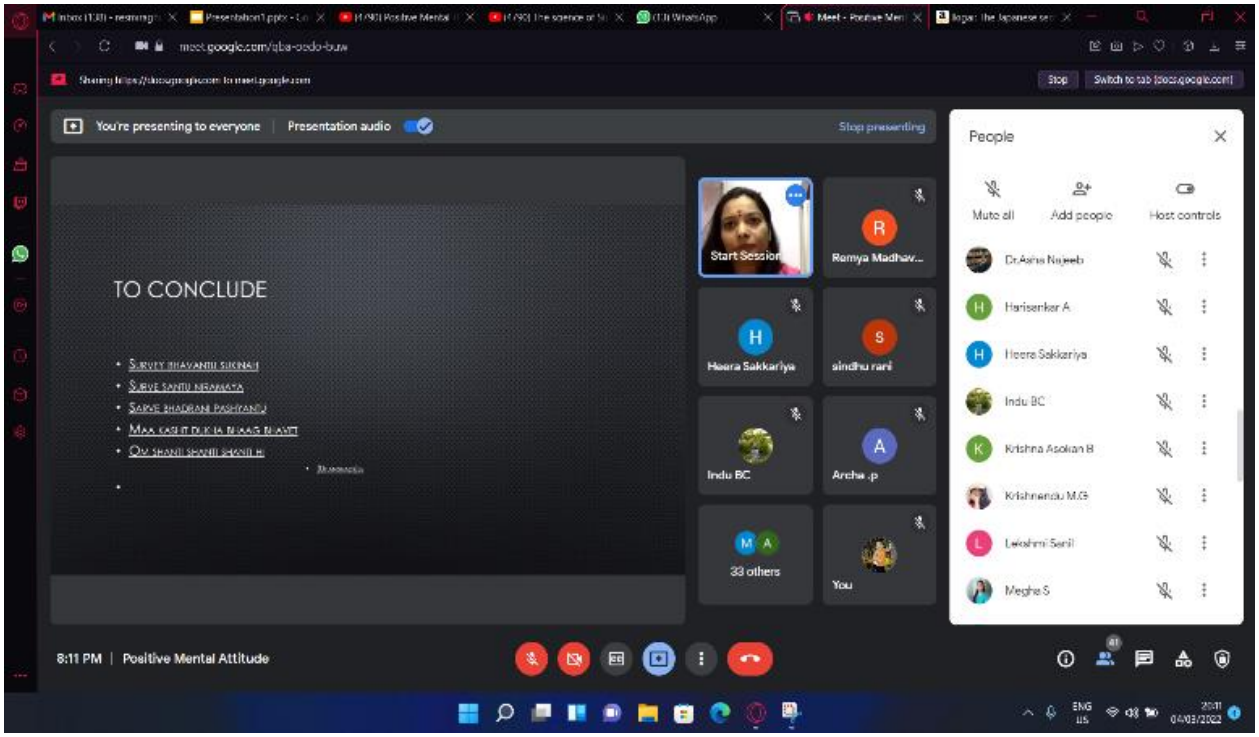
The meeting started with a silent prayer. The welcome address was delivered by Dr. Remya Madhavan (Coordinator,Women Cell). The programme was presided by Dr. Resmi Raghunandan, Women's Cell Convenor. The programme was inaugurated by Dr. Sindhu Rani JA, Principal in charge, NSS College, Nilamel . The key note address was given by Dr Gaythri Devi MS, Assistant Professor, Mahatma Gandhi College, Thiruvananthapuram

She talked about positive mental attitude and how to create happiness in one's life. She also mentioned about IKIGAI- Japanese style of practising happiness and it is a concept that has been rooted in the cultural fabric of Japan and is the secret to a long and happy life Felicitation were given by Dr. M.Vijayan Pillai, (Member, Syndicate, University of Kerala, College Council Secretary and Head, Research and PG Dept. of Malayalam &) and Dr. Rani K Pillai (IQAC Coordinator). The vote of thanks was given by Anjana SS. (Dept of Economics). The whole programme was anchored by Kum Heera Sakkariya (Dept of English). The programme came to an end at 8.30pm. About 56 student members of Women Cell, NSS College, Nilamel marked participation in the event.

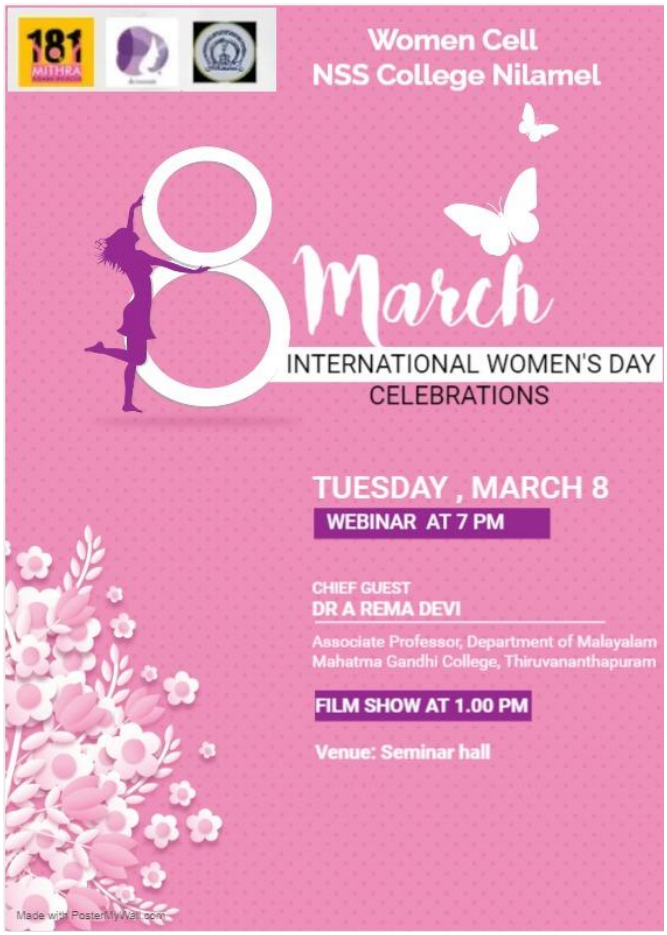



meet.google.com/qba-oedo-buw
sreeja thankappan
Start Session
Remya Madhavan
ANJANA SS
Heera Sakkariya
Sangeetha Vinod
Indu BC
19 others
You
People
Mute all
Add people
Host controls
Search for people
In call
resmi raghu (You)
Meeting host
Abhimanya A S
Adithya AS
AMEENA N R
Amrutha S
ANJANA SS
Aparna Aparna
8:28 PM | Positive Mental Attitude


You're presenting to everyone
Presentation audio
Stop presenting
TO CONCLUDE
SURVEY BHAVANTU SUKHINAH
SURVE SANTU NIRAMAYA
SARVE BHADRANI PASHYANTU
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Host controls
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Harisenkar A
Heera Sakkariya
Indu BC
Krishnendu M.G
Lekshmi Senil
Remya Madhav...
Heera Sakkariya
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Presentation audio
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TO CONCLUDE
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SURVE SANTU NIRAMAYA
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Remya Madhav...
Heera Sakkariya
sindhu rani
Indu BC
Archa .p
33 others
You
8:11 PM | Positive Mental Attitude

Report of Women's Day Celebrations



NSS College Nilamel Celebrated International Womens Day by conducting following programmes

- **Film Show**- The Great Indian Kitchen: As part of International women's day celebrations Women Cell, NSS College Nilamel arranged a film show at 1 pm for the Women cell members at Seminar Hall followed by a webinar on Women Empowerment at 7pm.
- **Talk**: Women Empowerment

NSS College, Nilamel

INTERNATIONAL WOMEN'S DAY CELEBRATIONS

08-03-2022 Google Meet

Prayer : Kripa Chandran

Welcome Address : Dr Sangeetha S.L.

Presidential Address : Dr Resmi Raghunandan
(Convenor, Women Cell)

Inaugural Address: Dr Beena S.
(Principal, NSS College, Nilamel)

Felicitations : Dr M. Vijayan Pillai
(Syndicate Member, University of Kerala & Council Secretary, NSS College, Nilamel)
Dr Rani K Pillai(IQAC Coordinator)
Ardra Chandran V (Vice Chairperson, NSSC Nilamel)
Anjana S.S. (Student Coordinator)

Key note Address : **Dr A. Rema Devi**
(Asso. Prof., MG College, TVM)

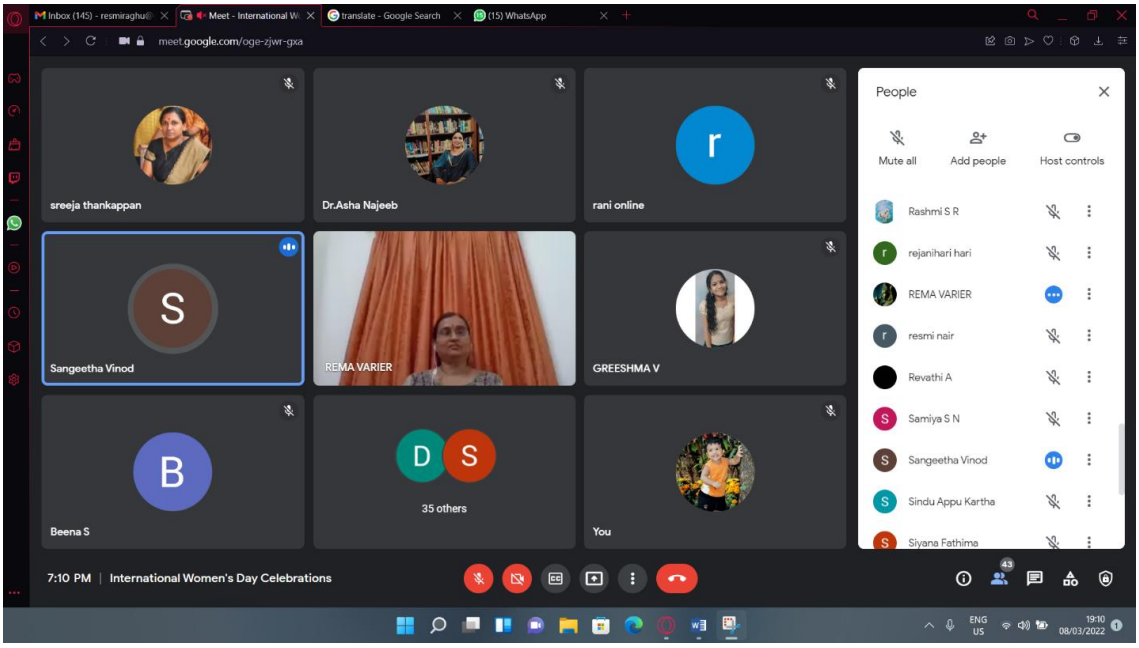


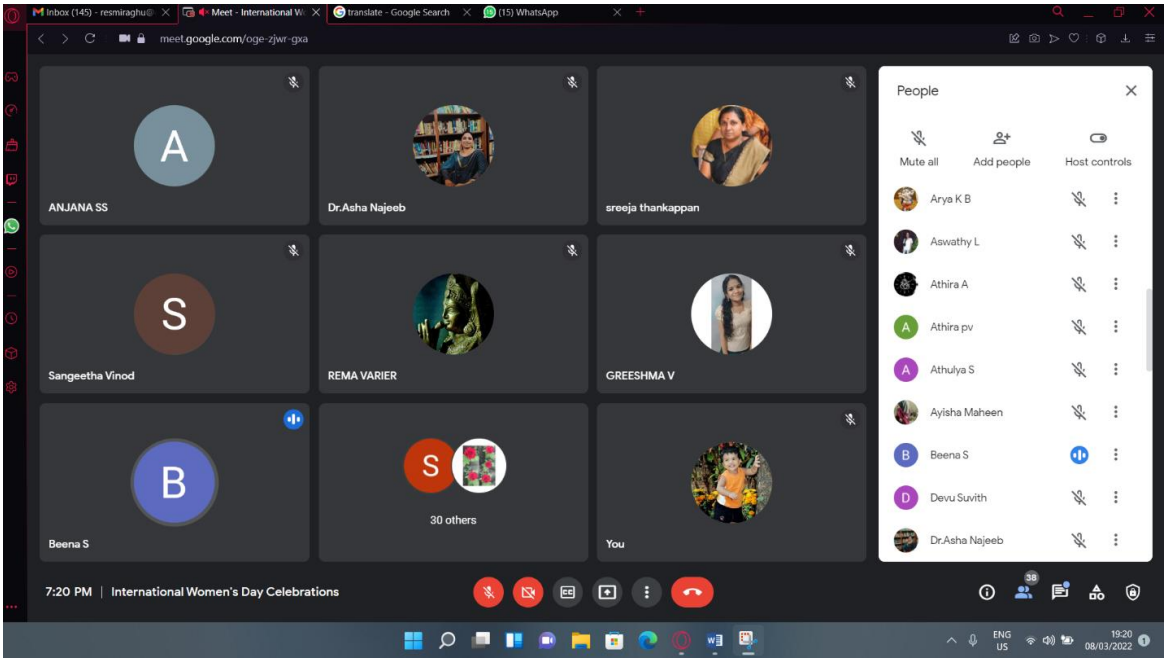
Vote of Thanks : Dr Asha R I

Organising Committee : Dr Sreeja Thankappan, Dr Resmi S Nair, Dr Sangeetha S L, Dr Remya Madhavan, Devu V S, Dr Asha R I

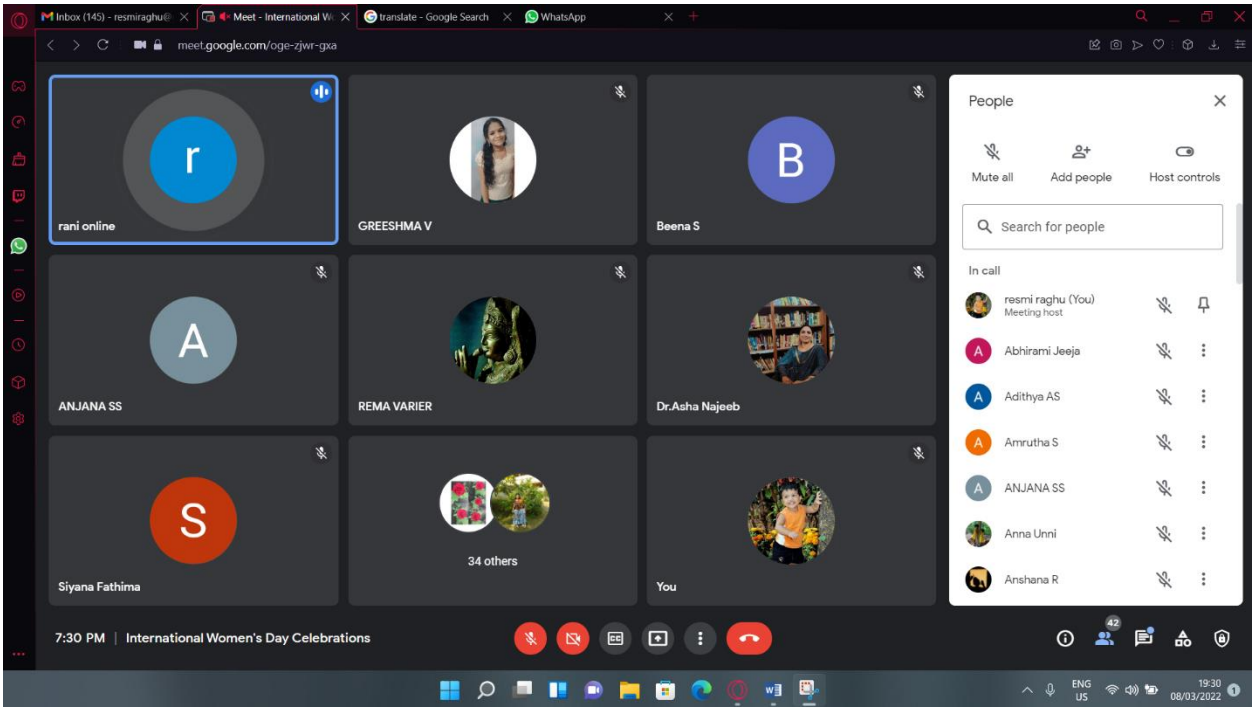


A Film show on Female Oriented Subject will be held in offline mode at seminar hall from 1:00.p.m onwards.





Inaugural Address by Principal



Self Defence Training Programme - Report

Organised by UBA in association with Women cell, Gender Justice Forum and IQAC

NSS College, Nilamel

Unnat Bharat Abhiyan (UBA) in association with Women cell, Gender Justice Forum and IQAC,NSS College, Nilamel organised a self defence programme on 04/03/2022. The main motto behind this training session was to prepare female students for unexpected situations and also to develop increased mental and physical health. Around 60 participants from various departments had participated in this programme.

The programme started at 10.30 AM with a prayer song. Dr. Resmi S. Nair, Member, Women cell presided over the programme. The self defence training programme was inaugurated by Dr. Sindhurani J. A. Chairperson, Gender justice Forum. She highlighted the relevance of the training programme. Sri. Baiju R. L., Kerala Police State Martial Arts team player, was the trainer. He also emphasised the need for self defence training. The programme was felicitated by Dr. Vijayan pillai, Syndicate member, kerala university and Dr. Rani K Pillai, Cordinator, IQAC. Vote of thanks was delivered by Dr. Sangeetha L. Member,Women cell.

NSS COLLEGE NILAMEL

The Kerala State Women's Development Corporation Ltd.



SELF DEFENCE TRAINING PROGRAMME

4th March 2022

UNNAT BHARAT ABHIYAN

UBA In Association with

Gender Justice Forum, Women Cell and IQAC

COLLEGE
SEMINAR HALL

10.30 AM

PROGRAMME

PRAYER

WELCOME ADDRESS

Smt. Chithra T
Co-ordinator UBA

PRESIDENTIAL ADDRESS

Dr. Sindhurani J.A
Chairperson, Gender Justice Forum

INAGURAL ADDRESS

Dr. Beena S
Principal, NSS College Nilamel

FELICITATIONS

Dr. M Vijayan Pillai
Syndicate Member, University of Kerala

Dr. Rajesh R
PTA Secretary NSS College Nilamel

Dr. Rani K Pillai
IQAC Co-ordinator

TRAINING SESSION

Sri. Baiju R L
Kerala Police State Martial Arts Player

VOTE OF THANKS

Dr. Sangeetha S L
Member Women Cell


എൻ.എസ്.എസ്.കോളേജ്, നിലമേൽ
മലയാള വിഭാഗം
SELF DEFENCE TRAINING PROGRAMME
UBA


NSS COLLEGE
SELF DEFENCE TRAIN
4th March 2022
UBA


എൻ.എസ്.എസ്.കോളേജ്, നിലമേൽ
മലയാള വിഭാഗം
NSS COLLEGE NILAMEL
181
MITHRA
RAT ABHIYAN
with Gender Justice Forum,
IQAC


REDMI NOTE 8
AI QUAD CAMERA



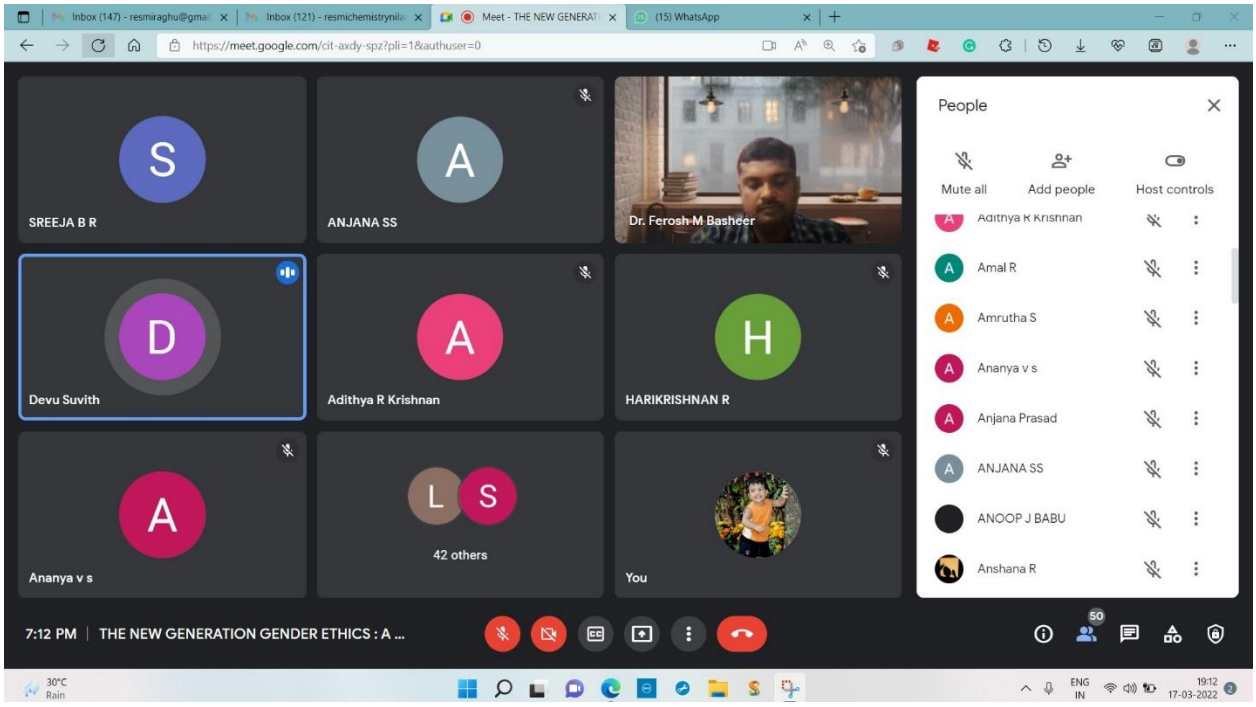
The New Generation Gender Ethics: A major Attitude Shift- Report

Organised by Women cell, in association with Grievance Cell,

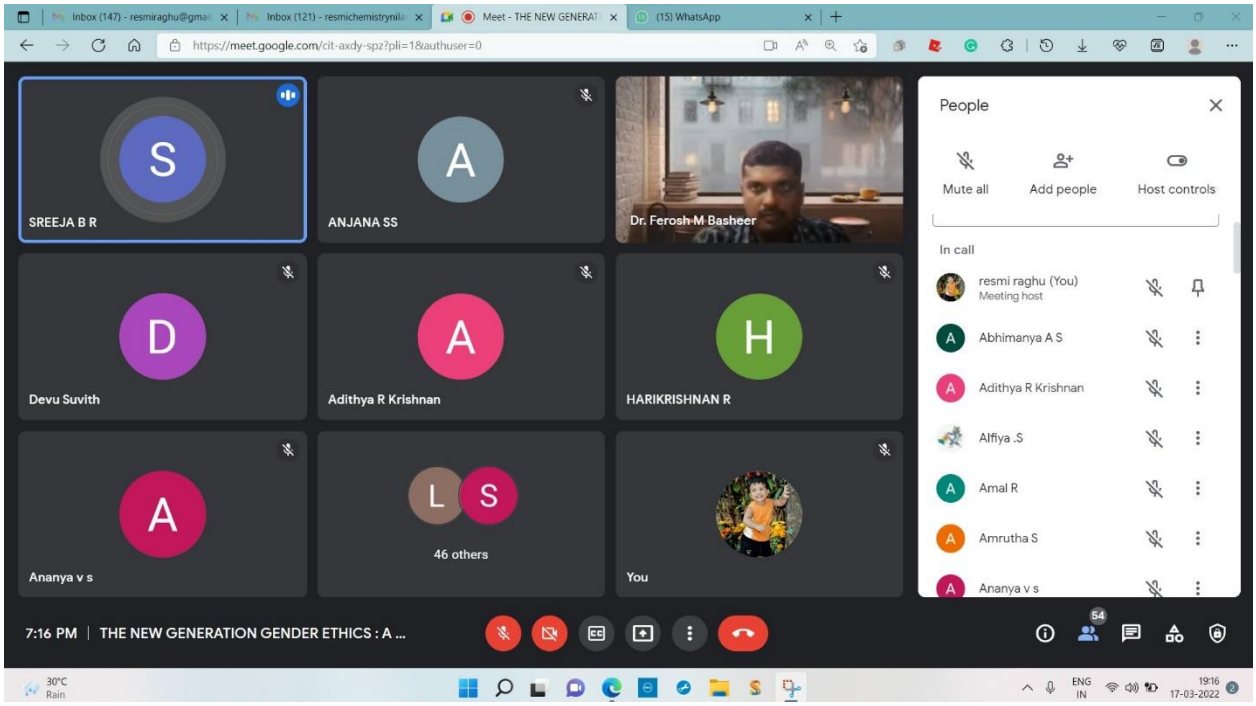
IQAC NSS College, Nilamel and KSWDC

Women cell in association with Grievance Cell, IQAC NSS College, Nilamel and KSWDC organised a webinar on The New Generation Gender Ethics: A major Attitude Shift by Dr Ferosh M Basheer programme on 17/03/2022. The main motto behind this session was to give awareness about the gender ethics, what is the major attitude shift that is happening around us. Around 60 participants from various departments had participated in this programme.

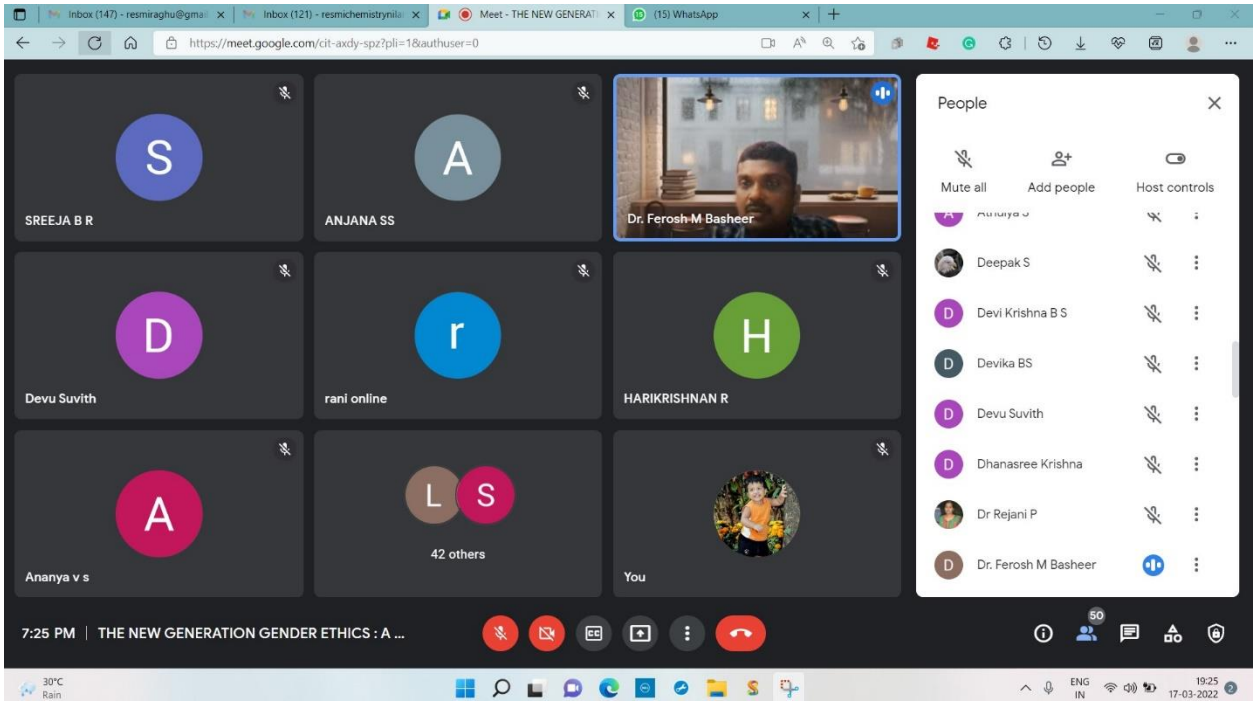
The programme started at 7pm with a prayer song. Smt Devu VS, Member, Women cell gave the welcome speech. Dr Sreeja BR, Convenor Grienvace cell presided over the programme. The programme was inaugurated by Dr. Beena S, Principal NSS College Nilamel. She highlighted the relevance of the training programme. Dr Ferosh M Basheer, Principal, KTCT College of Arts and Science, Kallambalam gave the keynote address. He also emphasised the need for self confidence, behaviour, need of being honest etc. The programme was felicitated by Dr. Vijayan pillai, Syndicate member, Kerala university and Dr. Rani K Pillai, Coordinator, IQAC. Vote of thanks was delivered by Dr. Anjana S. Student Coordinator,Women cell.



Inagural Address by Smt Devu VS



Presidential Address by Dr Sreeja BR



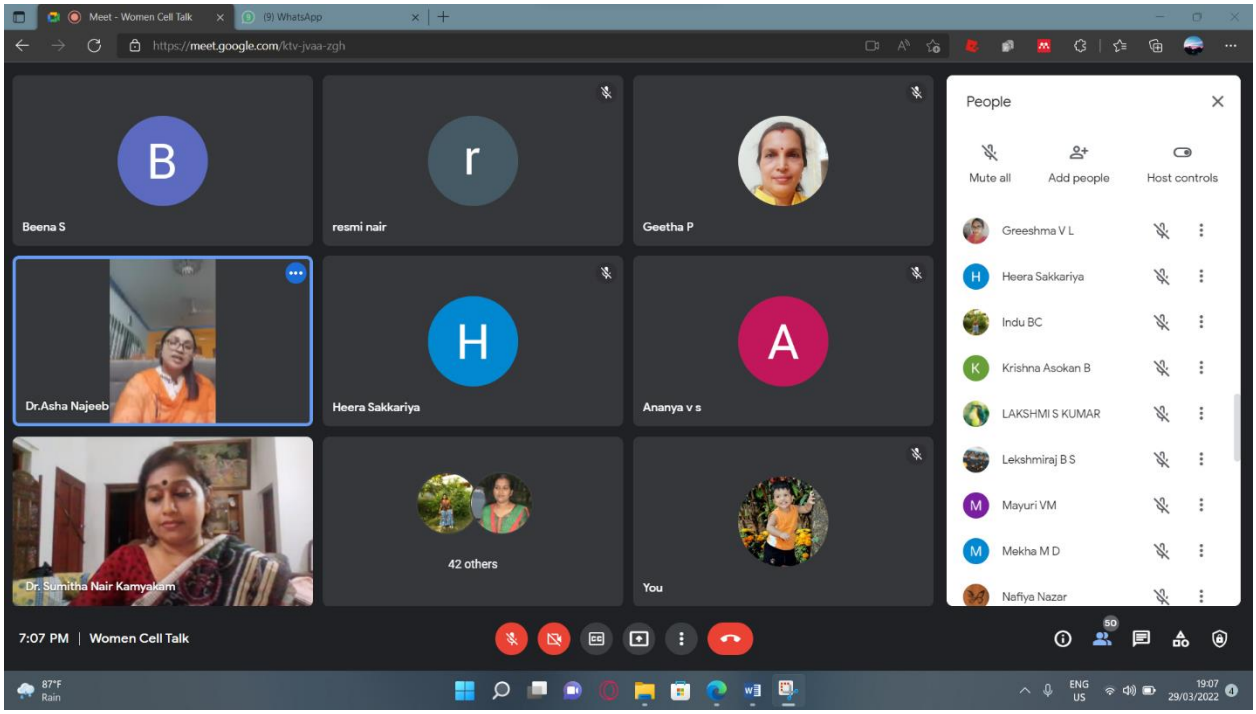
Keynote Address: Dr Ferosh M Basheer

Webinar on "**Nrutha kalayude saundary sasthram**

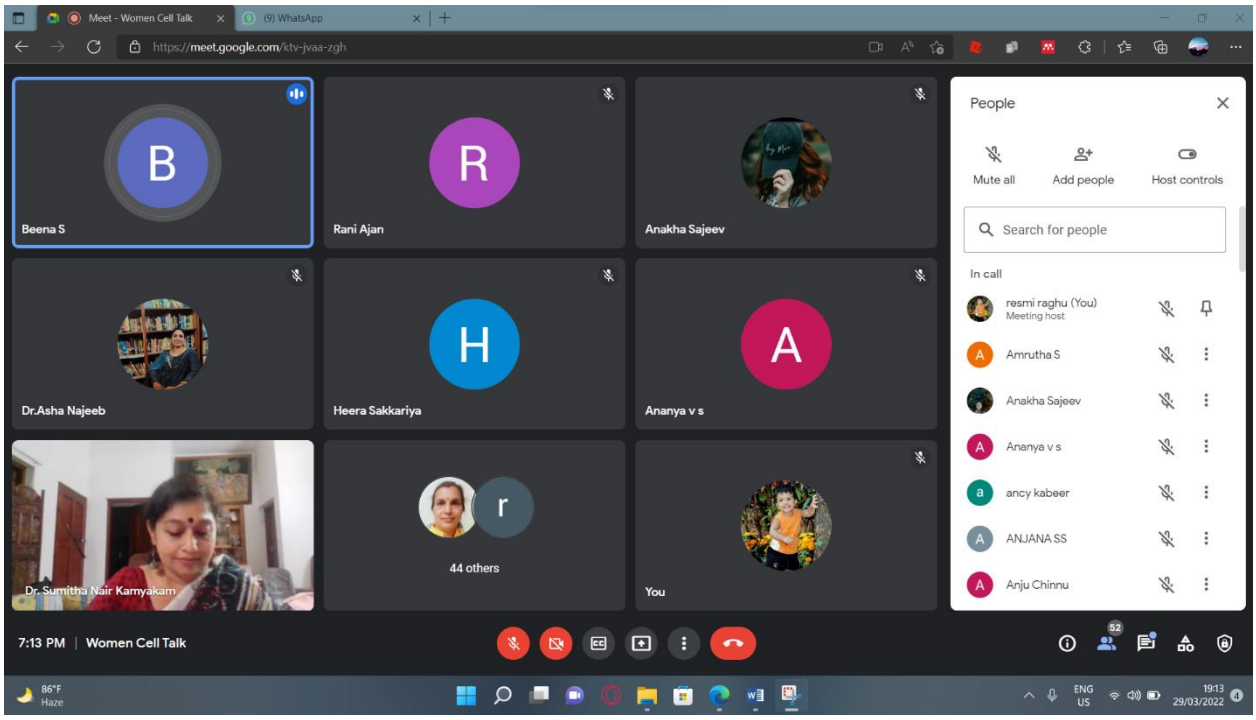


Women cell in association with IQAC NSS College, Nilamel and KSWDC organised a webinar on "**Nrutha kalayude saundary sasthram**" by Dr Sumitha Nair N on 29/03/2022. The main motto behind this session was to give awareness about the communications through various nrutha chuvadukal. Around 60 participants from various departments participated in this programme.

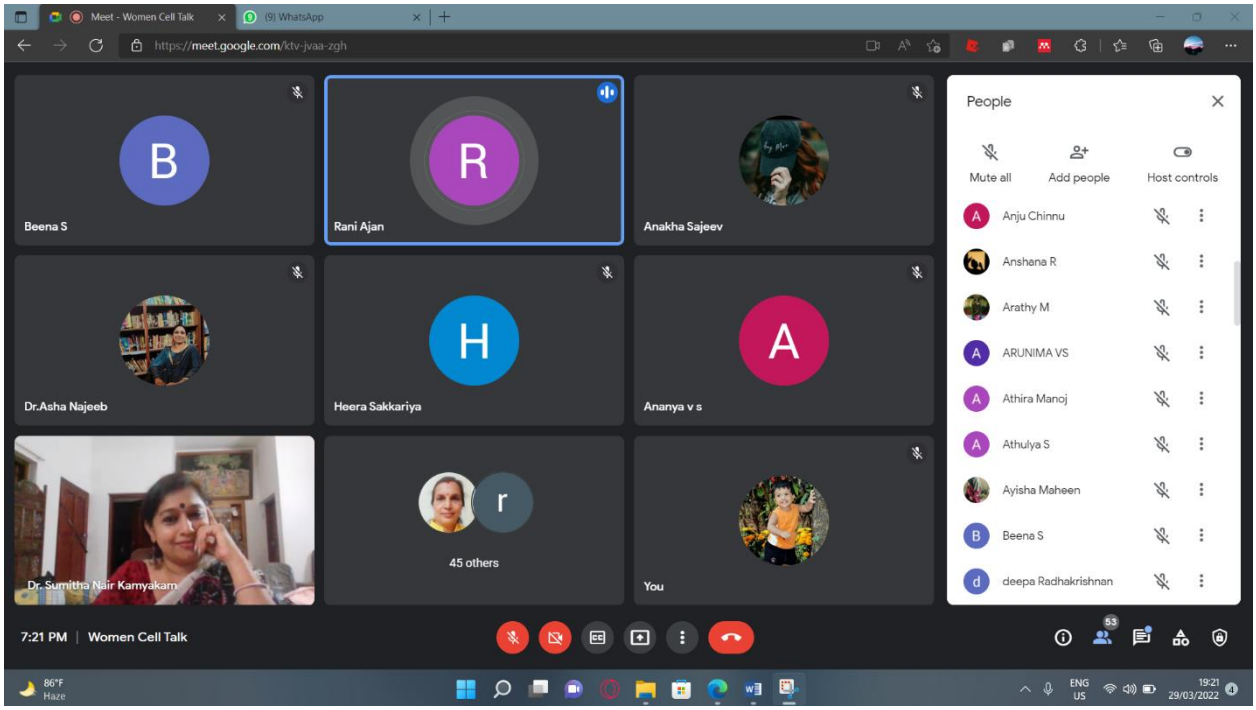
The programme started at 7pm with a prayer song. Dr Asha RI, Member, Women cell and coordinator of the program gave the welcome speech. Dr Resmi Raghunandan, Convenor Women cell presided over the programme. The programme was inaugurated by Dr. Beena S, Principal NSS College Nilamel. She highlighted the relevance of the training programme. Dr Sumitha Nair N, Assistant Professor, PRNSS College Mattannur gave the keynote address. She explained the concepts through various "mudras". The programme was felicitated by Dr. Vijayan pillai, Syndicate member, Kerala university and Dr. Rani K Pillai, Coordinator, IQAC. Vote of thanks was delivered by Dr. Anjana S. Student Coordinator,Women cell.



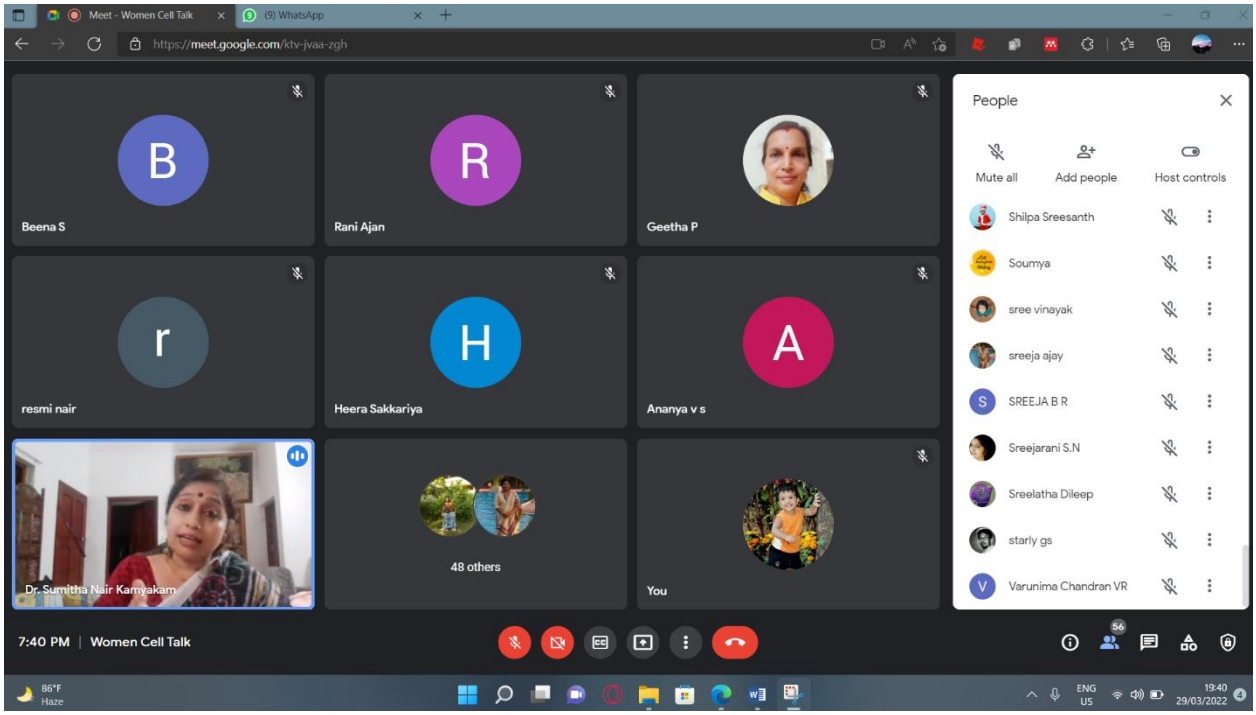
Welcome Speech by Dr Asha RI

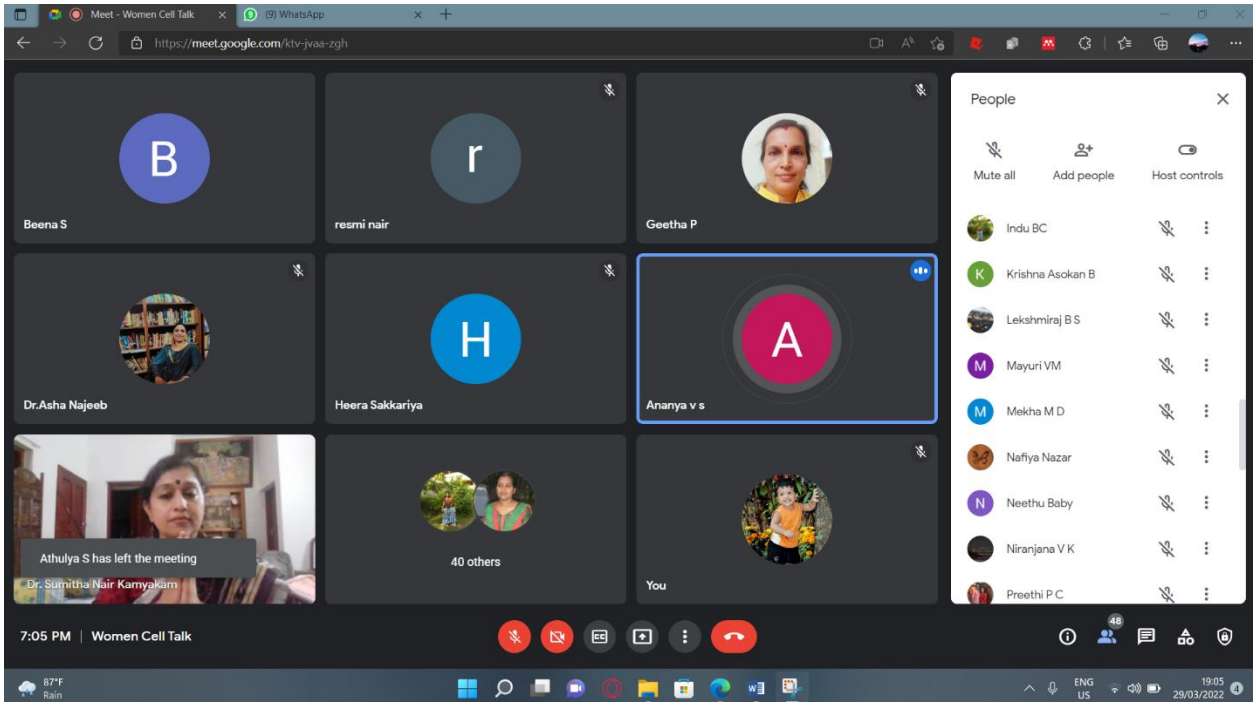


Inaugural Address by Dr Beena S, Principal, NSSCN



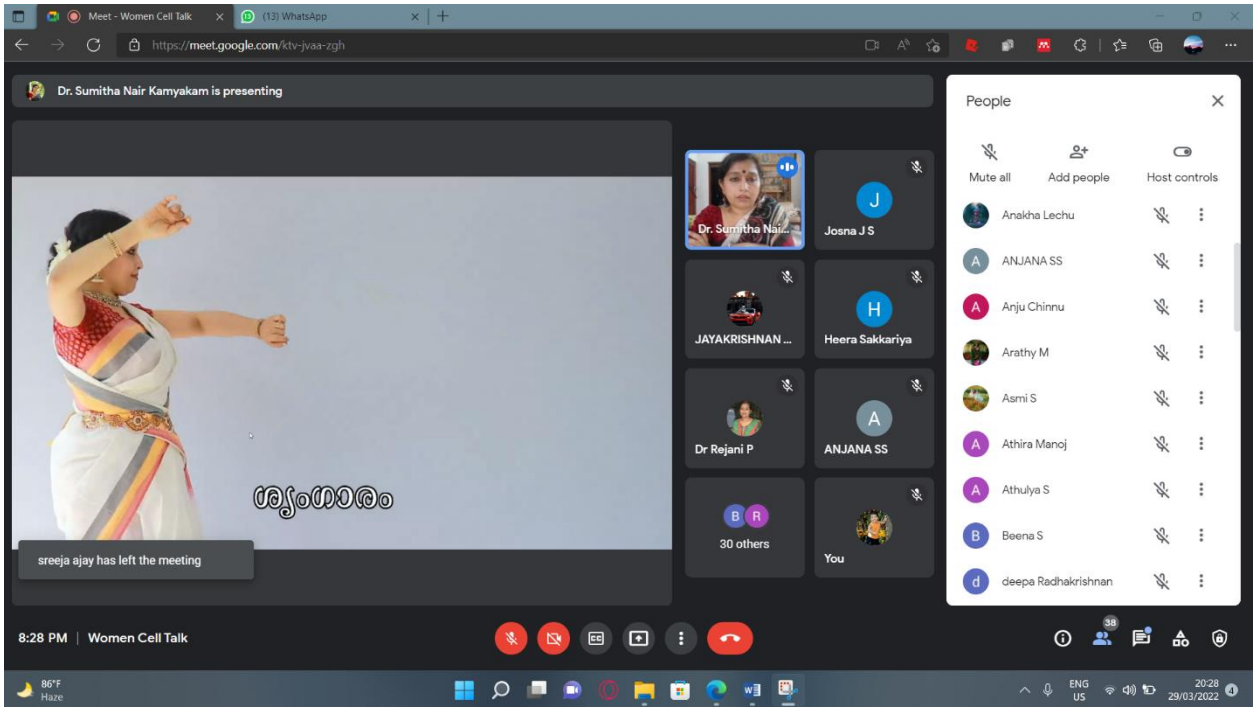
Felicitation by Dr Rani K Pillai, IQAC Coordinator

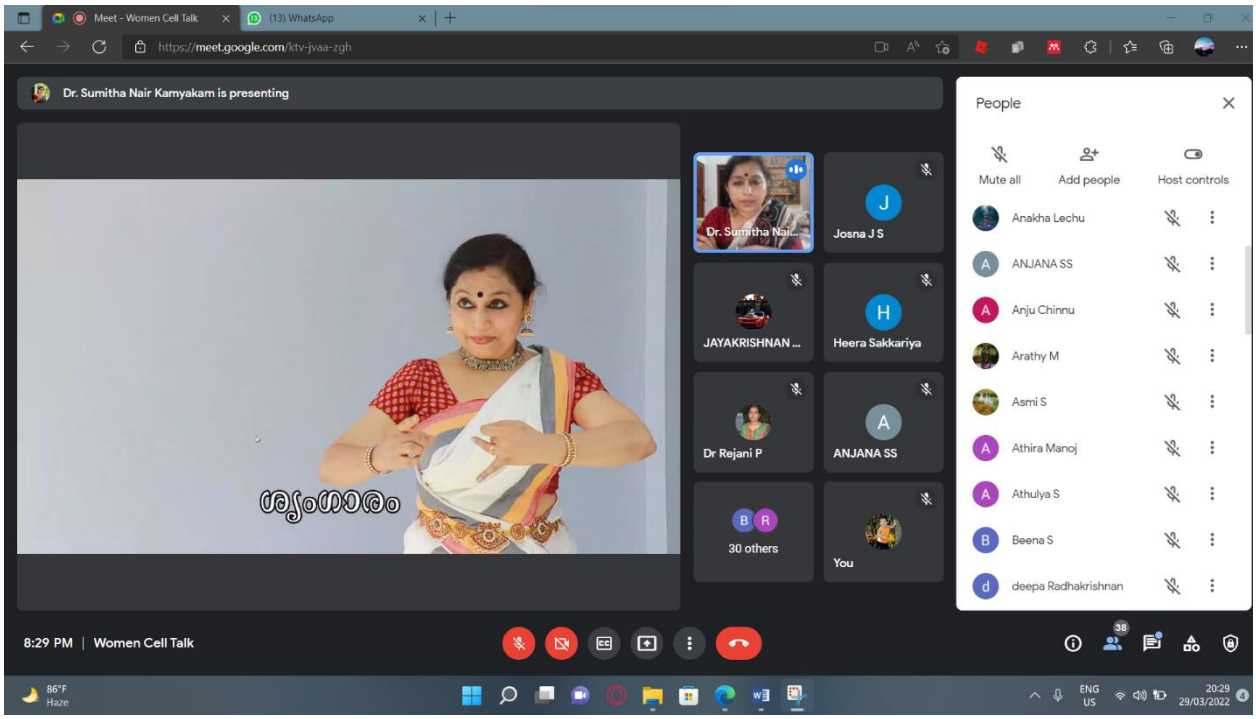


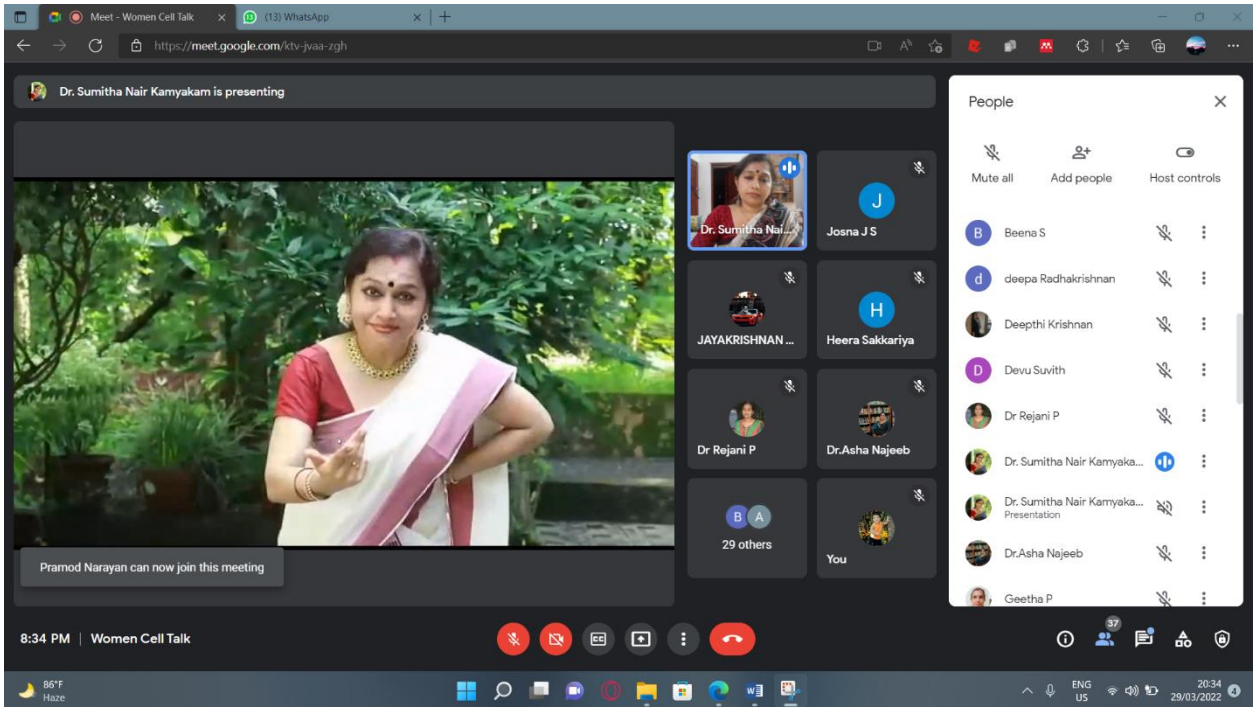

Meet - Women Cell Talk
(9) WhatsApp
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Niranjana V K
Preethi P C
Dr.Asha Najeeb
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40 others
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Prayer


Meet - Women Cell Talk
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Meet - Women Cell Talk
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Dr. Sumitha Nair Kamyakam is presenting
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29/03/2022


Meet - Women Cell Talk
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29/03/2022



Keynote Address by Dr Sumitha Nair N

Manuscript Magazine “Dristhi”



https://online.fliphtml5.com/cbjdb/neow/

Financial Literacy Club, Report **for the Academic Year 2021-22**

WEBINAR ON "TIPS TO MANAGE YOUR FINANCE"

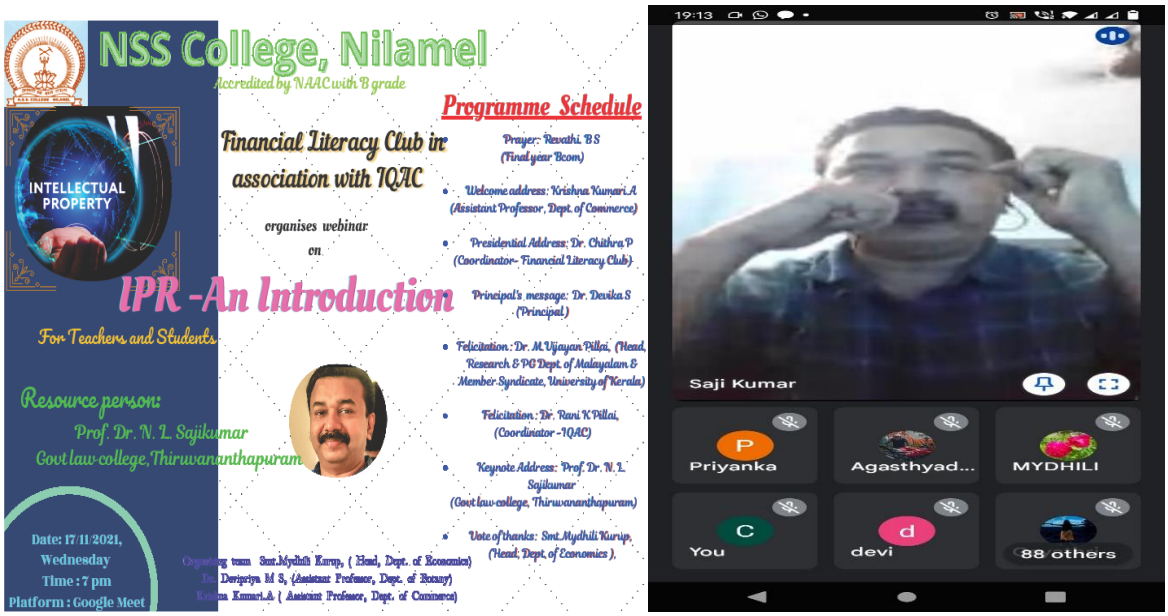
The webinar was organized by the 'Financial Literacy Club on November 11, 2021 at 7 pm through Google Meet. The programme started with Prayer and it was offered by Sreelekshmi.R.,Final year,B.Com student.The welcome address of the programme was delivered by Dr. Devipriya.M.S., Assistant professor, Department of Botany. The presidential address was given by Dr. Chithra.P., Assistant professor, Department of Commerce and Co-ordinator-Financial Literacy Club. The programme was inaugurated by our respected Principal, Dr. Devika.S. The programme was felicitated by Dr. M. Vijayan Pillai, Head, Research and P.G Department of Malayalam and Member syndicate, University of Kerala, and also by Dr. Rani.K.Pillai, Co-ordinator-IQAC. The keynote address was given by Dr. Deyanandhan.M.N, Securities market trainer of SEBI-Securities and Exchange Board of India. The resource person provided us details about inflation, reasons for inflation and also the measures taken to control inflation in the economy. He also briefly talked about Repo rate, Cash Reserve Ratio, Statutory Liquidity Ratio, etc.The other topics of study were Savings and investment related products, such as Bank deposits, Chit funds, Equities, etc, Risk and Return, Power of Compounding, inflation effects on investments etc..Vote of thanks was given by Ajmiya Jaleel, Final year, B.Com student. There were 100 participants in the programme.The session was indeed an informative and valuable session.



WEBINAR ON "IPR - AN INTRODUCTION"

The webinar was organized by Financial Literacy club in association with IQAC for students and teachers on November 17, 2021 at 7 pm through the Google Meet - The programme was started with Prayer and it was offered by Revathy.B.S.,Final year,B.Com student.The welcome address of the programme was delivered by Krishna Kumari.A, Assistant professor, Department of Commerce. The presidential address was given by Dr. Chithra.P, Assistant professor, Department of Commerce and Co-ordinator-Financial Literacy Club.The programme was felicitated by Dr. M. Vijayan Pillai, Head, Research and P.G Department of Malayalam and Member syndicate, University of Kerala, and also by Dr. Rani.K.Pillai, Co-ordinator-IQAC. The keynote address was provided by our resource person, Prof.Dr.N.L.Sajikumar, Govt. Law College, Thiruvananthapuram. He gave a brief introduction on IPR and about right of a person, Copyright- the issues regarding it, patent ,trade mark etc.He had provided many examples to make the subject clear and most of them are related to the day to day life and so that it was very easy to understand. It created a great impact on the entire audience. Students were taught on how IPR restricts copying others ideas and how this will

help the development of new ideas for the betterment of the society.Vote of thanks for the programme was given by Smt.Mydhili Kurup, Head, Department of Economics. There were 100 participants including teachers and students.The session was informative and valuable .



Webinar on ***ICT ENABLED TEACHING AND LEARNING IN THE NEW ENVIRONMENT***

The webinar was organized by Financial Literacy club in association with IQAC for teachers and students on November 22, 2021 at 7 pm through Google Meet - The programme was started with Prayer and it was offered by Sreelekshmi ,Final year,B.Com Student.The welcome address of the programme was delivered by Dr. Devipriya.M.S., Assistant professor, Department of Botany. The presidential address was given by Dr. Chithra.P, Assistant professor, Department of Commerce and Co-ordinator-Financial Literacy Club. The programme was felicitated by Dr. Rani.K.Pillai, Co-ordinator-IQAC. The keynote address was given by our resource person Dr.Vinod.A.S, Assistant professor of Commerce, M.G College, Thiruvananathapuram.He stressed the importance of ICT enabled teaching and learning in the competitive environment and he commented that the world has witnessed a phenomenal growth in communication technology, computer network and information technology. Under the umbrella of ICT enabled learning environment, education around the world is experiencing major paradigm shifts in educational practices. He pointed the various applications of ICT tools for teachers and students. He made an elaborate presentation on the use of different platforms, educational tools and resources including Moodle, Google classroom and various teaching methods. Vote of thanks for the programme was given by Anjana Prasad of final B.Com. The session was interesting and informative and there were 100 participants including teachers and students.



Report of Entrepreneurship development club, NSS college Nilamel

Skill care for life – learning through skills

Life skill training programme

Topic: abstract art work on garments, Date: 22/11/2021, Venue: room no. 67, Time: 9:30 am to 4:00 pm; Trainer: Rekha Anilkumar, Specialist Trainer, Pidlite Industries







The Entrepreneurship Development Club as part of "Skill Care for Life- Learning Through Skill" organises a one day skill training programme on abstract art work on garments. The programme was held in room no. 67, NSS College Nilamel.

There were 42 participants out of which 4 boys and 38 girls. The course adheres to the following in 5 hour sessions.

1. Course: liquid embroidery
2. 3d cone outliner
3. 3d glitter
4. Fabric glue premier
5. Fabric cut work introduction

The session: the students were enthusiastic and creative to learning the sprinkles of colours on garment. The importance of the skill is to provide creative interest and a scope of entrepreneurship and financial freedom.

Dr. Aneesh AS Assistant professor in Commerce, NSS College Nilamel delivered the introductory note to the gathering.

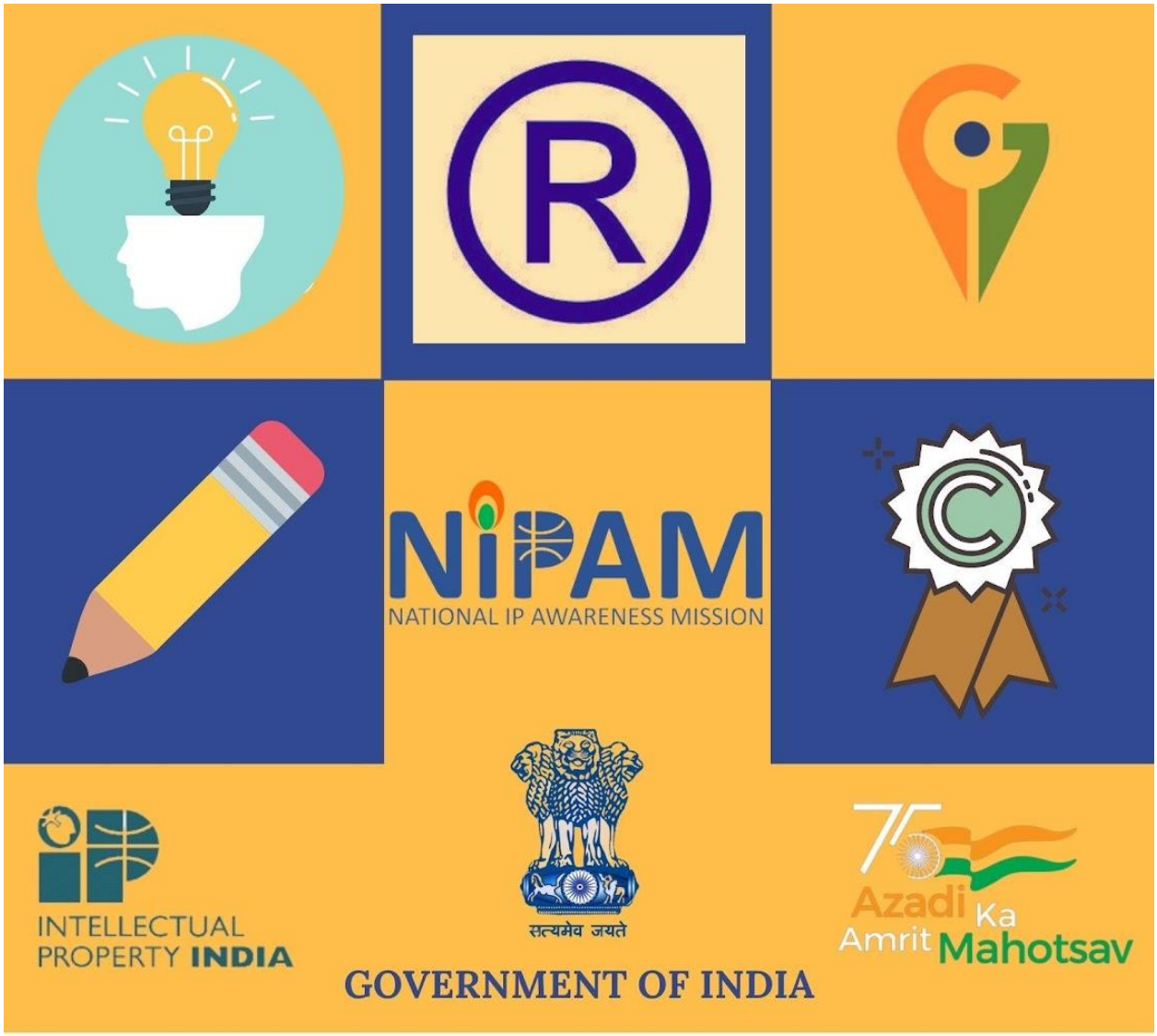
Noufiya Nizar third year BCom student and Akshara BS from first year BCom shared the feedback to session.

Krishna kumari A Assistant professor in commerce and club convenor delivered the vote of thanks.

NSS College Nilamel
Entrepreneurship Development Club
Report on NIPAM

Office of Controller General of Patents, Designs and Trade Marks, has successfully conducted the IPR awareness/training program under the special mission called "National Intellectual Property Awareness Mission (NIPAM)" at NSS College, Nilamel on 25/02/2022.

The office appreciated the active participation and cooperation of students and teachers to make the special program successful. To recognize the participation, CGPDTM awarded a certificate for participating in the program.
The Programme was a joint effort of Both Entrepreneurship Development Club and Department of Botany NSS College Nilamel. There were 116 participants including teachers and students.



NATIONAL IP AWARENESS MISSION

ON

"INTELLECTUAL PROPERTY RIGHTS"

Open for all students

OFFICE OF CONTROLLER GENERAL OF PATENTS, DESIGNS & TRADEMARKS,
DEPARTMENT FOR PROMOTION OF INDUSTRY & INTERNAL TRADE,
MINISTRY OF COMMERCE & INDUSTRY

nipam-chennai@nic.in

INTELLECTUAL PROPERTY INDIA

NIPAM
NATIONAL IP AWARENESS MISSION

Government of India
Ministry of Commerce and Industry
Department for Promotion of Industry and Internal Trade
Office of the Controller General of Patents, Designs and Trade Marks

CERTIFICATE OF APPRECIATION

Presented to

NSS COLLEGE, NILAMEL

*In recognition of active participation in the **National Intellectual Property Awareness Mission (NIPAM)** launched by the Government of India on the occasion of the 75th anniversary of independence under the banner "Azadi Ka Amrit Mahotsav" to create widespread awareness on Intellectual Property Rights (IPR). The exceptional contribution in successfully organizing the awareness programme on **February 25, 2022** in association with **Intellectual Property Office, Chennai** by providing your valuable time and support is highly appreciated.*

Solicit your continued support for outreach of IPR far and wide.

Date:March 03, 2022

(RAJENDRA RATNOO, IAS)
CONTROLLER GENERAL OF
PATENTS, DESIGNS & TRADE MARKS

Entrepreneurship Development Club
NSS College Nilamel
Report
Industrial Visit

As the part of Entrepreneur Development Club (NSS College Nilamel), PG students Department of Commerce, conducted an industrial visit on 04/03/2022. The industrial visit was conducted at Kinfra International Apparel Park Trivandrum. Total 41 students have participated and it was accompanied by Dr. Aneesh. A.S , Assistant Professor PG students Department of Commerce NSS College Nilamel .

Kinfra International Apparel Park provides infrastructure and other related facilities for the garment manufacturing units this park is operated by KINFRA, a public sector agency of the government .students were made aware about the production units engaged in step by step conversion of garments from its layout to its final output. Students understood the complete production structure in converting garments from its initial stage to its output. It was very useful and motivational to the students.







WEBINAR ON " Start –Up To Scale –Up Entrepreneurship

" Entrepreneurship Development Club , NSS College Nilamel Kollam conducted a webinar on " Start –Up To Scale –Up Entrepreneurship " as on 12/11/2021 on Google Meet platform. The problem and prospectus of start-ups in Kerala were well discussed by the resource person shri Varghese Malakaran, Assistant General Manager, KSIDC.

There were around 100 participants from various departments.

NSS COLLEGE NILAMEL

Entrepreneurship Development Club
Inauguration & Invited Talk



Topic

"Start-up to Scale-up Entrepreneurship"

Inauguration : Dr. S. Devika
Principal, NSS College Nilamel

Resource Person : Shri Varghese Malakaran
Assistant General Manager, Investment Facilitation & IT
KSIDC

Date: 12th November 2021 Time : 2.00 pm Platform : Google Meet

NSS College Nilamel
Entrepreneurship Development Club
Inauguration
&
Invited Talk
On
"Start up to scale-up entrepreneurship"
Programme Schedule

Date: 12/11/2021
Time: 2: 00 PM

Platform: Google Meet
joining time: 1:50 PM

Welcome:	Dr. Aneesh AS, Assistant Professor in Commerce
Presidential Address:	Krishna Kumari A, Club Convenor
Inaugural Address:.	Dr. S Devika , Principal NSS College, Nilamel
Felicitation:	Dr. M Vijayan Pillai, College Council Secretary, Syndicate member, University of Kerala.
	Dr. Rani K Pillai, IQAC Co-ordinator
	Dr. R Rajesh , PTA Secretary
Invited Talk.	Shri Varghese Malakaran, Assistant General Manager Investment Facilitation & IT, KSIDC
:	"start up to scale-up entrepreneurship"
Vote of thanks :	Lekshmi MR, Assistant Professor in Commerce

Soft skill training programme

Topic: abstract art work on garments

Date: 16/12/2021,

Venue: room no. 53

Time: 10:00 am to 3:30 pm

Trainer: Rekha Anilkumar, Specialist Trainer, Pidlite Industries

The Entrepreneurship Development Club as part of "Skill Care for Life- Learning through Skill" organised the second one day session on skill training programme on abstract art work on garments. The programme was held in room no. 53, NSS College Nilamel.

There were 39 participants out of which 2 boys and 37 girls. The course adheres to the following in 5 hour sessions.

Course:

1. Madhubhani print
2. Kalamkari print
3. Worli print

The session: the students were enthusiastic and creative to learning the sprinkles of colours on garment. The importance of the skill is to provide creative interest and a scope of entrepreneurship and financial freedom.

Krishna kumari A assistant professor in commerce and club convenor co-ordinate the session.

SL NO.	NAME OF THE STUDENT	CANDIDATE CODE
1	BINI NAVAN	15919124035
2	ANJALI ARAVIND	15919124021
3	ARATHY CM	15919124028
4	NOUFIYA NIZAR	15919124054
5	SREELEKSHMI R	15919124066
6	AJMIYA	15919124014
7	NIKHILA U S	FIRST YEAR BCOM
8	DHANYA DEVARAJ S	FIRST YEAR BCOM
9	RENJINI RS	FIRST YEAR BCOM
10	SILPA S KUMAR	FIRST YEAR BCOM
11	ADITHYA SURESH L	FIRST YEAR BCOM
12	SANDRA CHANDRAN	FIRST YEAR BCOM
13	AARSHA AS	FIRST YEAR BCOM
14	LEKSHMI RJ	FIRST YEAR BCOM
15	ARYA V NAIR	FIRST YEAR BCOM
16	MEKHA S MADHU	14020124029
17	RESHMI GS	14020124042
18	ASHNA N	14020124019

19	MEENU L	15020124039
20	RAIHANA SH	15020124044
21	ANJANA I	15020124022
22	THASLEEMA MOL S	15020124056
23	ARATHY VM	25020124010
24	ABHIRAMI S KUMAR	25020124009
25	SNEHARAJ L	25020124027
26	SUVRANA JS	FIRST YEAR CHEMISTRY
27	PRAVEEN PRAKASH	FIRST YEAR CHEMISTRY
28	ABHINAV D	FIRST YEAR PHYSICS
29	AISWARYA M	15920124003
30	NOORA NIZARUDEEN	15920124051
31	SELIN SYMON	15920124053
32	ANJU R BALACHANDRAN	11520124016
33	ASHIDA KN	23820124011
34	SREELEKSHMI J	23820124007
35	NANDHANA RAJESH	23820124006
36	ROHINI V A	23520124031
37	ALEESHA S	23520124018
38	SREELEKSHMI AR	13020124041
39	ASHA ALEX	13020124026



